

# The 507 Express

## Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

## This Month:

- Fire Safety during Power Outages
- Movie Night
- Have you had Your Measles Vaccine?
- Deputy Mayor Update
- Thunderstorms
- Choosing a child Car Seat
- Spring is here
- Cleaning Position

## 507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15<sup>th</sup> of the month.
- Advertising as follows:

Classified - \$2.00 per month	1/8 <sup>th</sup> page - \$5.00 per month
¼ page - \$10.00 per month	½ page - \$15.00 per month

A young man who was also an avid golfer found himself with a few hours to spare one afternoon. He figured if he hurried and played very fast, he could get in 9 holes before he had to head home. Just as he was about to tee off an old gentleman shuffled onto the tee and asked if he could accompany the young man as he was golfing alone. Not being able to say no, he allowed the old gent to join him.

To his surprise the old man played fairly quickly. He didn't hit the ball far, but plodded along consistently and didn't waste much time. Finally they reached the 9th fairway and the young man found himself with a tough shot. There was a large pine tree right in front of his ball - and directly between his ball and the green. After several minutes of debating how to hit the shot the old man finally said, "You know, when I was your age I'd hit the ball right over that tree."

With that challenge placed before him, the youngster swung hard, hit the ball up, right smack into the top of the tree trunk and it thudded back on the ground not a foot from where it had originally lain.

The old man offered one more comment, "Of course, when I was your age that pine tree was only 3 feet tall."



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns, letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

Editor: Katherine Warren

Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario K0L 1J0

Phone Number: 705-657-8912

Email: [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

Donations towards publication are gratefully received!

# Community Report

## Progressive Euchre



Every *Thursday Afternoon*

1:00 pm until 3:30 pm

Cavendish Community Centre

18 Community Complex Drive,

County Road 507, Ontario

Tel: (705) 657-1192

\$5.00 per person

## Knit and Lit



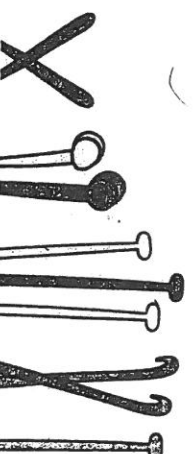
Tuesday mornings at 11:00

Join us at the Buckhorn branch to resume our Knit and Lit program! Bring whatever project you are working on!

Need yarn? Check out our yarn exchange program! We have lots of free patterns too!

If you make an item to donate to the Trent Lakes Outreach Centre or LAWS, TLPL will deliver it!

Please join us every Tuesday morning for the program!



Trent Lakes Public Library  
5 George Street  
Buckhorn, Ontario K0L 1J0 | 705-657-3695  
[www.trentlakeslibrary.ca](http://www.trentlakeslibrary.ca)

## "The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$25.00



## Dining Room Suite For Sale

Beautiful older dining room suite for sale, includes dining table with six chairs, sideboard and china cabinet.

If interested in viewing please see Sue and Joanne at the Cavendish Library during regular Wednesday and Saturday hours. You can also make arrangements to view by contacting Kathy at 705-657-8912 or 705-772-2090 or by email at [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

# Plant Sale

Saturday, June 1, 2024

8:30 to 11:00 am

Cavendish Community Centre

– CASH ONLY –

*Sale hosted by the Cavendish Garden Club.*

*Proceeds will be used to beautify our Community Centre.*

Perennials • Annuals • Herbs • Vegetables • Houseplants



**To donate plants or pots:** Are you dividing perennials in your garden? Do you have a few extra seedlings? We will gratefully accept any donation of plants in the week or two prior to the sale (morning of Friday, May 31 preferred). We may even be able to send a crew to your place to help you dig if you need assistance.

Empty pots are needed immediately (especially larger ones and hanging baskets) and can be donated anytime. Please leave plant and pot donations outside the shed at the back of the Community Centre.

**We are also looking for volunteers!** We could use some extra hands for set up and take down as well as during the sale. If you are able to help out for a few hours, it would be much appreciated!

Contact Pat at 705-657-7373 or [pwade44@bell.net](mailto:pwade44@bell.net)

## Come Play With Us!

### Peterborough New Horizons Bands

Learn to read music and play an instrument in our Green Band. Don't worry, no experience is necessary. We'll teach you.

Or, if you've played before, join one of our concert bands, one that will be right for you.

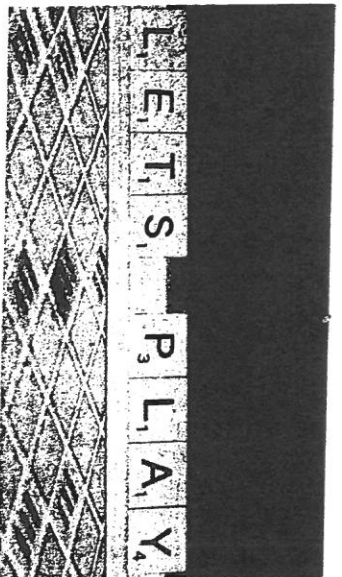
For more fun, fellowship, learning and healthy activity, you can also join one of our ensembles.

It's never too late to start...

For more information: contact Harlene Annett  
705-745-0077 [hannett@sympatico.ca](mailto:hannett@sympatico.ca),  
or: [www.nhpbpeterborough.com](http://www.nhpbpeterborough.com)



**Scrabble Night**  
**Cavendish Community Centre**  
**Thursday Evening - Starting at 7 p.m.**



**McIntyre Electric**  
**Residential/Commercial**  
**Industrial**

**705.930.8216**



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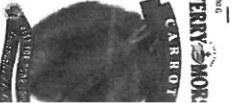
**How does the Easter Bunny stay in shape?**  
*Lots of eggs-ercise.*

**Cleaning Position Available**

Tender has been opened for the position of cleaning staff of the Cavendish Community Centre. We are looking for a team of two to take over the weekly cleaning of the building. Tender applications and job descriptions are available at the Cavendish Library during regular library hours (10-4) on Wednesdays and Saturdays. Dead line for submissions is 4 p.m. on May 8<sup>th</sup>, 2024

**Seeds for Sowing**

If you enjoy gardening stop by the Cavendish Community Centre during library hours and check out the seeds that are available. There may be something that you haven't tried before or one that you didn't want to spend the money on if it wasn't going to grow in our area. Now's your chance – check out the “Seeds for Sowing”. If you have seeds you no longer want we will be happy to add them to our selection.



## How Well Do You Know Your Country?

1. Which is the largest National park in Canada?
2. Which ball sport was invented by the Canadian James Naismith in 1891?
3. From which US city can one drive due south to Canada?
4. What is the largest island in Canada?
5. In which province is Okanagan Valley, Known for its vineyards and orchards?
6. The Inuit work mukluks refers to which type of clothing?
7. Which Canadian musician wrote the songs heart of Gold and Old man"
8. Which Canadian Author wrote The Handmaid Tale and The Blind Assassin"
9. In which Canadian Province is Lake Louise?
10. Which marine animals found in Canada are also known as white whales?

### Interested in Playing Volleyball?



There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$3.00 per person per night. For more information please contact: Rick @ 705-657-3600



### Weather predictions for this month.

The first week of April will see seasonable and unsettled weather. Warm temperatures with rain showers will be the forecast for most of the 8<sup>th</sup> to the 14<sup>th</sup> of the month. Seasonable weather expected for the first part of the 15<sup>th</sup> to the 21<sup>st</sup> then turning very warm at the end of the week. For the 22<sup>nd</sup> to the 28<sup>th</sup> it will be mild and unsettled with a chance for rain showers each day. The month will end with seasonable weather and sunny skies.

## *Tiny Tots Time*

Wednesday Mornings 10:00 – 11:30  
Cavendish Community Centre

Active playtime for children five and under accompanied by a Parent or responsible caregiver. This is also an opportunity to support one another with the challenges of raising a toddler.



## Choosing a child Car Seat

A child's developmental stage, weight and height can help determine what type of child car seat is best suited for them..

Type of car seat	Stage	Weight of child	Height requirement
Rear-facing child car seat	Baby/infant	Up to 9 kg (20 lb)	None
Forward-facing child car seat or Rear-facing child car seat, if the manufacturer recommends its use	Toddler	9-18 kg (20-40 lb)	None
Booster seat	Under the age of 8	18-36 kg (40-80 lb)	Under 145 cm (4 ft 9 in) tall

Your child can use a seatbelt alone when they reach any of the following milestones:

- Turns 8 years old
- Weights 36 kg (80 ) pounds
- Reaches a height of 145 cm. (4 foot 9 inches) or more

**Follow the recommendations from the manufacturer**

It's safest to keep your child in a child car seat or booster seat until they reach the maximum weight and height limits of the child car seat.

Most child car seats do not allow the use of aftermarket products and advise to not dress the child in bulky clothing or sports gear as it can compromise the fit of the harness.

### Buying a child Car Seat:

When purchasing a child car seat or booster seat, check that it has:

- National Safety Mark label which indicates that the seat complies with Canadian regulations and standards and is legal for use in Canada.
- An expiry date or useful life date that has not past
- All necessary components
- Instructions on how to use and install it
- No signs of wear, torn harness straps, stress marks or cracks
- Never been in a collision

**It's safest to let the child outgrow the child car seat before moving to a booster seat.**

Follow these steps to properly use your booster seat:

1. Only use a booster seat in a vehicle seat position that has both a lap and shoulder seatbelt.
2. Place the booster seat in the back seat away from an active airbag
3. Adjust the lap and shoulder belts. The shoulder strap lies centered across your child's (not the neck or face) and middle of the chest. The lap belt crosses low over the hips (not stomach). Do not use seatbelt adjusters.
4. Make sure your child's head is supported by the top of the booster seat, the vehicle seat or the headrest.

### When using a seatbelt on a child:

- Seat children under 13 in the back seat of your vehicle
- Each child should have their own seatbelt
- Make sure the shoulder strap lies centred across your child's shoulder and the middle of the chest (not the neck or face) and the lap belt crosses over the hips (not the stomach)
- Check that the shoulder strap is not under your child's arm or behind their back.



### Fines and penalties

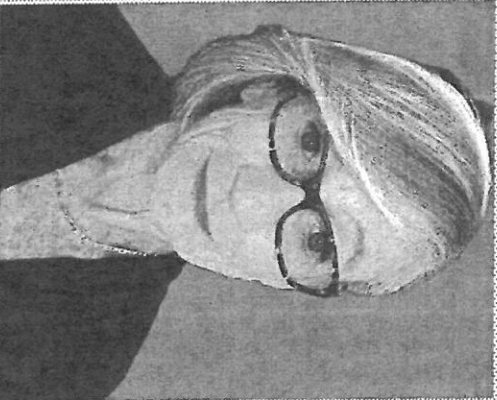
In Ontario, all driver – including visiting drivers – must make sure that children under the age of 16 wear a seatbelt and children under the age of 8 are properly secured in the correct child car seat or booster seat.

You can be charged under the Highway traffic Act for failing to secure a child under your care. If convicted, you can face:

- Fine of \$240

Exceptions:

- Two demerit points on your driving record
- A taxi transporting a passenger for hire
- Bus or public vehicle transporting a passenger
- Ambulance
- Vehicles that only have lap belts except from using a booster seat



**Deputy Mayor**  
**Carol Armstrong**

Welcome to the 6th newsletter for this term of Council!

The Municipal Operations Report for 2023 has been published, and selected metrics are included on page 2.

It's Budget time, so I'll share the latest on Municipal and County budgets. A more detailed breakdown in my next newsletter.

Trent Lakes is fortunate to have many residents who volunteer their time and energy to make our community stronger and better. They help those less fortunate and in need, they strengthen our economy, they protect and preserve our environment and heritage, and they support activities for our youth and seniors. Our Municipality is proud to be a leader in supporting volunteer efforts through Community Grants\*\*

**COMING...** The Municipality will be sending out a monthly e-newsletter starting April 2024. PLEASE sign up to receive this at: <https://mailchi.mp/trentlakes/sign-up>

Please do share your feedback on this newsletter, and on any municipal matters. I welcome your ideas!

**PHONE**

**705-457-7518**

**EMAIL:**

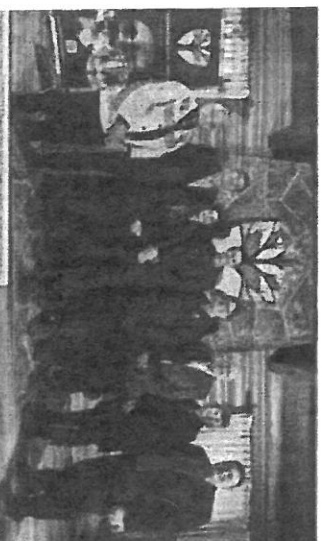
[caarmstrong@trentlakes.ca](mailto:caarmstrong@trentlakes.ca)

## TRENT LAKES

### DEPUTY MAYOR UPDATE

Highlights of Trent Lakes Council Meetings  
**December – February 2024**

- Budgets have been finalized at the Municipal and County levels. The tax rate increases for 2024 are:
  - 2.15% (Trent Lakes) which translates to an increase of \$8.53 per \$100,000 of MPAC assessed value, and
  - 5.69% (County) which translates to an increase of \$21.81 per \$100,000 of MPAC assessed value. (Note that the increase is driven by a 2.25% infrastructure levy and a 3.44 % increase in county operations and shared services.)
- The 911 emergency communications system is being upgraded to "Next Gen 911". The new system will locate callers through GIS technology (geographic information systems), enabling precise location of source call, especially cell phones and VOIP. Launching this year.
- A Roads Needs Study recommended a 10 year plan for maintenance, rehabilitation and reconstruction of all Trent Lakes roads. **Roads Review**
- A new Amphitheatre bowl is planned for construction at the Lakehurst Hall in 2024. **Amphitheatre**
- The Q4 and year end **Operations Report** has been published, documenting key staff activities in 2023.
- Recommendations for a revitalized Community Improvement Grant Program in Buckhorn were presented at an Open House March 7<sup>th</sup>. The new program will launch soon. **CIP**
- The Municipal Accessibility Plan has been reviewed and updated **Accessibility**
- The new Public Works, dedicated mechanics and recreation/facilities building north of Bobcaygeon is progressing on schedule and under budget. Completion is planned for fall of 2024.
- Community Grants\*\*. This year we awarded nearly \$60,000 to 15 deserving organizations.
- Kawartha Land Trust (KLT) purchased 1400 acre of lands on Pigeon Lake, in our municipality. The Hammer property is being considered for trails, conferences, education & other uses. **KLT Announcement**



NOTE: These are updates selected by me to keep the public informed. Any errors or omissions are mine alone. For more, and to see video recordings of past Council meetings, go to [www.trentlakes.ca/council/meetings-agendas-minutes/](http://www.trentlakes.ca/council/meetings-agendas-minutes/)

**Trent Lakes is proud to be a vibrant, resilient, sustainable and environmentally friendly community**

Total Social Media Followers  
**3,932**

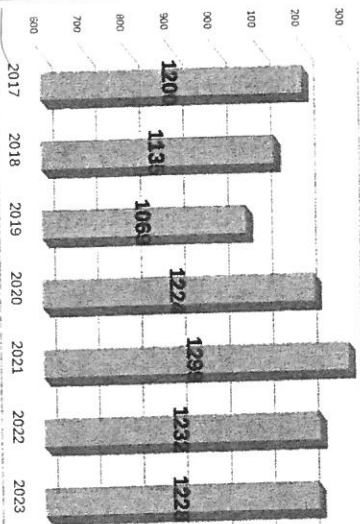
**NOTES**

Total website page views in 2023  
**186,408** vs  
**85,597** in 2022

- New dedicated staff ramping up public awareness and information

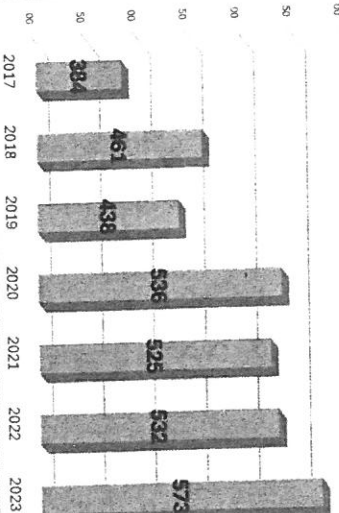
2023 Total Facebook Page Reach  
**95,738** people vs.  
**90,747** in 2022

- Garbage tonnage going down after COVID highs



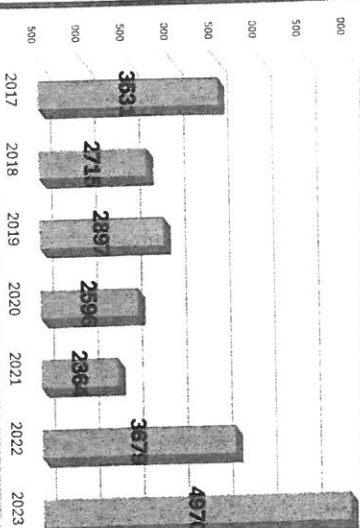
- 2023 Diversions from Landfill:
  - 77 tonnes organics
  - 269 mattresses
  - 944 tires
  - 45 tonnes electronics

**Fire Incidents**



- 70% of Calls are Medical
- 50% of calls are from Buckhorn FS and 30% from Nogies Creek FS

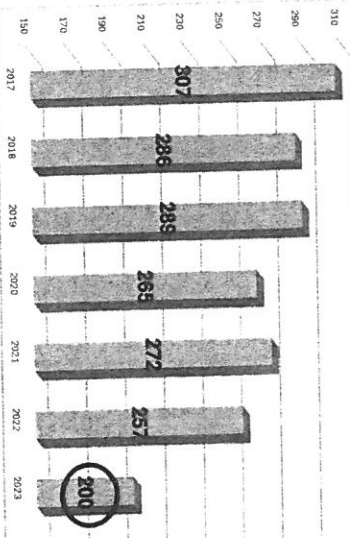
**Fire Personnel Training Hours**



- New Provincial legislation driving up training requirements and certifications

2023 Construction Value of Buildings  
**\$26,888,955** vs  
**\$39,156,884** in 2022

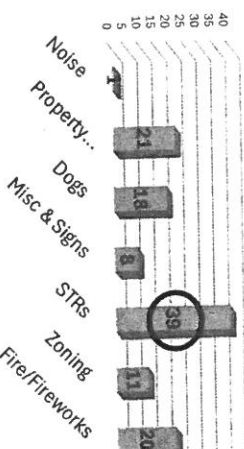
**Building Permits Issued**



**2023 Bylaw Complaints**

**118** vs  
**106** in 2022

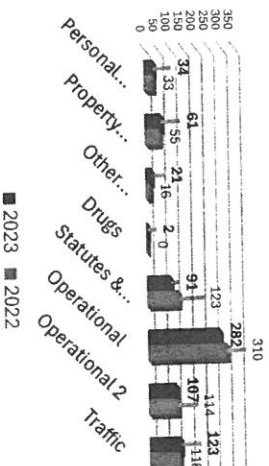
**2023 Bylaw Complaints**



**2023 OPP Service Calls**

**721** vs  
**769** in 2022

**OPP Calls\***



**\*Call Reasons**

- Statutes** – Mostly Mental Health, Landlord/Tenant, Trespassing
- Operations 1** – Mostly Noise, Disputes, Domestic
- Operations 2** – Mostly False Alarms, 911 Hang ups, Keeping the Peace

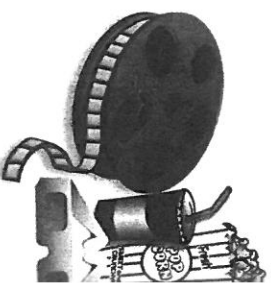
**Movie Night**

For several years we held a movie night once a month at the Cavendish Community Centre. The Cavendish Youth Group would purchase two of the latest releases and we would have a movie for the children followed by a movie for the adults.

Movie night at the Cavendish Community Centre will be resuming the last Friday evening of April. The first movie will be for the children and it will start at 6:30 and the second movie will be more for the adults.


The children are encouraged to bring a blanket and pillow so that they can get comfortable for the viewing.

Popcorn, juice boxes and water will be available.





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[Rwickett1976@gmail.com](mailto:Rwickett1976@gmail.com)

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Thorn Lakes, Ontario

# Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive  
Trent Lakes, Ontario, K0L 1J0

## Application for/Renewal of CCRAI Membership

## Membership Fees

I am RENEWING my membership for 2024      \$20.00 per household

I am APPLYING for membership for 2024      \$ \_\_\_\_\_ Additional Voluntary Donation

I am donating to CCRAI Lake and Water Quality Programs      \$ \_\_\_\_\_

Name of Member/Applicant: \_\_\_\_\_

Additional Member in Household: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cavendish Phone: \_\_\_\_\_

Do you prefer to receive your yearly newsletter electronically via email? \_\_\_\_\_

Email Address: \_\_\_\_\_

Cavendish Address (Lake/Lot & Conc): \_\_\_\_\_

Waterfront:      Yes      No

**We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.**

**Saturday June 22, 2024 – 10am-12:00pm – Public Meeting**

**Live at the Cavendish Community Centre and via Zoom**

**Saturday August 17, 2024 – 10am-12:00pm – AGM and Public Meeting**

**Live at the Cavendish Community Centre and via Zoom**

**Join us in person at the Cavendish Community Centre or via Zoom. Zoom invitations will be emailed out in advance and you can connect via laptop, tablet, smart phone or land line phone.**

**Everyone welcome. Stay informed. Be heard. Make a difference**

For online payments, please email in the form and email/E-transfer the membership fee to [CCRAIMAIL@GMAIL.COM](mailto:CCRAIMAIL@GMAIL.COM). You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiaassociation.wordpress.com>



### **Mudje Cottage Care**

Bill and Marina Mudje Working and Living on the Catchacoma Chain of Lakes

- Tree cutting and brush removed
- Lawn care, mowing and whipper Snipping
- Leaf blowing and raking
- Gutter and eves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

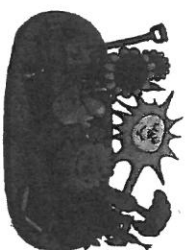
705-657-1694 cell  
Or 705-400-7795

[Marinamudje@gmail.com](mailto:Marinamudje@gmail.com)

12/24



### Do you Enjoy Gardening?



Like to grow vegetables but just don't have the space for a garden? I have the garden but little experience, I need help with the planting and maintenance. Would be happy to share the work and the produce from the garden.

If interested please contact Rick @ 705-657-3600



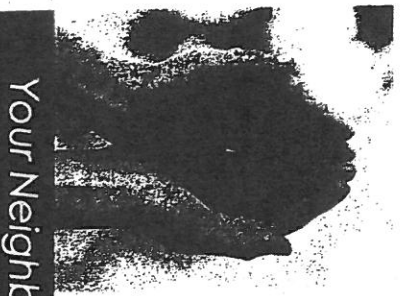
## Games Night Cavendish Community Centre Every Saturday Evening @ 7 p.m.

Come out to the Community Centre and join your neighbors and enjoy an evening together. Bring a snack and your favorite game to share. We also have lots of games on hand that you can check out as well. Everyone is welcome!



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\*OAC. Some conditions apply.



### Your Neighbourhood Mortgage Professional

**Melanie Grace Keough**

Mortgage Agent Level 1

T: (705) 308-4971

[mkeough@mortgagealliance.com](mailto:mkeough@mortgagealliance.com)

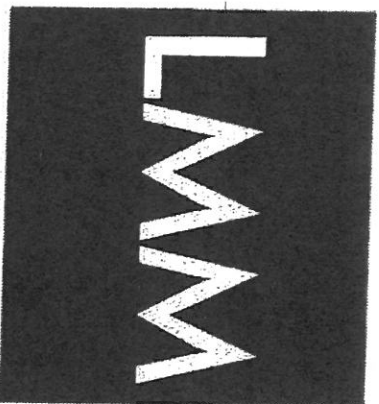
<https://www.mortgagealliance.com/MelanieGraceKeough>

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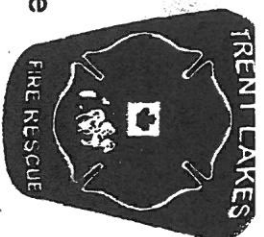
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## Fire safety during power outages and floods

The following tips will help reduce fire risk during a power outage:

- Make sure your home has battery-operated smoke alarms and carbon monoxide alarms. Electrically connected smoke alarms and carbon monoxide alarms will not work when the power is out unless they have battery back-up.
- Use flashlights or battery-operated lanterns instead of candles or hurricane lamps. IF using candles, place them in a secure holder and cover them with a glass chimney, away from children and pets.
- Only use propane and charcoal barbecues outdoors. Do not bring them inside.
- Purchase generators with recognized approval labels. Make sure the unit has proper connection receptacles and circuit breakers.
- Only use portable generators outdoors and ensure that exhaust fumes do not enter the home. Allow the generator to cool before refueling. Refuel the generator outside, following the manufacturer's instructions – store fuel for the generator in approved containers outside the home.
- Use only portable space heaters that have been designed for indoor use and follow the manufacturer's instructions. Provide adequate ventilation by opening a window slightly while the heater is in use. Before refueling, turn off the heater, wait for it to cool and take the heater outside to refuel.
- Make sure electric stove elements and small appliances are off or unplugged to prevent fires from occurring when the electricity is restored.
- Have at least one phone that does not require electricity to operate. Cordless phones will not work when the power is out.

## Dates to Think About

- 1<sup>st</sup> – April Fool's Day
- @5<sup>th</sup> anniversary of the creation of Nunavut
- 4<sup>th</sup> – Carrot Day
- 7<sup>th</sup> – national no Housework Day
- 8<sup>th</sup> – The solar eclipse will be visible
- 8<sup>th</sup> – 15<sup>th</sup> – National Dark Sky Week
- 10<sup>th</sup> – National Farm Animals Day
- 14<sup>th</sup> – Happy National Gardening Day
- 22<sup>nd</sup> – Earth Day
- 22<sup>ne</sup> – 29<sup>th</sup> - Passover
- 23<sup>rd</sup> – Full Pink Moon
- 26<sup>th</sup> – International Stop Food Waste Day

## It's a Part of Our History

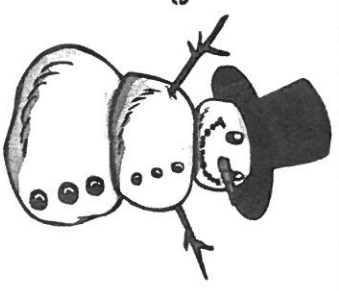
### Manley's Landing (con')

As the Manley's' grew older they gradually wound down the operation. At this same time a St. Catharine's area couple were just realizing a long-held dream to own their own business, they wanted to get away from city life. Bob and Bernadette Plug and their three children were on a snowmobile trip with friends and made a stop for lunch at Trapper's Inn. It was such a beautiful area they decided to come back and when the Manley's put the Landing up for sale in 1977. The plugs made an offer, bought the marina and bean turning it into a full-scale family operation.

New owners also brought about a new name – Baldwin Bay Marina. By 2005 the business now had four large storage shed, sales and repair areas, and a greatly expanded store. Baldwin Bay marina had grown in size and scope. In addition to their other services they added aluminum boats and pontoon craft to their marina sales and services.

Bob and Bernadette were both very involved in their community. Though their summers were very busy they both still found time to volunteer for the Galway Cavendish Fire Department and they were both involved with the development of the Cavendish Culture and Recreation Committee – they were part of a small group of volunteers that spear headed the construction of the Cavendish Fire Hall – Station #2.

The summers were hectic and the winters could often be tedious, but they never regretted their decision they made all those years ago.



### **Snowman Contest**

There wasn't a lot of snow this winter but we did see one very impressive snowman that was built during one of the first significant snowfalls that we did have. The Cadigan family (Luke, Lauren, Marlo and Eli) built a very large snowman in front of their home on the 507 and they are the winner of this year's snowman building contest.



Cavendish Branch Library



"SPRING INTO A GREAT BOOK" at the Cavendish Branch Library!

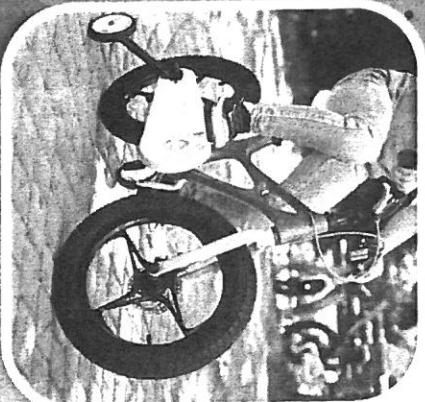
A few new book arrivals: Tommy Orange's *Wandering Stars*; Maria Frances' *Daughters of Warsaw*; Ashley Tate's *Twenty-Seven Minutes*; and Brad Taylor's *Dead Man's Hand*.

Come out to the Cavendish Branch Library Wednesdays and/or Saturdays and bring your knitting, a cross word puzzle or just enjoy some social time and we will supply the coffee/ tea or hot chocolate! Whether you have a library card or not, all are welcome.

**LIBBY** is always available for e-books, e-audio books, and magazines with a valid Trent Lakes library card. Both Trent Lakes Library branches offer free access to Wi-Fi. During non library hours, access is always available outside of the buildings.

## **Call for donations!**

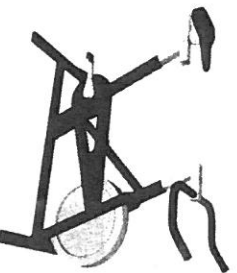
### **BIKE: The Peterborough Community Bike Shop is looking for used kids bikes!**



Used kids bikes will be refurbished as part of BIKE's "Kids Bike Build" on April 14th. Refurbished bikes are donated to local families in need, through partner organizations.

For more info about Kids Bike Build or how to donate:  
Call BIKE at 705-775-7227  
or email [info@communitybikeshop.org](mailto:info@communitybikeshop.org)

**Donation deadline: April 10th**



### **Exercise Bike**

Looking to purchase or borrow an exercise bike for someone who just had a knee replacement. It doesn't have to be fancy, just something to help her get back on her feet again. If you are able to help out please contact

Rick@ 705-657-3600. Thanks!

## It happened this Month....

- April 1<sup>st</sup>, 1916 – Actor John Drainie was born.
- April 8<sup>th</sup>, 1875 – The North-West Territories becomes a political entity.
- April 10<sup>th</sup>, 1928 – Jazz musician Fraser MacPherson was born.
- April 13<sup>th</sup>, 1938 – Conservationist, and author Grey Owl dies in Prince Albert, Saskatchewan. Shortly after his death, the North Bay Nugget published an article revealing the Grey Owl was a fraud and had no Aboriginal heritage.
- April 15<sup>th</sup>, 1800 - explorer James Clark Ross was born.
- April 19<sup>th</sup>, 1884 – After mounting pressure from missionaries and others, the federal government amends the Indian Act (effective January 1<sup>st</sup>, 1885) to ban the potlatch ceremony of British Columbia's Aboriginal peoples. These highly regulated ceremonies involved feasting, spirit dances, theatrical demonstrations, and the distribution of gifts.. Potlatches were held to celebrate, to mourn the dead, and to mark the investiture of chiefs. The law was repealed in 1951.
- April 21<sup>st</sup>, 1926 – Senator Keith Davey was born.
- April 26<sup>th</sup>, 1895 – Nova Scotia born Joshua Slocum sets out in his small boat, the Spray from Boston Massachusetts, on his voyage around the world. He spent three years, two months, and three days in a boat measuring just under fifty-nine square metres, completing the trip to Newport, Rhode Island, on June 27<sup>th</sup>, 1898. With his arrival, Slocum became the first man to sail around the world alone.
- April 26<sup>th</sup>, 1904 – Roman Catholic cardinal Paul-Emile Leger was born.
- April 30<sup>th</sup>, 1913 – Folklorist Edith Fowke, an avid collector of folk song recordings, is born in Lumsden, Saskatchewan. Her collections, held mostly at the University of Calgary and at York University in Toronto, afford a fascinating glimpse into the lives of working Canadians.

# Good Buy Room Thrift Store

## Hours:

Thursday and Friday 10 am - 4 pm

Saturdays 10:30 am – 2:30 pm

Lakehurst Road  
Buckhorn  
(Below Buckhorn Library)

## Burn Permits

Burn Permits are required - you must have a permit for ANY open air burning. Fire Permits are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301.

### 507 Express Subscription

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

Name: \_\_\_\_\_

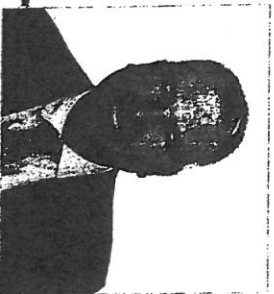
Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Please make cheque payable to: Cavendish Culture and Recreation Committee

Mailing Address: Cavendish Culture and Recreation Committee

32 Community Complex Drive,  
Trent Lakes, Ontario  
K0L 1J0



**Randy ROSS, REALTOR®**  
**CENTURY 21** United Realty Inc. BROKERAGE

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I am not just selling a property and building; I am selling a lifestyle that I enjoy and am extremely passionate about.

Big or small, water or road access, new or lifelong family treasure - I have the knowledge and experience to showcase your property the way it deserves.

If you are thinking of selling, please contact me for a no obligation meeting to discuss your unique property, the current market trends and how I will showcase your property to its best potential.

Independently owned & operated. Not intended to solicit those currently under contract with a brokerage.



03/25

## RICK ASLING PLUMBING

Please be advised that no matter what you might read on Google, Rick is still open for business.

For all your plumbing need please call:

**705-657-3600**

There is an answering machine but for best results please call between 7 and 10 p.m. and talk to Rick.

12/24





Landscaping  
Armour Stone  
Lot Clearing  
Foundations  
Septic Systems  
Property Maintenance  
and much more....

Connor

705-930-3901

Jim


705-933-0420

04/24

## NEW HOURS

Thursday to Monday 7 a.m. to 6 p.m.

Closed Tuesday and Wednesdays



# THE CATCH

Fast Food Take-Out

705-313-9947

05/23



# Puzzling Times

## ACROSS

1. Be optimistic
5. Roe source
9. List shortener
13. Crush
17. Dutch cheese
18. Glorioso
19. Buck lead-in
20. Golden Rule word
21. Puerto \_\_\_\_\_
22. Stench
23. Emma Lazarus, e.g.
24. For men only
25. Michael Keaton film
28. Millennial Church members
30. Conger
31. Categorize
33. Zeno's birthplace
34. King of Judah
37. Avec's opposite
40. Mexican bull
42. Storage place
45. Guy's date
46. Spectacle
48. Bathtub mark

50. Ms. Ward
51. Zounds!
53. Occasion
55. Chair
57. Use a saw
58. Studio stand
60. Civil rights surname
62. Washes off
64. California newspaper
68. Mischievous
71. Decade units
72. Swift
76. Oliver North's rank: abbr.
77. Lose steam
80. Part of NASA
82. Not taped
83. Scheider and Rogers
85. Salon job
87. Rascal
89. Sheltered part
90. Single
92. Dud

94. The Magi, e.g.
95. Psychic's gift: abbr.
96. Pinnacle
98. Sufficient, once
100. Wichita to Tulsa direction: abbr.
102. Chicago newspaper
105. Julius Wechter song
111. Baltic port
112. Skip
114. Mother of Pollux
115. Class list
116. Folk singer Phil \_\_\_\_\_
117. Far-reaching
118. Vase-shaped jug
119. Sinister
120. Court dividers
121. Mix
122. Remain
123. Army meal

## DOWN

1. Rosemary, e.g.
2. Garfield's pal
3. Tempo
4. Overact
5. Aplet bearer
6. Muslim pilgrimage
7. Reipe or Matty
8. Novelist Lessing
9. Japanese ruler

10. Auto racer Fabi
11. Bronze and Stone
12. Wood shaper
13. Civil War weapons
14. Pangolins
15. "A \_\_\_\_\_ Is Born"
16. Razorbacks
26. Minus
27. Foldup bed
29. According to Baseball's Speaker
34. Awry, in London
35. Long tale
36. Cry of woe
38. No way!
39. 1983 Indy 500 champ
41. Undivided
43. First name in tennis
44. Beansies
47. Foe
49. Attire
52. An Arraz
54. Steppe's lack
56. Layer
59. Final
61. Crackles
63. Radio-host

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								120				121			

93. Burst
97. Comes down in flakes
99. Cambria, today
101. Actor Zimbalist, Jr.
102. Disney flick
103. Paddy grain
104. Exude
106. Mr. Gingrich
107. Concept
108. Tennis term
109. Yale students
110. "\_\_\_\_\_ Well That Ends Well"
113. Indonesian town
105. Conan
65. Salsa scooper
66. Stretch of land
67. Felix's roommate
68. Neutral hue
69. Diving bird
70. Lightest boxer
73. Heap
74. Singer Burl \_\_\_\_\_
75. Profound
78. Game official
79. Perry's creator
81. Go-between
84. Food fish
86. Brute
88. Ritzy
91. Actress Joanne \_\_\_\_\_

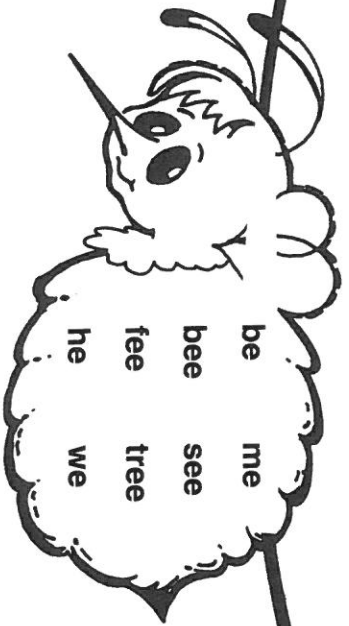
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# Kid's Page...

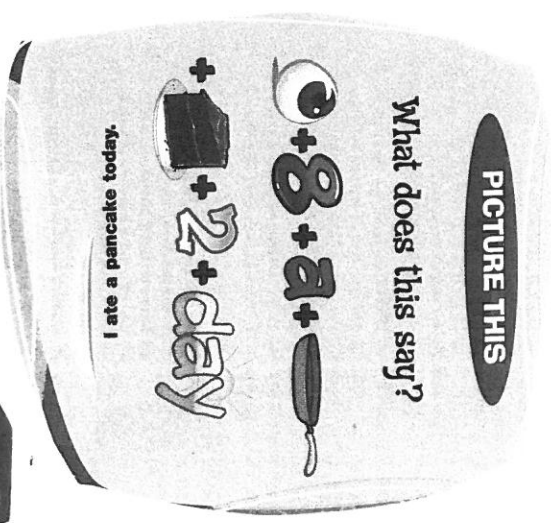
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 a u h w o x e g n e  
 b t m h g o k h o n



be me  
 bee see  
 fee tree  
 he we

**Word Power**  
 What does it mean  
 to **chortle**?  
 a) to cough  
 b) to laugh  
 c) to slip

Answer: (b)

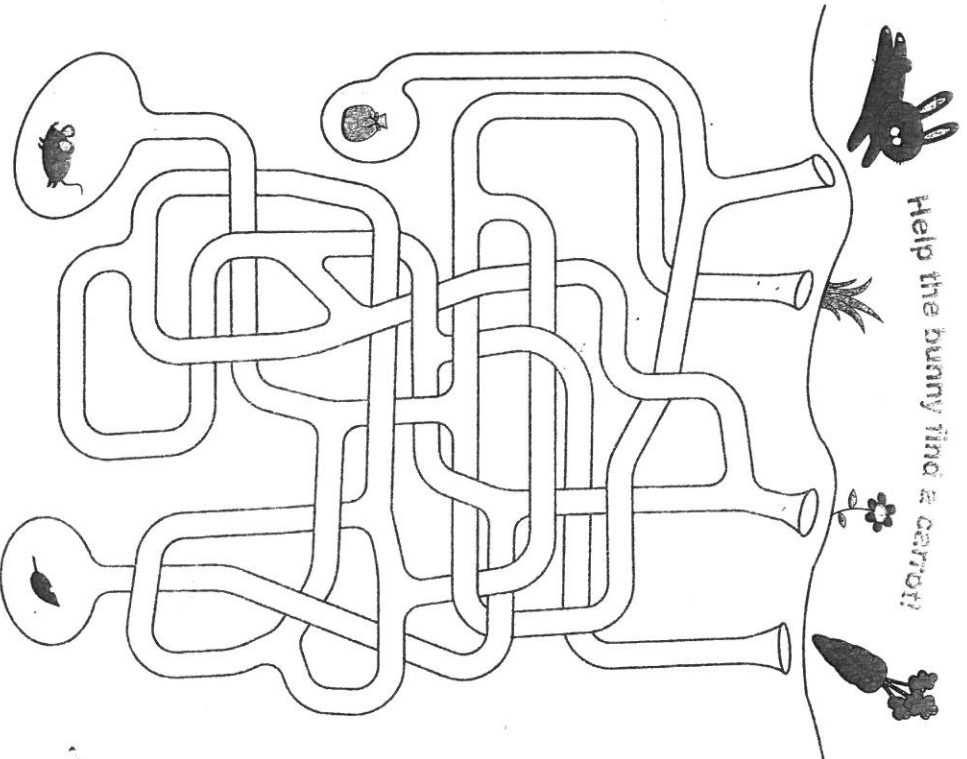
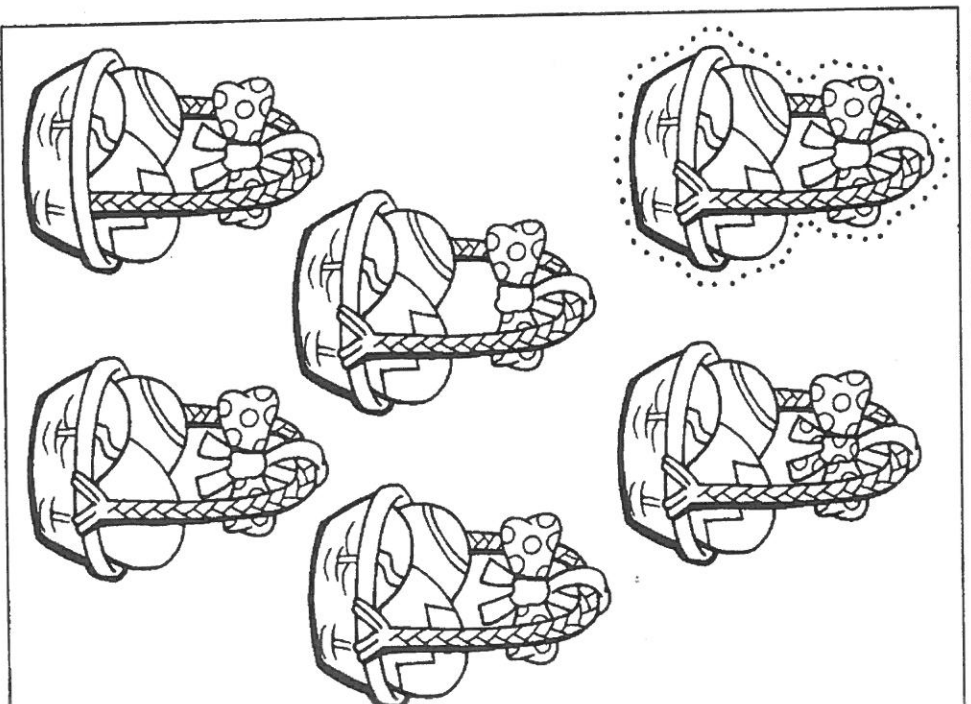


PICTURE THIS  
 What does this say?

I ate a pancake today.



Find the identical twin



Help the bunny find a carrot!



**Peterborough  
Public Health**

Serving the residents of Curve Lake and Hiawatha First Nations,  
and the County and City of Peterborough

**Communications Office**

705-743-1000, ext. 220

Jackson Square, 185 King St., Peterborough, ON

Twitter | Facebook | Instagram  
[www.peterboroughpublichealth.ca](http://www.peterboroughpublichealth.ca)

## Have You Had Your Measles Vaccine?

*Residents are encouraged to get up to date with their measles vaccines*

Measles cases are rapidly increasing globally. In Ontario, five cases of measles have been reported over the past few weeks. Peterborough Public Health (PPH) is strongly urging residents, especially parents of young children, to review their immunization records and get up to date with measles vaccines.

"There are cases in the country being linked to travel. For those travelling this time of year, we are urging residents to avoid bringing home measles as their souvenir," says Dr. Thomas Piggott, Medical Officer of Health and CEO for Peterborough Public Health. "Measles is a highly infectious virus that can be deadly for those who are not protected. Receiving a vaccine is the best protection against an infection."

Dr. Piggott adds, "Children who have not received the measles vaccine and pregnant individuals are at the highest risk for a measles infection. Vaccination against measles is the best way to avoid an infection." Two doses of the Measles, Mumps, Rubella (MMR) vaccine or the Measles, Mumps, Rubella, Varicella (MMRV) vaccine are available free of charge for everyone in Ontario from a healthcare provider. While immunization may take 2-3 weeks to provide full protection, ensuring protection before travel for March break, or being protected in general, is still important for everyone.

Residents are encouraged to review their immunization records online or over the phone, consult their yellow book record or contact their health care provider to determine if they are protected against measles. **Residents born after the year 1970** who have not had a measles vaccine or who are unsure about receiving a measles vaccine are encouraged to receive at least one dose before travelling from their health care provider. **Residents born before 1970** are assumed to have had measles in childhood and considered protected, although in some cases after discussion with your health care provider on individual risk vaccination is still considered. Staying up to date with the measles vaccine is still recommended for those who have returned from travel or do not plan to travel.

Those who have returned from travel are encouraged to monitor for signs and symptoms of measles. Symptoms usually appear 4-14 days after exposure to the virus and include,

- Runny nose
- Cough
- Red and watery eyes
- High fever
- Small white spots inside the cheeks and mouth
- Rash typically presents day 7-18 and can appear all over the body

If you experience any of these symptoms after travel please contact your healthcare provider via phone and avoid attending any public settings.

If you believe you have been in contact with the measles virus while travelling, it is recommended you,

- Return to Canada wearing a well-fitting mask (preferably N95/KN95 style)
- Limit unnecessary contact with others
- Monitor closely for symptoms

### Specializing In:

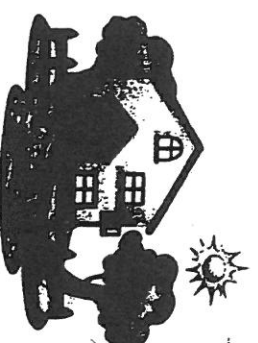
- Landscaping/Hardscaping
- Excavation
- Septic Installation
- Road Grading
- Stump Grinding/Lot Clearing
- Aggregate Haulage and More!



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## HOUSEHOLD HINTS

- Need an air freshener – simmer vinegar or herb mixture in a small amount of water.
- Did you burn your pot? Make a past of ¼ cup soda, 1 teaspoon salt and ½ cup vinegar with water and bring to boil in burned on pot. Cleans up easily. If necessary, repeat process.
- Replace salt with sand, birdseed or grass seed to reduce slippery walkways in the winter. The salt will damage grass in the spring.
- To clean spills in a microwave oven, cover the spill with a damp paper towel and turn the oven on high for ten seconds. The mess will wipe up easily when the oven cools.
- A screw will be easier to insert if you push it into a bar of soap first.
- Put a drinking straw over your oil-can spout when oiling hard to get to places.
- To remove a broken light bulb, turn off the lamp, then press a thick, dry sponge onto the jagged bulb base and twist gently.
- Trying to find a wall stud? Gently run an electric razor along the wall. When the razor runs across the stud, the tone of the buzzing will change.
- Keep a color-code record. On the back of the light-switch plate, write down the colour and amount of paint used in each room.
- Rough red hands – place ½ teaspoon of sugar in the palm of your hand and cover sugar with mineral or baby oil. Massage hands briskly for a few minutes. Wash hands with soapy water and they'll feel like silk.

## FLYNN'S STORE

1447140 Ontario Ltd.

County Road 507 & County Road 36

Chip Truck  
On Site

Quality Products and Service

Hours: 6:30 a.m. to 6 p.m.

ATM Machine, ATV Trail Passes, Baked Goods



'08/

## Recipe of the Month

### DEVILLED CHICKEN WINGS

2 1/2 lb wings, trimmed and separated	1/4 tsp ground pepper
4 cloves garlic, chopped	2 Tbsp olive oil
4 Tbsp soya sauce	4 Tbsp Dijon mustard
1/4 tsp salt	1 cup dry fine bread crumbs

Mix garlic, soya sauce, olive oil and mustard together in a large bowl. Add wings and coat evenly. Add bread crumbs, salt and pepper and stir again to coat wings with crumbs. Preheat broiler and place wings on broiler rack. Broil 15 to 20 minutes or until browned and cooked through.

Place on a platter and serve with plum sauce. Mmm good.



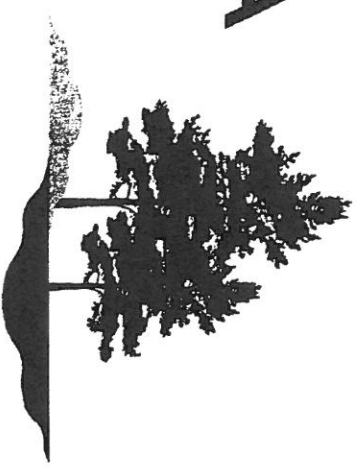


## Gardening Tips

- Rake out dead grass from lawns and seed bare patches.
- Give your lawn its first and most important fertilizer feeding of the year.
- Get outside and enjoy the fresh air while doing your Spring Clean Up.
- Apply Crabgrass Control if crabgrass was present last fall.
- Plant Sweet Peas and Larkspur seeds outdoors for summer bouquets.
- Prune Clematis varieties that bloom on this year's stems.
- Plant deciduous trees, shrubs and evergreens. Put in supports for Delphiniums, Peonies and other tall perennials.
- Plant beets, carrots, lettuce and radishes. Seed a few every two weeks until July for a continuous harvest.
- Sow potato and onion sets outdoors. Start tomato, melon, cucumber and squash seeds indoors.

# CATCHACCOMA MARINA

Serving Cottagers & Community



## CONVENIENCE STORE FULL SERVICE MARINA

Marine Repair · Boat Cleaning & Detailing  
Canoe & Boat Rental · Winterizing & Storage



705-657-3354

OPEN MAY–OCTOBER

[catchacommarina.com](http://catchacommarina.com)

07/24

### Spring has Sprung!

Officially spring has arrived, though the snow has decided to come back for one last hurrah! It is that time of the year when we all have had enough, and are ready for spring to be here for real, not just teasing us with nice weather for a few days.

It's time to open the windows and air out the house. Clean the windows and sort out the closets and declutter the house. When you are going through this process please think of the Cavendish Community Centre and their annual yard and Hidden Auction sale. These event helps to support the activities of the Community Centre and the production of the 507 Express.

If you have items that you would like to donate and don't want to wait till July for the yard sale they can be dropped off at the Community Centre during regular Library hours on Wednesdays and Saturdays or by contacting Jonathan or Kathy at 705-657-8912. Unfortunately we cannot accept computers, televisions or couches but are happy to accept donations of gently used items for the yard sale and new items for the Hidden Auction.

Thanks to everyone for supporting our fundraising efforts – it is greatly appreciated.

# The Bucco



## Spring Dinner Theatre Tickets

go on sale

Wednesday March 6 at 9:30am

**Performance dates ~ April 19 - 21 & 26 - 28**

The Hall's Bridge Players will be presenting a Comedy (more information coming soon)

Tickets are \$50 and include, salad bar, roast beef dinner, dessert, coffee/tea, cash bar.

Friday & Saturday doors open at 5:15, dinner at 6pm, play to follow

Sunday doors open at 3:45pm, dinner at 4:30 play to follow

Phone calls will be taken for tickets after 10:30am on March 6. No emails please

HOSTED BY RAFFLEBOX

## The Firefighters' Association Of Trent Lakes

### 50/50 RAFFLE DRAW FUNDRAISER

Funds raised will support organizations such as Trent Lakes Outreach Centre, local food banks, Camp Bucko, Buchhorn Public School, the Kinmount Legion, Team 55 and Canada 911 Ride!

The winner will be contacted by phone to claim their prize.

**SCAN THE QR CODE OR HEAD TO THE LINK TO  
PURCHASE YOUR TICKETS NOW!**

[HTTPS://WWW.RAFFLEBOX.CA/RAFFLE/FIREFIGHTERS-TRENT-LAKES](https://www.rafflebox.ca/raffle/firefighters-trent-lakes)



**LOTTERY CLOSES APRIL 30 AT 6 P.M. DRAW WILL BE HELD THE  
EVENING OF APRIL 30**

# BIRTHDAYS & ANNIVERSARIES!



**BIRTHDAYS**  
THIS MONTH

4<sup>th</sup> Harold Dalton  
5<sup>th</sup> Ric Mackey  
Austin Pearce  
6<sup>th</sup> Nick Cadigan  
Jenna Cadigan  
Nicholas Callan  
7<sup>th</sup> Sarah Lakatos  
11<sup>th</sup> Dalton Smith  
14<sup>th</sup> Barbara Hawkins  
Jade Peeters  
19<sup>th</sup> Cynthia Longa  
20<sup>th</sup> Terry Higgins  
22<sup>nd</sup> Katie Herdman  
Terry Lambshead  
23<sup>rd</sup> Adam Shepski  
26<sup>th</sup> Doris MacLellan  
Keith Leckie  
30<sup>th</sup> Rick Asling



Happy Anniversary

15<sup>th</sup> Julia & Aidan Sawyers  
24<sup>th</sup> Mary & Lance Coulthard

If you would like to have a birthday or anniversary added please  
contact [Kathy@705-657-8912](mailto:Kathy@705-657-8912) or [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

Ontario Certified Marine Mechanics

Custom Docks

Service Calls

Gas & Propane

General Store

Boat & Snowmobile storage

Meat supplied by the Butcher Shoppe

NEW & USED boat, snowmobile,  
trailer & ATV sales

Painting & Structural repairs:

fiberglass, aluminum, gel coat, etc.

Shrink wrap & Winterization

Tops: new & repairs

Prop repair

Boat & Canoe Rentals

Snowmobile & ATV repairs

Insurance Claim handling

Spring water

Welding

## Call, we fix them all!

### 705-657-9088



Ontario Certified Marine

Mechanic on duty

Monday-Friday

April Store Hours:

9am-4pm

Closed Sunday

## Customer Service is #1!





## Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

Cleaning Available



Please call: 705-761-5216

## CARPENTRY

STAIRS SHEDS

DOCKS DECKS

CALL JR @705-657-2143

## BUTTERARTS

Made Special just for You!



\$2.50 each, \$12.00 for six, \$24.00 for a dozen

Contact Lauren @ 705-977-1886

SCENTSY  
INDEPENDENT CONSULTANT

TIFFANY LAURA

705-875-0974

tiffany.warren@gmail.com

tiffanylaura.scentSY.ca



Need some help around the  
house?



Help Is Just  
a phone call away!  
705-657-7455

Whether you're looking to make a major renovation to your home  
or you've accumulated a list of small repair projects

HELPING HAND can help.

Installations, repairs, renos, maintenances  
Local family based business since 2008

Visit

<https://helpinghandhandymanservices.com>

We do it all!

## GET OUT & STAY OUT!



In case of fire, don't try to  
save possessions -  
go directly to  
your meeting  
place.



If your ad is not in this issue it may because it has expired!

## Cavendish Key Contact Information

### Trent Lakes Municipal Council:

Mayor	Terry Lambshead	705-927-4968	<a href="mailto:tlambshead@trentlakes.ca">tlambshead@trentlakes.ca</a>
Deputy Mayor	Carol Armstrong	705-657-7518	<a href="mailto:carmstrong@trentlakes.ca">carmstrong@trentlakes.ca</a>
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	<a href="mailto:jcadigan@trentlakes.ca">jcadigan@trentlakes.ca</a>
Councillor – at large	Peter Franzen	705-738-1486	<a href="mailto:pfranzen@trentlakes.ca">pfranzen@trentlakes.ca</a>
Councillor – Harvey	John Braybrook	705-731-9871	<a href="mailto:jbraybrook@trentlakes.ca">jbraybrook@trentlakes.ca</a>

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

### Municipal Service Contacts:

Municipal Office	Fax: 1-705-738-3801	1 705-738-3800	or 1-800-374-4009
Municipal Website	<a href="http://www.trentlakes.ca">www.trentlakes.ca</a>		
Fire Chief	Steve Brockbank	1-705-738-3800	ext. 230
Deputy Fire Chief	Shaun Moore	1-705-738-3800	ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800	ext. 221
Chief Building Official	Barbara Waldron	1-705-738-3800	ext. 225
Cavendish Transfer Station	Don & Blaine	705-657-2490	

### Community Service Contacts:

Cavendish Culture and Recreation	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
Cavendish Community Centre		705-657-1192	
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
507 Express – Editor	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
Helen Bowen Branch Library	Sue Warren	705-657-1192	or 705-657-8912
Trent Lakes Outreach Centre-foodbank		705-768-3590	<a href="https://tlocfoodbank.wordpress.com/">https://tlocfoodbank.wordpress.com/</a>
Cavendish Youth Group	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
King Sports Pad – Rink	Molly Cadigan	705-657-2743	

### Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

President	Gary Jarosz	1-905-472-6816
Vice President	Robert Taylor-Vaisey	1-416-264-4601

### Cottage Association Presidents/Contacts:

Catchacoma Lake	Ric Mackey	<a href="mailto:rmackey@bell.net">rmackey@bell.net</a>
Picard Lake	Paul Stenton	<a href="mailto:pstenton@ryerson.ca">pstenton@ryerson.ca</a>
Mississauga District	Carol Thomson	<a href="mailto:carolt@golden.net">carolt@golden.net</a>
Mississauga –Gold Lake Road	Katie Tingley	<a href="http://mglakeroadgroup.com">mglakeroadgroup.com</a>
Beaver, Cavendish, Bottle & McGinnis	Bryan West	<a href="mailto:brywest3@gmail.com">brywest3@gmail.com</a>
Greens Lake	Darren Wilcox	
Gold Lake Road Association	Greg Harper	705-657-9128
Ratty's Narrows Road	Jamie Langer	705-657-2573

### Cavendish Landfill Site Hours of Operation

**Summer Hours:** April 15<sup>th</sup> to September 15<sup>th</sup>: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

**Winter Hours:** September 16<sup>th</sup> to April 14<sup>th</sup>: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

**Closed:** Christmas Day, New Year's Day, Family Day & Easter Monday

**Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301**

**Burn Permits:** available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

### Babysitters:

Ethan Harran	705-930-5159
Desiree Callan	705-657-1942
Clover Parent	705-808-2353

### Pet Sitting:

**EMERGENCY NUMBER: 911**  
**Police Non-Emergency 1-888-310-1122**  
**Ontario Hydro: 1-800-434-1235**



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Art Group	Youth Group	Library 10-4 Tiny Tots	Euclre Scrabble		Library 10-4 Games Night
7	Art Group	Youth Group	Library 10-4 Tiny Tots	Euclre Scrabble		Library 10-4 Games Night
14	Art Group	Youth Group	Library 10-4 Tiny Tots	Euclre Scrabble		Library 10-4 Games Night
21	Art Group	Youth Group	Library 10-4 Tiny Tots	Euclre Scrabble	Movie Night	Library 10-4 Games Night
28	Art Group	Youth Group				