Regular Features:

- Community Report
- **Key Contact Information**
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

This Month:

- The Old is Gone A new Year
- **Healthcare Needs Assessment Form**
- King Sports Pad
- Public Health Unit Merger
- Trent Lakes Outreach
- Mayor Update
- Getting ready for Kindergarten
- Winter Storms
- Domestic Violence
- Smoke Alarms

507 Express Policy re: Advertising and Subscriptions

- Subscriptions Renewals are \$30.00 per year or \$2.50 per issue
- Submissions to be signed and submitted by the 15th of the month.
- Advertising as follows:

Classified - \$2.00 per month ¼ page -\$10.00 per month

1/8th page -\$5.00 per month ½ page - \$15.00 per month

- I don't do drugs any more. I can get the same feeling by standing up too fast.
- There's no future in time travel
- Murphy told Quinn that his wife was driving him to drink. thought he was a lucky man. His wife makes him walk.
- No one is listening until you make a mistake
- I'm as sound as a dollar, but I'll get better
- Snowmen fall from heaven, unassembled
- A procrastinator's work is never done
- Why is it when you're driving, looking for an address, you turn down the radio?
- He who hesitates is not only lost, but miles from the next exit
- Silence is golden, duct tape is silver
- Treat each day as if it were your last. One day you will be right
- Letting the cat out of the bag is a whole lot easier than trying to get it back in.
- I'm one bad relationship away from having thirty cats



opinion of this newsletter. Letters and articles are those of the writer and do not necessarily reflect the purposes. (Phone numbers will not be printed.) Views expressed in columns editor must be signed and include a telephone number for verification clarity or to avoid obscenity, libel or invasion of privacy. All letters to the reserves the right to edit any submissions to meet space requirements, for and letters to the editor on subjects of interest to our readers. The editor 507 express is a community based newsletter. It welcomes submissions

Editor: Katherine Warren

* Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario KOL 1J0 Phone Number: 705-657-8912

Email: kathy507 @yahoo.ca

sommunity Repo

Progressive Euchre

Every Thursday Afternoon
1:00 p.m. until 3:30 p.m.
Cavendish Community Centre

\$5.00 per person

Tiny Tots Time

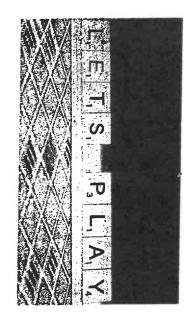
1 R

Wednesday Afternoon 1:00 to 2:30 Cavendish Community Centre

support one another with the challenges of raising a toddler. Parent or responsible caregiver. Active playtime for children five and under accompanied by a arent or responsible caregiver. This is also an opportunity to



Thursday Evening - Starting at 7 p.m. **Cavendish Community Centre** Scrabble Night



Wishing you all a Happy and Healthy New Year.

The Old Is Gone - A New Year

© Solomon Kingsley

Silent now!
Be still!
Do your hands tremble?
Does your heart beat fast?
For a year has passed,
And a new one is to begin

Do you fret?
Do you fear?
A new year is here.

Some have achieved their goals.

To some, their dreams have turned to soot and coals.

Some will never see another dawn.

Oh poor, poor souls!

But to your beating heart I say:
"I wish for you the very best.
May goodness and favor light your way.
For your health and promise I promise to pray."

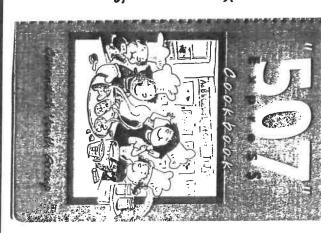
What I can't promise is a bed of roses.
Sadness and bitterness can be in little doses
But may you find strength
In your toils and tests
And the worst and best!
It's going to be a bumpy ride So tie up your shoelaces.

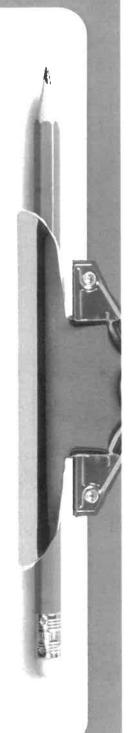
Let's now raise our glasses
And make this toast
With all those near and dear,
With everyone about whom you care.
With your truest friends and lover - so rare:
Way your days be bright and fair! (Hear! Hear!)
Also, my dear reader,
I wish you a HAPPY NEW YEAR!

"The 507 Express Cookbook"

from the sale of this book will be donated to the Cavendish and it is finally finished and available to purchase. Proceeds The Cavendish Youth Group has been working on a cookbook publication of "The 507 Express". Culture and Recreation Committee to help with the

Store and Little Gull Marina. Cost of the cookbook is \$15.00 The cookbook is available at the Cavendish Library, Flynn's





Peterborough County's

ASSESSMENT FORM EALTHCARE NEEDS



Are you a resident of Peterborough County?



or wish to receive care closer to home? Are you currently without a family physician



the needs of your township as well as be added to a Would you like to provide information to determine contact list for when a physician is secured?



Or visit:

www.ptbocounty.ca/yourhealthmatters

Do you need assistance completing an assessment form? Please call 705-930-4765.

Questions? Contact:



(O) eptbocountyhealth

eptbocountyhealth

it runs out! If in doubt please contact Kathy at 705is might be that it is past time to renew. 657-8912 or kathy507@yahoo.ca umber is the lower right corner of your ad to see when your advertisement is no longer in the 507 Expres Check the

Come Play With Us!



Peterborough New Horizons Bands

Learn to read music and play an instrument in our Green Band. Don't worry, no experience is necessary. We'll teach you.

Or, if you've played before, join one of our concert bands, one that will be right for you.

For more fun, fellowship, learning and healthy activity, you can also join one of our ensembles

It's never too late to start...

For more information: contact Harlene Annett 705-745-0077 <u>hannett@sympatico.ca</u>, or: www.nhbpeterborough.com

King Sports Pad

are fingers crossed that this year we might be successful. at the Cavendish Community Centre. This only works if the weather co-operates and we have Winter is upon us once again and we are hoping that we will be able to have a rink on the pad

down at night, we should be able to work on flooding to make the rink. hopes that the frost could get into the cement pad. Thanks to Nick Ferguson who helped us out by removing the snow that was on the rink in All going well, if the temperature stay

have a whole other mess to contend with. that we do ask is that if you plan on clearing the rink it has to be done completely otherwise we If anyone is interested in helping out with the rink this year please let us know. One thing

Thanks for everyone's help — enjoy the skating or..... if the weather doesn't co-operate boot



the Cavendish Transfer Station over the past year. Our thanks to all of the volunteers that came out to help us with the transferring and sorting of bottles. Once again we need to thank Warrren property for sorting. Ray Campbell, Gary Jarosz, and Kathy Warren for transferring the bottles from the depot to the The Cavendish Youth Group would like to thank everyone for donating to the bottle depot at

children dress appropriately for playing outdoors. Please also remember that if there is no school there is no youth group. run because of the weather. Youth Group is every Tuesday evening starting at 6 p.m. and ending at 7:30. We ask that the This covers school holidays as well as days that the buses don't

Cavendish Community Ratepayers Association Inc.

	mittee	Cavendish Culture and Recreation Committee 32 Community Complex Drive, Trent Lakes, Ontario K0L 1J0	Mailing Address: Cay 32 Tr
ommittee	Recreation C	Please make cheque payable to: Cavendish Culture and Recreation Committee	Please make cheque
			Postal Code:
			Address:
*			Name:
ation, please er year.	ription another destina nth or \$30.00 p	507 Express Subscription If you would like to receive the "507 Express" at home or at another destination, plea complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.	If you would like to reconstruction complete this form. Co
- A		Visit us at: https://ccraiassociation.wordpress.com	Visit us at: https://
Association.	na y na sepayera	The state of the s	
		ontinued support of the Cavendish Commu	Thank you for your co
membership fee to or money order made out to CCRAI to	he membership fe ue or money orde	For online payments, please email in the form and email/E-transfer the membership fee to CCRAIMAIL@GMAIL.COM . You can also mail this form with a cheque or money order mathe address at the top of this application	For online payments, pluc CCRAIMAIL@GMAIL.C the address at the top o
erence	Make a diffe	Everyone welcome. Stay informed. Be heard. Make a difference	Everyone welco
· via Zoom. can e.	ty Centre or ce and you d line phone	Join us in person at the Cavendish Community Centre or via Zoom invitations will be emailed out in advance and you can connect via laptop, tablet, smart phone or land line phone.	Zoom invitation connect via lapt
	Lakes.	property owners in the municipality of frent Lakes.	property owner
to present ortant to	ic Meetings eemed impo	bring in a variety of speakers to our Public Meetings to preso important topics and initiatives that are deemed important to	We bring in a variety on important topics
		No	Waterfront: Yes
		(Lake/Lot & Conc):	Cavendish Address (Lake/Lot & Conc):
	ia email?	receive your yearly newsletter electronically via email?	Do you prefer to rece
		Cavendish Phone:	Home Phone:
		Postal Code:	City:
			Address:
		Household:	Additional Member in Household:
		blicant:	Name of Member/Applicant:
	€9	☐ I am donating to CCRAI Lake and Water Quality Programs	☐ I am donating to CC
Additional Voluntary Donation	(A	membership for 2024	☐ I am APPLYING for membership for 2024
household	\$20.00 per household	I am RENEWING my membership for 2024	☐ I am RENEWING my membership for 2024
		rent cakes, Ontario, Not 130	Application for/Denou
		32 Community Complex Drive	





The Merger of HKPR District Health Unit and Peterborough Public Health Moves Forward

The legal merger of both health units into a single entity will take effect January 1, 2025.

health programs and services across the City of Kawartha Lakes, the County of Haliburton, Northumberland County, Hiawatha Health Unit (HKPR District Health Unit) and Peterborough Public Health (PPH) are pleased to announce that they will be moving PETERBOROUGH AND PORT HOPE, ON (December 4, 2024) – The Boards of Health for Haliburton, Kawartha, Pine Ridge District First Nation, Curve Lake First Nation, Alderville First Nation, Peterborough County and the City of Peterborough. forward with a voluntary merger, effective January 1, 2025. The goal of the merger is to sustain and improve the delivery of public

December 2) to support both the merger directly, catch-up activities, and service improvements to strengthen public health for The merger will be supported through an investment of \$10.1 million from the Province of Ontario ($rac{announced}{announced}$ on Monday,

"This is an important milestone bringing both public health units together to form one new organization," said David Marshall, Board Chair for the HKPR District Health Unit. "Our dedicated and now combined employees of more than 300 public health professionals will continue to work with our communities, partners and stakeholders to protect and promote health and prevent disease within our combined areas to keep our residents healthy."

merger, and in principle also commit to funding eligible merger expenses in subsequent years. 100 per cent provincial funding support for this merger with no fiscal impacts to municipalities and First Nations as a result of this meet for the first time in the new year. The Ministry of Health has assured the public health unit that the government commits to feasibility study on a potential merger. Both Boards then voted to move forward with the merger process in February 2024 and a voluntary merger proposal and budget was submitted to the Ministry of Health on April 2, 2024. The new Board of Health will announcement, the HKPR District Health Unit and PPH Boards of Health engaged the consulting firm Sense and Nous to conduct a resources and supports to local public health agencies that voluntarily merged by January 1, 2025. In response to the In August 2023, the Ministry of Health announced plans to strengthen the public health sector by offering one-time funding

of Peterborough). In addition, the new Board of Health intends to have section 50 representation as currently exists (one member from the City of Kawartha Lakes, one from the County of Haliburton, two from the County of Peterborough, and two from the City appointees, as outlined in the Health Protection and Promotion Act, and these members are yet to be confirmed from Curve Lake First Nation and one from Hiawatha First Nation). The new Board of Health will also include provincial Membership of the new Board of Health will include 9 municipal representatives (two from the County of Northumberland, two

the health unit in our community has served us for over 135 years with a wide-reaching scope beyond infectious diseases," said Councillor Joy Lachica, Board Chair for Peterborough Public Health. "With our friends at HKPR and the generous funding investment by the province, we will sustain and grow public health services for our residents." "Peterborough residents became more familiar with public health's role and leadership during the COVID-19 pandemic, however,

current public health units will remain operational, with no immediate impact on programs and services provided to the public. A new organizational structure and leadership team for the merged public health unit will be announced at a later time. Both A new identity and brand will be launched in early 2025.

communities they serve, partners and teams to determine future opportunities to continue the important work of public health across the City of Kawartha Lakes, Haliburton County, Northumberland County, Hiawatha First Nation, Curve Lake First Nation, Alderville First Nation, Peterborough County and the City of Peterborough. During this time, both the HKPR District Health Unit and Peterborough Public Health remain committed to engaging with the

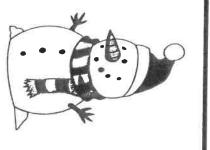
Further communication will be released once the new health unit launches its official business name and new logo

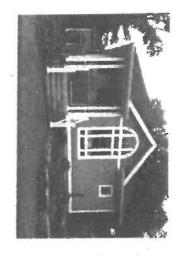
How Well Do You Know Your Country?

- Located on Vancouver Island in British Columbia, What is "Big Lonely Doug"? What did the "CN" in the name "CN Tower" originally stand for?
- Which city has a bigger population; Vancouver
- 5 4 W N -4 Which Canadian city was known as York until 1834? Found in northwestern Canadian
- Found in northwestern Canada, what is the largest land mammal in North
- 76 What percentage of Canada's land area is covered by forest: 42%, 65% or 81%?
- Howe many points are there on the maple leaf featured on the Canadian Flag?
- တတ In which city is the Canadian Museum for Human Rights?
- What is the name of the cup that is annually awarded to the winner of the Canadian national Hockey League Playoff?
- 10 What is the name of Toronto's national hockey league team?

Snowman Building Contest

email them to kathy507@yahoo.ca You can drop them off at the Cavendish Library or Remember to include the dimensions as well. Don't forget to send us a picture of this year's snowman.





Centre (TLOC) runs a run by volunteers Trent Lakes Outreach The Food Bank is Bank once a month. year round Food

To contact us:

https://tlocfoodbank.wordpress.com

For urgent assistance please call: 705.768.3590

make up a package for them. We do ask that new clients need to call a couple of days ahead in order for us to





food supplies for distribution. Share which provides our We are a member agency of Kawartha Food

Donations

- Donation Drop off locations:

 Trent Lakes Public Library Buckhorn or Cavendish locations
- **Buckhorn Community Centre**
- Trent Lakes Municipal Office Community Care - Buckhorn
- Trent Lakes Outreach Centre Food Bank is run entirely by volunteers and financial donations. donations. We appreciate both food and

Some food items which are always needed include canned/non-perishable meat, stews, vegetables, as well as personal hygiene and laundry/cleaning

Here's how to donate!

Donors that DO NOT WANT a Tax

Receipt: Interac

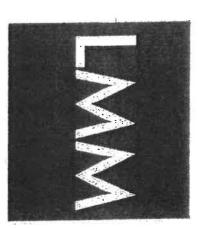
e-Transfer to: tiocfdodbank@gmail.com

Donors THAT DO REQUIRE a

Tax Receipt: make a cheque
payable to: Trent Lakes Outreach
Centre" Please mail cheque to: Bucknom, Ontario, Canada Trent Lakes Outreach Centre P.O. Box 197

acknowledged All contributions are gratefully

-



SERVICE AND STRIZK

 WRAP

Luke Cadigan

luke_cadi@hotmail.com 705-977-3660



Puzzling **Times**

ACROSS

- Pittance description First name in C&W

- Civil War side: abbr. U.S. Customs
- watchdog

14. 15. 16.

Canned

Lazes about

Janet of Psycho

Alto

Bible book after Joel

Song from Company (with "The") Dig (into)

Heart of the matter

of (release)

Bedeck

20 19.

Joe Blow

- Thing on a string Bone dry
- 66 Relocate Careful observer Corday's victim

iend

Thing to bend

9

Despot Amin

- British guns
- Demolish

Signified

ssistance

Hankering

Dress inserts

Baseball players Map abbrs

Gator add-on

Seer's deck

- Receptive
- 1. Grammy category

ZPT

KAG

NGGK

MPNNPJ

7	68	64	58	53		4	8	33	26			17	14	
	П			σ 4		\neg			27		220			
				ស្ល					28					
7			59		49		39		┪	23				
1				56			40				2		Ö	
	F.					45		ၽ			ヿ	8	햐	
72	9	65			50		4		29			\exists		
7			60	V		46	\neg		30		\exists	\exists		
7			61				45		T	24			\exists	,
7	T			57	1	47		2		\exists	23		Tr.	
				\Box	51		\$	\neg	7		T	19	16	(
73	70	66		T	52		\neg	\neg	3			\exists	7	į
7	T		62	1	T	8	\dashv	ၾ		25	7	\exists		:
1	\exists		63			\neg	7	36		\neg	1	\forall		î
7	\neg	67		A		\neg		37		\dashv	\neg	\neg	_	-

Х

ZPTI

Flurry of activity TV's Mason,

44. Claim46. It's found in seams48. Japanese band Japanese band Symbol of virtue

Boris

Contemporary of

Handsome man

- Make bigger
- Give forth

- Hashanah
- Regard Abuse
- Soda-bottle size Prodded (with "on") Gentle animal
- **Photos** The rite words?
- The Crimson Tide, Cornmeal porridge
- Works by Keats for short
- Poseidon's domain Affirmative votes
- Slangy suffix Genetic initials
- Gray wolf
- Three-pronged Not pos. spears
- A crowd, in Cádiz Investigate Rap's Dr.

GXMA HGIEPJ

SPMKPI

LPI

MTIG

- Live wire Capote, to friends for one
- . __ casino . Camp David
- Love lots Accords signer

- Boxer OPEC member
- Bailiff's cry Oscar De La
- Farm yield

E G

HIGEMIBRG

GNE

- to relax

スの ₹ 0 ≶ ┰ Q D П т ≶ ≶ ₹ ス N B Q Ø O 70 < v Z Z 70 7 Ø ₹ \Box 不 B Z Ø 0 ≶ Z S

70

Ъ

≥

ス

Q

Ø

0

≶

 \triangleright

70

Ø

Z

U

∞ S တ ယ __ တ ∞ N

Z

П 70

D

G

₹

Q

×

U

ス

 \subset

ス

D

₹

≶

I

N

 \triangleright

ス

N

N

ス

D

×

 $\overline{}$

I

ス

不

D

Z

 \Box

Z

D

Z

П

N

N

П

×

 \triangleright

ス

D

Z

70

9

₹

<

71

<

Ш

			9			5		ω
	2	တ						9
		5		ω		7	4	
	7		1		9			4
							ω	
9				5				
	_		6			œ		
		2			4			Ť.
	5			9	2			
	4							

O)

 ∞

9

 ∞

တ

9 ∞ N

S

4

ယ

S

		_				_		-
	QI			ဖ	2			
	വ				4			
7	4							
6			9					1
					2			ထ
			4	တ				
		6	1		5	2	9	
		ယ				5		
ω			2	7		7		
							7	

NEW HOURS

hursday to Monday 7 a.m. to 6 p.m.

Closed Tuesday and Wednesdays



Fast Food Take-Out

705-313-9947

FLYNN'S STORE

1447140 Ontario Ltd.

Corner of County Roads 507 & 36

Hoodies, T-Shirts, Groceries and Track Pants Fuel, ATM, ATV Trail Passes, Baked Goods,

QUALITY PRODUCTS AND SERVICES Winter Hours 6:30 a.m. to 6 p.m. Sundays 8 a.m. to 6 p.m.



Gardening Tips

- Order seed and nursery catalogs
- Check delia and canna roots for plumpness, freedom from mold
- Check house plants for mites, mealybugs, scale
- Cut back on feeding house plants
- Protect bases of fruit trees against rodent with wire mesh
- Plant living Christmas trees if ground is workable
- Clean and oil garden tools
- Plan flower and vegetable beds



.

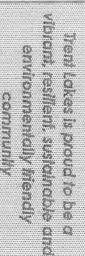
SUPINY CLOVS term of Councill Preparing and hoping for a real winter, with lots of snow and Welcome to the 9th newsletter for this

705-657-7518

pudgetti facility will open soon- on time and on facilities and dedicated mechanics new shared public works, recreation & Trent Lakes is proud to announce our







ゴスドレゴ AKES

DEPUTY MAYOR UPDATE

September - November 2024

HIGHLIGHTS of Trent Lakes Council Meetings

- Received a Trillium Grant for the planned Lakehurst Amphitheatre
- V Received a Bill 185 update - no penalties but timelines remain
- V Participated in second annual Quad council Meeting
- V businesses approved for loans Received an update from Community Futures PTBO – 7 Trent Lakes
- V V centres, libraries, day cares, places of worship, businesses and not-for-Approved continued pickup of recycled materials for community ldentified surplus municipal properties for potential sale
- V Infrastructure Fund for rehabilitation of the Cavendish ball field Supported application to the Community Sport & Recreation profits that are excluded in the Producer Responsibility legislation
- V Welcomed a new Library CEO – Tina Steed Supported a Tourism Town Hall *
- V Approved the recommendation of the Short Term Rental Working
- V Mechanics/Recreation and Facilities Project* Reviewed on-time and on-budget New Dedicated
- Approved Amendments to the Development Charge By-laws
- Reviewed the 2024 Q3 Summary Reporting Q3 Report*
- Directed staff to prepare shoreline preservation and tree protection Approved an Increase in aggregate notice to locations within 2,000 m
- Repealed the License of Occupation Policy Scheduled a Strategic Plan review for early Q1 2025
- Reviewed the first draft of the 2025 Budget Draft

TOWN HALL ISSUES

progress on these, include: raised and dealt with. at each of the Municipal Community Centres. Many Individual issues were Your Mayor and Deputy Mayor hosted 3 Town Hall meetings in August; one Across the municipality, shared concerns and work in

- roads and our representative on the PTBO Police Detachment Board by the County on 507, speed limits have been reduced on several Speeding on all municipal (and County roads) is increasingly a problem continues to raise the issue for increased enforcement measures. A speed indicator was on 507, a road safety audit is being conducted
- Short Term Rentals are a continuing problem See the STR section herein
- buildings? Rising costs, financial capacity and increasingly busy contractors have pushed the facilities replacement schedule out. New dates to be reviewed by Council What is the schedule for replacement of Public Works and Fire Depot
- Increasing threat of fires Trent Lakes Fire services continue training and local conditions. preparation for fire emergencies, and issue fire bans as dictated by
- dispose of abandoned docks Associations are taking the lead on proposing a plan to collect and Abandoned docks and the plastics in the old floats - Cottage

SHORT TERM RENTALS (STR)

Group recommended Mandatory Registration as a more balanced, efficient and cost-effective way to address issues the and a detailed modeling of resources and costs. The Working informed by the nearly 200 residents who provided feedback modification of the earlier proposal for a full licensing program, detailed timeline will be published in the new year. This is a term rental owners in Trent Lakes, to be implemented in 2025. A Council approved a Mandatory Registration program for short public has raised about STRs.

The key components of a Mandatory Registration Program are:

- A signed application from the owner with:
- Property Information
- Owner Information
- Name and contact information for responsible responsible person.) of complaint resolution to the owner and their address any complaints or issues (Shifts the first level person who can be on site within 60 minutes to
- rented per year, time of year rented) number of guests permitted, number of weeks Rental Information (e.g. number of bedrooms.
- VV Septic permit review
- The Administrative Penalty System, with escalating fines, small processing fee: \$250 - 500

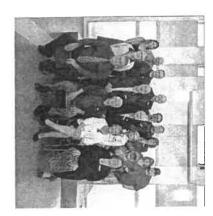
continues.

- The demerit system, which provides for registration to be revoked after multiple violations, continues.
- Onsite inspection is not a part of the program.
- Must adhere to all municipal bylaws

details: Short Term Rental Report 1 1.05.2024

*QUAD COUNCIL MEETING

North Kawartha. We had an open exchange of priorities and Trent Lakes Council attended the second annual meeting with attendance) development and services. (Below: Council members in common concerns like health care, transportation, housing challenges and reinforced the commitment to work together on Council members from Curve Lake First Nation, Selwyn and



TOURISM OPEN HOUSE

representatives attended. Common themes municipality and were at Lakehurst Hall on have held Tourism Open Houses in each powerful team leading it. Announcement They economic development in-house and has a The County of Peterborough is bringing included October 21st. About 20 local business

- Need for year round events to bring visitors
- KHHSSP Can we have more multi-use winter trails?
- Need to showcase local creators
- sights Need transportation for Lock visitors to
- challenging Weather making snowmobile visits

building a plan to address these. Lakes Economic Development Officer, will be The tourism team, in conjunction with our Trent

23 **OPERATIONS HIGHLIGHTS**

- A new 4-Year Collective Agreement for Outside Workers with CUPE reached
- Police Services Board) Board created (replaces Trent Lakes Peterborough County OPP Detachment
- V newsletter. now 1,107 subscribers to the e-A gain of 444 social media followers and
- V September YTD:
- inspections and 59 septic permits completed 213 building permits, 1,273
- 0 54 planning applications processed
- 0 after-hours) addressed 116 bylaw complaints (to staff and
- Garbage tonnage basically flat
- V Fire and Emergency Services call medical reasons volumes remain high; about 70% for
- Ode'Naang F A new viewing platform completed at
- V Under Green Initiatives: two mattress shredding event diversion events and one paper

NOTE: These are updates selected by me to keep the public informed. Any errors or omissions are mine alone. For more, and to see video recordings of past Council meetings, go to www.trentlakes.ca/council/meetinas-roots agendas-minutes/

How well do you Know Your Country? **Answers**

- A tree (an enormous Douglas fir tree)
- Canadian national after the company which built it
- Vancouver
- Toronto
- The wood bison

- 705430
- Winnipeg
- The Stanley Cup
- 6 The Toronto Maple Leafs



1

live at home ity of Peterborough

Atrunamo

Community Care Buckhorn Social Drop in Group

WHEN: Each month will feature a specialty drink to try!

3rd Tuesday of each month

WHERE:

Hartley Hall – St. Matthews Church

1937 Lakehurst, Road Buckhorn

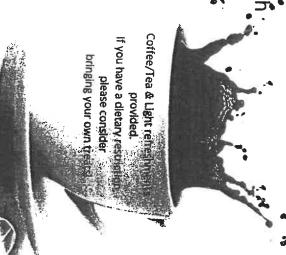
*Wheelchair access/ramp & parking at back of church

10am-12 noon

MORE INFORMATION:

Call Community Care Buckhorn 705-657-2171

OPPORTUNITY
TO MEET S
GREET OTHER
SEMIORS IN COMMUNICY



*Beginning in the month of May,

our Blood Pressure volunteer Nurse Carol, will be offering Blood Pressure Checks!



11

Specializing In:

- Landscaping/Hardscaping
- Excavation
- Septic Installation
- Road Grading
- Stump Grinding/Lot Clearing
- Aggregate Haulage and More!

Call, Text or Email Blake and Colby Lambshead for your free estimate!

705-875-0648 / lambbrosinc@gmail.com



Or 705-400-7795 705-657-1694 cell

Marinamudge@gmail.com

Mudge Cottage Care

Lakes Bill and Marina Mudge Working and Living on the Catchacoma Chain of

Leaf blowing and raking

Snipping

Tree cutting and brush removed

Lawn care, mowing and whipper

- **Gutter and eves cleaning**
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

12/25

Courtroom Comeback

If you ever testify in court, you might wish you could have been as sharp as this policeman. He was being cross-exam9ined by a defense attorney during a felony trial. The lawyer was trying to undermine the police officer's credibility...

- Q: "Officer....did you see my client fleeing the scene?"A: "No sir. But I subsequently observed a person matching the description of the offender, running several blocks away.
- "Officer, who provided this description?"
- "The officer who responded to the scene."
- Q: "A fellow officer provided the description of this so-called offender. trust your fellow officers?" Do you
- A: "Yes, sir. With my life.
- Q: "With your life? Let me ask you this then officer. Do you have a room where you change your clothes in preparation for your daily duties?"
 A: "Yes sir, we do!"
- "And do you have a locker in the room?" "Yes, sir I do."
- "And do you have a lock on your locker?" "Yes, sir."
- Q: "Now, why is it officer, if you rust your fellow officers with your life, you find it
- P necessary to lock your locker in a room you share with these same officers?" "You see, sir, we share the building with the court complex, and sometimes lawvers have been known to walk through that room." lawyers have been known to walk through that room.

The courtroom exploded with laughter, and a prompt recess was called



Cavendish Community Centre

THURSDAYS March 6th to April 10th

6:30 PM

FUN, EASY & BEGINNER FRIENDLY

Come and enjoy a refreshment and meet new people, whilst listening to GREAT music of ALL GENRES!

WE need minimum of 20 persons to make it a GO!! Grab a friend and sign up before February 28th!!

6 weeks for \$30

Payable in Advance by e-transfer

to Cavendish Culture & Recreation Committee

cavendishcandr@yahoo.com

or Drop off payment to the Cavendish Branch Library

*Please Call 647.237.3453 for more information



AYS & ANNIVERSARIES!



	12 th	11 th	9#	∞ <u></u>			7 th		<u>წ</u>	4#	2 ND	1-3st	
Logan Lake	Allen Lake	Declan Forgie	Indoril Belanger	Kevin Aspinall	Leslie Hunt	Sheyenne Asling	Judy Lloyd	Avalon Hollis	Emma Aspinall	Blake Lambsheac	Reese Aubrey	Maighen Hay	

15th

Tyler Warren Ethan Harran

Michael Pageot

Melissa Watson

29th 31st

Taylor Mortenson Marlo Cadigan Sue Flanagan Charoltte Connell

 $\begin{array}{c} 26^{th} \\ 27^{th} \end{array}$

Spencer Goddard

20th 19^{th} 23rd 24^{th} Tristan Forgie Tiffany Warren Mary Robinson Dawson Hay Kristy-Marie Asling **Bev Clarke** Michelle Connell Rosalee Parent B.J. Robinson Zevon O'Heron



Happy Anniversary

If you would like to have a birthday or anniversary added please contact Kathy@ 705-657-8912 or kathy507@yahoo.ca

Burn Permits

are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301 Burn Permits are required - you must have a permit for ANY open air burning. **Fire Permits**

Ontario Certified Marine Mechanics

Custom Docks Service Calls

Call, we fix them all

705-657-9088

Gas & Propane

General Store

Meat supplied by the Butcher Shoppe Boat & Snowmobile storage

Chainsaw sharpening and replacement NEW & USED boat, snowmobile, trailer & ATV sales

Painting & Structural repairs:

fiberglass, aluminum, gel coat, etc. Shrink wrap & Winterization

Spring water

Snowmobile & ATV repairs Insurance Claim handling Boat & Canoe Rentals Tops: new & repairs Prop repair

Ontario Certified Marine Mechanic on duty Monday-Friday

January Store Hours:

snowmobile trails are Open Sundays when Mon -Sat 9am-4pm officially open

Customer Service is #1!



Highschool students will be writing their exams January 20th, 23rd, 24th, 25th, and January Passport to Reconciliation is Literature!

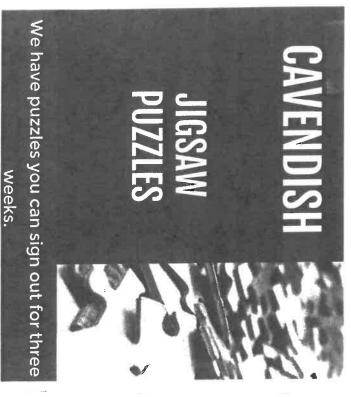
All students will enjoy a P.A. Day on January 27th

Getting Ready for Kindergarten

prepared and ready for a successful school journey at KPR! Starting school is an exciting time and a big step for both you and your child. We want to ensure families are

- Talk with and listen to your child about daily activities. Strong oral communication is a solid foundation for learning.
- Encourage your child to speak about their feelings, actions and needs with other children and adults
- Find opportunities where your child can interact with children their own age.
- Provide opportunities for your child to manage alone when toileting, dressing, tidying and eating
- Discuss personal safety routines. Encourage your child to know their name, address and telephone number
- Read to your child regularly. Select a variety of books of different lengths and subjects.
- Support your child's fine motor skills by drawing, cutting, gluing and handling playdough.
- Encourage running, climbing and playing outdoors. Use television and technology wisely
- board games Embrace everyday learning opportunities. Read signs, packages and labels, count household items and |
- Contact the school principal as early as possible if you have concerns about your child's readiness for Kindergarten. Schools are a good source of information and may be able to help parents get support for children.

forward your suggestions, ideas, concerns to kathy507@yahoo.ca or come out to one of the Cavendish Culture and Recreation Committee meetings next meeting is at 7:30 on January 21st Community Centre Are you interested in the activities that occur at the Cavendish do you have any suggestions or requests. Please



Sign up to the Municipality of Trent Lake Monthly Newsletter!

SCAN THE QR CODE OR HEAD TO: https://mailchi.mp/trentlakes/sign-up



Come in for hot chocolate, coffee or tea

With your visit help put our community puzzle together



Winter Storms

Winter storms kill more Canadians than tornadoes, thunderstorms, lightning, floods and hurricanes combined.

Heavy snowfall and ice can make the roads treacherous and interrupt the power supply

Safety Tips

- Avoid unnecessary travel
- Wear layers of lightweight clothing, mittens and a hat (preferably one that covers your ears)
- Wear waterproof, insulated boots to keep your feet warm and dry and to keep from slipping on ice and snow.
- Regularly check for frostbite numbness or white areas on your face and body.
- Avoid overexertion when shovelling snow by taking frequent breaks.
- Bring pets inside and move livestock to sheltered areas with non-frozen drinking

Prepare now before an emergency power outage happens! Take the following steps so you and your household are prepared:

- E e e Build an emergency preparedness kit in case power outage or winter conditions prevent you from being able to leave your home. Your kit should include items
- Flashlight
- Water
- Non-perishable food
- Extra blankets and warm clothes
- Winterize your home to retain heat:
- Insulate walls and attics
- Caulk or weather-strip doors and windows
- Install storm windows or cover windows with plastic
- Get heating equipment and chimneys cleaned and inspected once a year Shut off your outdoor water or insulate your outdoor pipes
- down with snow and ice Trim branches hanging over your house or vehicle so they don't get weighed
- Stock up on salt to prevent falls on your driveway or steps
- working order Test your smoke and carbon monoxide detectors to make sure they are in good



HOUSEHOLD HINTS

Stash a large trash bag under the seat – makes a great emergency raincoat

Use moistened hand wipes to remove gas odor from your hands after filling the

- For extra safety if stuck on the roadside put strips of reflector tape on the door sill of the driver's door. When the door is opened, the reflection will alert drivers approaching from the rear.
- Use a hubcap as a shovel if your car gets stuck in snow
- To keep suitcases smelling fresh, store them with a fabric softener sheet inside
- If you finally find something after looking all over the house for it, put it back in the first place you looks. That's probably where it belongs.
- original bag when storing it to prevent or delay mold Keep brad from molding by placing a clean dry paper towel under the bread in its
- the paint from cracking. Before you drive a nail into the wall place a piece of tape over the spot to prevent
- Remove black scuff marks by rubbing them with lemon juice or rubbing alcohol.
- they're new. To keep towels looking new add a cup of salt to the washing machine when The salt will set the colors so the towels won't fade as quickly

Public opinion survey in Peterborough City and County

We are seeking your opinion about domestic violence

about violence in efforts to meet our refine our education community's needs. relationships, so we can **Network and Trent** Jomestic Abuse The Peterborough know what people think Centre would like to Community Research



Peterborough
Domestic
Abuse
Network









Full Survey link: https://trentu.qualtrics.com/jfe/form/SV_8BpNyJ6MsyzH9Qi

This study has been reviewed and approved by the Research Ethics Board at Trent University, File 29342. Any questions or concerns about the ethics of this study can be directed to Anna Kisiala, Coordinator, Research Conduct and Reporting, Office of Research adn Innovation, Trent University, 705-748-1011 X 7866, annakisiala@trentu.ca

Answers to Puzzling Times

S	Z	>	m	O	ы	Þ	3	D	8	閫		T	×	B
4	Þ	o	Þ	S	В	(C)	m	0	0	н	N	A	×	m
ш	B	0	0	30	ш	to	P	m	4	100	>	-	m	8
z	>	æ	-	醋	G	m	z		co	-	Z	0	0	A
S	4	z	m	o	=	D	4		0	D	-			
			60	ш	æ	-		3	TI	-	z	0	Þ	K
æ	ш	<	٤	×	-		>	m	co		-	-	Z	m
Α	~	0	I		z	0	-	z	C		I	co	0	B
7	Е	~	0	ш	m	B	a		≤	m	m	н	(C)	m
m	H	0	r	70	×	m		ъ	₹	Þ	(C)			DIA.
		1	C	æ	-4		-	Þ	m	æ	-4	-	-	-
o	Z	>	z	~	O		Þ	z	n		B	m	m	U
v	0	P	O	100	0	0	D	m		Œ	m	н	-	r
m	<	-	I	12	0	8	0	г		0	ĺΠ	G	Ø	т
z	ш	0	1		B	-	-	ഗ		S	-1	0	I	တ

4	9	တ	-	ω	7	Çī	8	N
ယ		7	Çī	N	00	9	4	0
œ	Çī	N	6	9	4	7	-	ω
0	7	5	4	-	9	ω	N	σ
	N	4	7	œ	ယ	6	9	G
9	ω	ω	N	Cī	6	4	7	
Ŋ	4	8	ω	7	2	-	6	9
N	6	_	9	4	σı	в	ω	7
7	ω	9	8	6	_	2	5	4

_	4	ω	φ	0	7	បា	N	8
7	N	6	4	œ	ഗ	-	ω	9
8	9	G	2	ယ	_	7	4	6
თ	7	σ	-	N	9	ω	6	4
2	w		7	4	6	9	œ	വ
9	თ	4	ω	G	α	12	7	-
4	-	9	0	7	ω	σ	Ωı	2
ယ	œ	N	(J)	-	4	တ	ဖ	7
Ģ	Ch	7	ω	ဖ	N	4	-	ω
		-						
ယ	()ī	9	6	2	4	7	8	-
7	4	N	ω	00	_	9	Q	6
6	_	8	9	Çī	7	4	3	2
បា	ω	7	7	9	2	6	4	8
9	2	7	4	6	œ	ω	_	C7
4	8	6	-	ω	ប	2	9	7
	7	ω	æ	4	6	5	2	9
တ	9	5	2	7	ယ		თ	4
	~	4	(D)			~	-1	63

It seems each person you meet can prescribe a cure for the common cold—but not your doctor.

Our next-door neighbor says his domestic explosion appears to have been touched off by an old flame.

Try not to find very much wrong with your children. Perhaps they have patterned themselves after you.





injury or death by installing the right number of smoke alarms in the right Smoke alarms save lives. You can reduce your family's risk of fire-related places in your home, and by keeping them in good working order. According to the manufacturer's instructions, you should:

- check,
- test, and
- clean them.

If you need help or advice with your smoke alarms, contact your local fire department for assistance

Other important actions:

- Install smoke alarms in each bedroom, in the hallway outside the **Building Codes.** line with the appropriate Provincial or Territorial and Federal Fire and bedrooms and on each level of your home, including the basement in
- install your smoke alarms Read and follow every step of the manufacturer's directions when you
- working properly. Test your smoke alarms every month to make sure that they are
- Follow the manufacturer's directions for cleaning your smoke alarms
- Change the batteries as often as recommended by the manufacturer.
- Replace any smoke alarm that is more than ten years old.
- Investigate any false alarms, and have an escape plan in case of

Certification marks

important to look for products that meet Canadian safety standards When buying smoke alarms at retail stores or through online websites,

applicable safety standards set out in Canadian regulations laboratory professionals. The mark indicates that the product meets all Smoke alarms with a Canadian certification mark have been tested by

Certification marks must be found on:

- the smoke alarm, and
- the product packaging.

smoke alarms and their packaging: Here are some common Canadian certification marks you may find on

smoke alarm is certified to Canadian safety standards. If you are not sure, ask the seller. If the seller cannot confirm that the product is certified to take the risk, only purchase products that have this required information. Canadian safety standards and bears a Canadian certification mark, don't products sold online, the product description may also indicate if the

Good Buy Roo hrift Store

Hours:

Thursday and Friday 10 am -Saturdays 10:30 am – 2:30 pm

(Below Buckhorn Library) Lakehurst Road Buckhorn

4.



Dates to **Think About**

Month of January:

- New Years Day
- World Braille Day
- Epiphany
- <u>1</u> Sir John A. MacDonald Day
- 14th World Logic Day
- International Day of Education
- 24th Family Literacy Day
- 27th 28th Arbor Day International Holocaust Remembrance Day

Recipe of the Month

SHIPWRECK

1 can peas can corn

> 2 medium onions 1 lb lean hamburger can tomato soup

on top. In a separate bowl, mix tomato soup and water together. Pour soup mixture over the layered casserole. Bake in 350°F oven for 1 hour or until potatoes and carrots are cooked through. Layer sliced potatoes, sliced carrots, corn, peas and hamburger mixture Cook hamburger and onions; drain. Spray casserole dish with Pam.

It happened this Month....

January 2nd, 1932 – Children's author Jean Little was born
January 6th, 1915 - Princess Patricia's Canadian Light Infantry goes into action,
becoming the first Canadian infantry unit to enter the theatre of operation
in France during the First World War.

January 9th, 1 January 13th, 1802 - Author Catharine Parr Trail was born.

1, 1999 – snow emergency in the city of Toronto. About a meter of snow fell which caused the mayor to ask for help from the military with its removal.

January 17th, 1929 – Hockey Hall of Famer Jacques Plante was born

January 18th 1967 - Yellowknife was named the capital of the Northwest Territories and the federal government transfers administrative control to the territory

January 21st, 1937 – cartoonist Jim Unger was born.

January 25th, 2003 – Jack Layton is elected leader of th

January 27th, 1953 – Dancer Frank Augustyn was born

January 30th, 1931 – Politician John Croshie was horn Jack Layton is elected leader of the New Democratic Party





Every Saturday Evening 9 7 p.m.

out as well. Everyone is welcome! to share. enjoy an evening together. Come out to the Community Centre and join your neighbors and We also have lots of games on hand that you can check Bring a snack and your favorite game



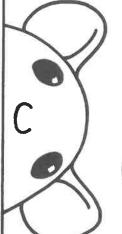


way to get some exercise and the cost is only \$3.00 per person per night 7 to 9 and welcome anyone to come out and join them. This is a fun To play Volleyball at the Buckhorn Community Centre. For more information please contact: Jonathan Warren 705-657-8912 There is a group that meets Mondays and Wednesday evenings They play from

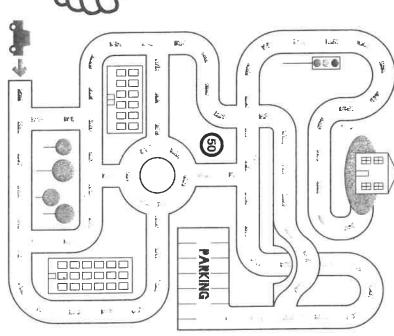
I

HOME

MAZE



Ω S S $\overline{\Lambda}$ 0 \supset 0 0 \circ Φ ≶ σ 0 0 4 Φ 0 <u>Q</u>_ Φ \times ≶ \supset 0 7 ---S 0 0 0 ≶ <u>Q</u> 7 O



Z YOUR WAY HOME

Say this 10 times fast:

Snowmen Snowy

ice

nice

rice

twice

0

dice

mice

price

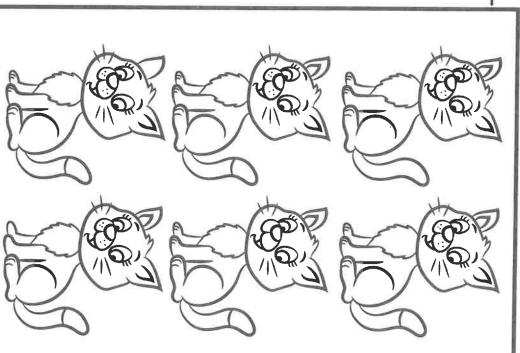
spice

After-school **Awesome** Snack

You'll need:

- banana
- 125 mL ($\frac{1}{2}$ cup) of peanut butter 125 mL ($\frac{1}{2}$ cup) of crispy rice cereal Handful of shredded coconut
- Stir in the rice cereal.
- Mash up the banana and peanut butter in a bowl.
- ω N Scoop up the mixture one tablespoon balls, then roll in the coconut. at a time. Roll each scoop into small
- 4 Put the balls on a plate and refrigerate. Wait till they're firm, and then get snacking!

For a peanut-free version, try using sunflower-seed butter.



CIRCLE 苦

2 IDENTICAL DRAWINGS



We **¥**ant YOUR natural corks



their cork collection program to our team as Bridgenorth has offered the proceeds from is thrilled that The Village Wine Shoppe Survivors **Abreast Dragon Boat team** a fundraiser! 3

In partnership with Jelinek Cork Group, your natural corks will be recycled and made into products such as flooring, wall tiles and bulletin boards.

In addition to helping the environment, you will be supporting a great cause!

Please drop your corks off at these

locations:

SNOH

The Village Wine Shoppe- 874
Ward St. Bridgenorth
The Wine Shoppe - 392 Brock St in
Peterborough
Little Gull Marina -144 Mississagua
Lake Rd, Trent Lakes

OR, if you know a Survivors Abreast paddler,
give them your corks!

Money raised will help defer costs for Survivors
Abreast dragon boat team to represent Peterborough and surrounding area at International Dragon Boat Festivals.

Thank you for your support!

happening at the CCC. facebook.com/CavendishCommunityCentre. It's a great way to stay in touch with what's Cavendish Community Centre is on facebook! Find us and follow us at

through facebook or email kathy507@yahoo.ca. Thanks! the Community Centre. If you would like to update or add an event, please message us If you are already following us, you may have noticed some recent activity on our page. are getting it up to date and adding all the activities and events that are happening at



Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

Cleaning Available



Please call: 705-761-5216

BUT ERTARTS

Made Special just for You!



\$15.00per 1/2 dozen \$30.00 per dozen

Contact Lauren @ 705-977-1886

In case of fire, do save possessions go directly to your meeting

CARPENTRY

STAIRS SHEDS

DOCKS DECKS

CALL JR @705-657-2143



INDEPENDENT CONSULTANT





- 705-875-0974
- tiffanylaura.scentsy.ca



- tiffany.warren@ymail.com

Need some help around the nouse?



Holp is just

a phone call away 705-657-7455

Whether you're looking to make a major renovation to your home or you've accumulated a list of small repair projects
HELPING HAND can help.

Installations, repairs, renos, maintenances Local family based business since 2008

https://helpinghandhandymanservices.com

We do it all!

Cavendish Key Contact Information

Trent Lakes Municipal Council:

Councillor - Harvey Councillor – Councillor —Galway Cavendish Deputy Mayor - at large Carol Armstrong Peter Franzen Joe Cadigan Terry Lambshead John Braybrook 705-927-4968 705-731-9410 jcadigan@trentlakes.ca 705-657-7518 705-738-1486pfranzen@trentlakes.ca 705-731-9871 tlambshead@trentlakes.ca carmstrong@trentlakes.ca jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

Municipal Service Contacts:

Fire Chief

Municipal Website **Municipal Office** www.trentlakes.ca fax: 1-705-738-3801 1 705-738-3800 or 1-800-374-4009

Steve Brockbank

1-705-738-3800 ext. 230

Chief Building Official Roads Superintendent Deputy Fire Chief **Cavendish Transfer Station** Luc Shewen Barbara Waldron Evan Grieger Don & Blaine 1-705-738-3800 ext. 221EGrieger@trentlakes.ca 1-705-738-3800 ext. 225 1-705-738-3800 ext. 230 705-657-2490

Community Service Contacts:

Cavendish Culture and Recreation Katherine Warren 705-657-8912 kathy507@yahoo.ca

Cavendish Community Centre 507 Express – Editor **CCC Rental Inquiries and Bookings** Helen Bowen Branch Library Sue Warren Katherine Warren Katherine Warren 705-657-1192 or 705-657-8912 705-657-8912 kathy507@yahoo.ca 705-657-8912 kathy507@yahoo.ca 705-657-1192

Trent Lakes Outreach Centre-foodbank King Sports Pad – Rink Cavendish Youth Group Molly Cadigan Katherine Warren 705-768-3590 https://tlocfoodbank.wordpress.com, 705-657-2743 705-657-8912 kathy507@yahoo.ca

Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

Vice President President Robert Taylor-Vaisey Gary Jarosz 1-905-472-6816 1-416-264-4601

Cottage Association Presidents Contacts:

Ratty's Narrows Road **Gold Lake Road Association Greens Lake** Beaver, Cavendish, Bottle & McGinnis Bryan West Mississagua –Gold Lake Road Mississagua District Picard Lake Catchacoma Lake **Katie Tingley Paul Stenton** Ric Mackey Jamie Langer **Greg Harper** Carol Thomson carolt@golden.net 705-657-2573 705-657-9128 rmackey@bell.net brywest3@gmail.com mglakeroadgroup.com pstenton@ryerson.ca

Cavendish Landfill Site Hours of Operation

than they are 12-8), Wednesday 8 to 12 noon Summer Hours: April 15th to September 15th: Saturday 8-4, Sunday 11-7, Monday 8-1 (except on a Holiday Monday

Winter Hours: September 16th to April 14th: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

Closed: Christmas Day, New Year's Day, Family Day & Easter Monday

Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301

Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

Babysitters:

Pet Sitting

Police Non-Emergency 1-888-310-1122 Ontario Hydro: 1-800-434-1235 **EMERGENCY NUMBER: 911**

January					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	•	Tiny Tots Library	Euchre Scrabble	w	4 Library Game Night
Art Group	7 Youth Group	8 Tiny Tots Library	9 Euchre Scrabble	10	Library Game Night
13 Art Group	14 Youth Group	15 Tiny Tots Library	16 Euchre Scrabble	17	18 Library Game Night
20 Art Group	21 Youth Group	Tiny Tots Library	23 Euchre Scrabble	24	25 Library Game Night
27 Art Group	28 Youth Group	29 Tiny Tots Library	30 Euchre Scrabble	31	

