

The 507 Express

Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

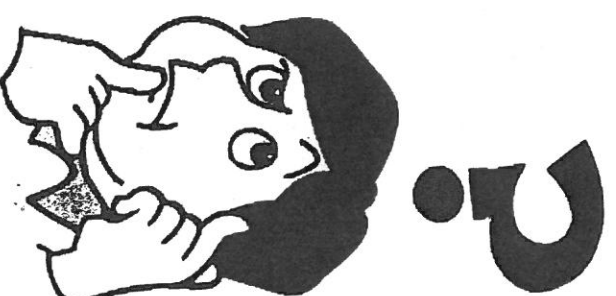
This Month:

- Genealogy Workshop
- Dockfest 2024
- When every Second Counts
- The Family the Plays Together
- Local Environmental Hero
- Drought
- Extreme Heat
- Catchacoma Forest Conservation
- Charity Dinner

507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15th of the month.
- Advertising as follows:
 - Classified - \$2.00 per month
 - 1/8th page - \$5.00 per month
 - ¼ page - \$10.00 per month
 - ½ page - \$15.00 per month

- Kind words can be short and easy to speak, but their echoes are truly endless.
- I take back all those times I didn't want to take a nap when I was younger.
- Nothing is worse than that moment, during an argument, when you realize that you are wrong.
- Real friends have no problem with silence.
- Isn't it strange that boxing rings are square?
- Saver the moments that are warm and special and giggly.
- Why do tug boats push their barges?
- Why do we sing "Take me out to the Ballgame" when we are already there?
- How long a minute is depends on which side of the bathroom door you happen to be.
- Why is it called "after dark" when it's after light?
- Friendship doubles our joy and divides our grief.
- Please, Lord, let me prove that winning the lottery won't spoil me.



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns, letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

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Donations towards publication are gratefully received!

Pickleball Tournament 2024

Thank you to all the players who came out for the inaugural Pickleball Tournament on Carnival Day! We were blessed with perfect weather and everyone enjoyed themselves!

Congratulations to our winners, the Cottage Crawlers – Vicky Elmslie & Michael Olejnic! And to our 2nd and 3rd place finishers: **Pickle Martini – Scott Luscombe & Denice Harrison** and **Pickleball Gangsters – Cathy & Dave Sturdee.**

Thank you to:

- Mark Eveleigh at **The Catch** for sponsoring the tournament and the amazing t-shirts he had made for our top 3 finishers.
 - Ric Mackey for making the trophy
 - Kathy Warren for getting the trophy engraved with the winners names, which will be on display in the Community Centre
- Mayor Terry Lambshead for presenting the trophy to our winners!

Sarah Mortimer



Just to add to Sarah's words, the Cavendish Culture & Recreation Committee would like to thank all of the teams that participated this year. A huge thank you to Sarah for volunteering to organize this event – it was greatly appreciated. Amazing job!

As well we would like to thank Jonathan Warren who spoke with Mark Eveleigh following Carnival Day in 2023 where Mark suggested we should have a tournament in 2024 and he would sponsor it. Jonathan thought it was a good idea and brought it forward to the committee.

Thanks to everyone for making this a successful event! Hope to see you all next year!

Cavendish Community Carnival

Thank you! Thank you! Thank you! The Cavendish Culture and Recreation Committee would like to thank everyone for supporting our Carnival Day.

We would like to thank all of the volunteers that came out on Friday, Saturday, Sunday and Monday to help with the yard sale. We moved to the shade between the Community Centre and the Community Policing Building which made for a much cooler day for our volunteers – no need for umbrellas to shade them from the sun, the trees did the job for them. This year's yard sale brought in just under \$1900.

The baseball tournament had four teams competing this year and the winning team again this was The Wrecking Crew. Another beautiful day to play ball – thanks to all of the teams for coming out to play. Special thanks to Terry Lambshead and helpers for organizing the tournament. A special thanks to Ken Warren and Paul Madden for volunteering as umpires for the games.

It was another successful day and we couldn't have done it without the many volunteers that came out to help with the day.

THE GREAT ESCAPE!

Earlier this summer there was a great escape from Dragonfly Ridge, Snow White a beautiful Llama, found her way out onto Charlie Allen Road and was heading for County Road 507. She stopped for a visit along the way at almost every home on the road. After several hours, many helping hands, and many attempts to catch her she was safely returned to the farm.

I would like to thank everyone who helped to get her safely home, especially the ones that had bread – her favorite treat. The picture to the side shows some of the amazing people that lent a hand. My heroes! Thank you to Lauren McLachlan and her children Hudson, Harper and Easton and Lesley Morris and her children Sarah and Julie Fortier. To the neighbours also Charlie Allen Road and the quick response of the Trent Lakes Fire Rescue crew from the Cavendish Hall – thank you all so very much!



Thanks again,
Sharron – Dragonfly Ridge

FREE GENEALOGY WORKSHOPS



By: The Greater Harvey Historical Society of Trent Lakes

For registration and info:

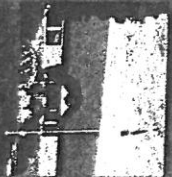
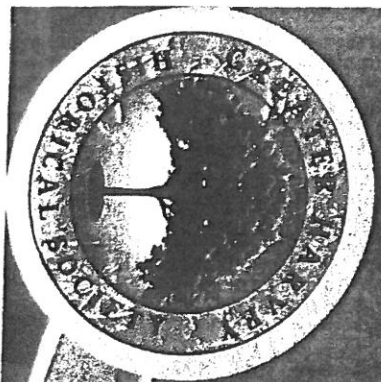
705-488-8952

ghhs759@gmail.com

Friday August 16 2024

1pm-3pm

at Cavendish Community Hall
32 Community Complex Dr,
Buckhorn



trentlakesheritage.ca

Progressive Euchre

Every Thursday Afternoon

1:00 p.m. until 3:30 p.m.

Cavendish Community Centre

\$5.00 per person

Bridge

Wednesdays 1:00 to 3:30

Cavendish Community Centre

All skill levels welcome!

Hidden Auction

I would like to take this opportunity to thank everyone for once again supporting our annual Hidden Auction. We greatly appreciate the donations that are so generously given as well as all those that stopped by to check out the items and place a bid. A special thanks to Louise Martin for once again taking on this event – you are amazing! Thanks also to her assistant Karen Howard and Karen's daughter that stopped by on the final day of bidding to help with the recording of bids. Thanks also to Joanne and Sue in the library for keeping an eye on things and for accepting payment after the bidding closed.

We hope you enjoyed this year's auction and we look forward to seeing you all once again next July.

Foot Care Clinic

Years ago, prior to covid, there was a foot care clinic at the Cavendish Community Centre and we are looking at bringing it back. Unfortunately, the nurse that took on this role has retired and we are now looking for someone qualified to take her place.

Before we go any further in our search we would like to know if there is enough interest from our community to continue. The one nurse that we contacted said she could come but would like to have at least ten people to make it worthwhile for her.

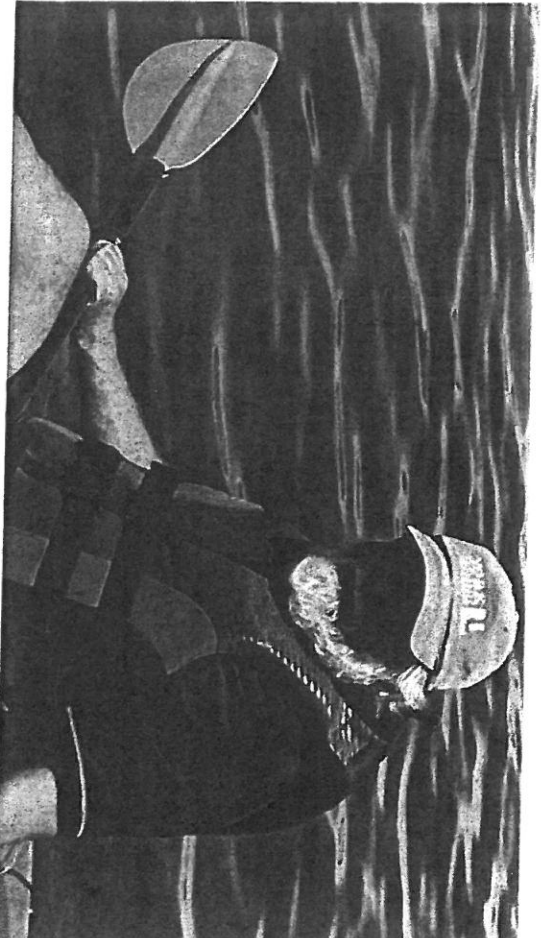
If you are interested in participating, or have any questions please leave your name and phone number or email address on the sign-up sheet in the hall outside the Cavendish Library or leave a message at 705-657-8912.

Recognizing Local Environmental Hero Ted Spence

Not all heroes wear capes: Our own local hero Ted Spence is more likely to be seen wearing a PFD and zooming around Catchacoma Lake in his kayak. For many years, Ted has acted as Lake Steward for the CCA and we are fortunate to have his expertise, experience and commitment on our board.

Ted believes local action is critical when it comes to protecting our waterways. Because of that, he became involved in the CCA and the Cavendish Community Ratepayers Association Inc. (CCRAI). Since 2015, he has chaired the Coalition for Equitable Water Flow (CEWF) and represents the reservoir lakes with Trent Severn Waterway (TSW). Ted was active with the Federation of Ontario Cottagers Association (FOCA) including being president for three years. He is a member of the Shoreline Conservation Initiative for Peterborough County, Catchacoma Forest Stewardship Committee, Stakeholder Groups for the Kawartha Highlands Provincial Park... and the list goes on.

Recently, Ted was appointed to Trent Lakes Environmental Advisory Committee (EAC) as a citizen member and became its chair. "It is early days for the EAC but I think over time it will make a difference to our lakes," he says. Ted's interest in the environment was evident from an early age when he chose to study Geography, with an emphasis on the Environment, at University of Western Ontario (BSc,



Ted loves kayaking around the north end of Catchacoma, touring the chain of lakes on his WaveRunner and socializing with his McKee Island neighbours.

MSc) and University of Alberta (PhD). During his 40 years as a professor at York University, including ten years as dean of the faculty of Environmental Studies, Ted was active in numerous scholarly and community activities related to environmental protection.

As CCA Lake Steward, Ted monitors shoreline protection issues, threats from invasive species, as well as water levels and quality. He stays on top of the latest research by working collaboratively with groups such as TSW, governmental agencies and Trent University. Ted regularly reports to the CCA Board and members to help us all stay informed on these important issues. And he's

helping to mentor the next generation of environmental stewards by working with Trent University student and new CCA board member Jack Milliar.

So if you see Ted at the marina during DockFest in August, we suggest you introduce yourself and thank him for his tireless efforts. And while you're at it, ask him about his latest projects. After all, getting to know our lake neighbours is what DockFest is all about.

At a time of global and local environmental concern, we need to show our appreciation for one neighbour who is doing more than his share to protect our lake. Thank you, Ted, for all you do. You're our hero.



Cavendish Branch Library

We would like to thank everyone that donated, purchased and helped set-up (Cynthia) for our annual book sale! You all succeeded in raising over \$350 for the Cavendish (Helen Bowen) Branch Library which will help with the purchase new material. Hope to see everyone next year.

Open to all Trent Lakes Library Patrons (existing or new) – continuing to Wednesday August 14, 2024, each time a book is read, place your name into a jar for a chance to win a **Back-to-School Backpack!** One jar at each branch. **Winners must pick up the backpack at the library (we are not able to ship).** Draw to take place at each branch on Wednesday August 14th at 1:00 pm.

Colouring Contest for children 3 to 12 years old. For the months of July and August, colouring sheets will be available at either branch. Once completed, return to the branch for a chance to win an age-appropriate prize. Draws once/month. All colouring masterpieces will be displayed around the library.

Storytime at Cavendish Library each Tuesday at 11:00 a.m. Join us for a story, craft and fun!

LIBBY is always available for e-books, e-audio books, and magazines with a valid Trent Lakes library card. Both Trent Lakes Library branches offer free access to Wi-Fi. During non library hours, access is always available outside of the buildings.



It happened this Month....

- August 1st, 1975 – The Helsinki Accords are signed by a number of countries, including Canada. The accords were meant to reduce Cold War tensions between the West and the Eastern Bloc.
- August 5th, 1918 – National Ballet School of Canada founder Betty Oliphant was born.
- August 13th, 1990 – Pioneer director and filmmaker Gordon Sparling is born in Toronto, He would go on to create the Canadian Cameo series of short films, which were Canada's first major films with sound.
- August 15th, 1874 – Arctic mariner Robert Bartlett was born.
- August 20th, 1998 – The Supreme Court rules that Quebec cannot separate from Canada without first negotiating the terms of secession with the federal government and the other provinces.
- August 23rd, 1843 – publisher William Southam was born
- August 24th, 1920 – Painter Alex Colville is born in Toronto, Colville joined the army and was sent to Europe as a war artist in 1944. He returned to Canada late in 1945 and worked in Ottawa on paintings based on his sketches and water colours until his demobilization in 1946. In 2010, the 1.29 million sale of "Man on Verandah" set a new record for a work by a living artist in Canada.
- August 25th, 1910 – actress Ruby Keeler was born.
- August 26th, 1987 – Dr. Lucille Teasdale received the Frederic Newton Gisborne Starr Award, the highest award granted by the Canadian medical Association, for her devotion to the people of Uganda
- August 31st, 1931 – Hockey Hall of Famer Jean Beliveau was born.

Join us for STORYTIME in Cavendish



Join us every Tuesday morning
at 11:00 in July and August!

32 Community Complex Drive
Trent Lakes (along the 507)



The Firefighters' Association Of Trent Lakes

50/50 RAFFLE DRAW FUNDRAISER

Funds raised will support organizations such as Trent Lakes Outreach Centre, local food banks, Camp Buche, Buchhorn Public School, the Kimmount Legion, Team 55 and Canada 911 Ridel

The winner will be contacted by phone to claim their prize.

SCAN THE QR CODE OR HEAD TO THE LINK TO
PURCHASE YOUR TICKETS NOW!

[HTTPS://WWW.RAFFLEBOX.CA/RAFFLE/FIREFIGHTERS-TRENT-LAKES](https://www.rafflebox.ca/raffle/firefighters-trent-lakes)



Got a Concern (or a Compliment)? Bring it to Your Local Council Members

Next month, at least 2 local members of our Trent Lakes Council will be at the Cavendish Community Centre for an informal heart-to-heart sharing session.

Like last year, we will sit around in a circle and can bring up ideas, comments, concerns or questions – no technology, no presentations, just the latest info, along with coffee, tea and Timbits!

So plan to come along on Saturday, August 24th 10–12.



CATCHACOMA
Cottagers' Association

The Catchacoma Cottagers' Association (CCA) installs, removes and maintains the hazard and navigation buoys in Catchacoma and the Narrows each year.

The labour is all volunteer but maintenance and insurance are expensive!

To support this and our other programs,
including Lake Stewardship, DockFest and more:

BECOME A MEMBER

Visit our website:
catchacomalake.com

OR MAKE A DONATION!



Good Buy Room Thrift Store

Hours:

Thursday and Friday 10 am - 4 pm

Saturdays 10:30 am – 2:30 pm

Lakehurst Road
Buckhorn
(Below Buckhorn Library)

Burn Permits

Burn Permits are required - You must have a permit for ANY open air burning. Fire Permits are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301.



HOSTED BY:

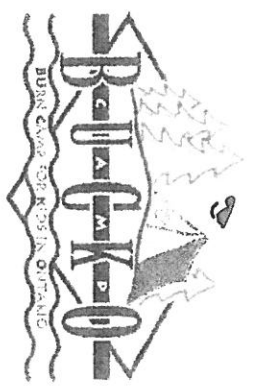
CHARITY DINNER

LOONIE AUCTION AND COUNTRY RAFFLE

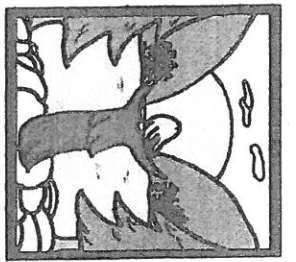


BENEFITTING...

Camp Bucko
Burn Camp for
Kids in Ontario



Trent Lakes
Outreach Centre



AUGUST 24TH, 2024 @ LAKEHURST HALL

259 Lakehurst Circle Rd., Lakehurst ON
Country Raffle at 4-6pm • Dinner at 6-7 pm
Auction to follow • Tickets are \$25/person

Tickets are limited so get yours early!

For tickets and more information, please call 705-930-2302



Dates to Think About

- 3rd – Watermelon Day
- 5th -Civic Holiday
- 7th – Regatta Day
- Particularly Preposterous Packaging Day
- 8th – National Sneak Some Zucchini Onto Your Neighbour's Porch Day
- 17th – National thrift Shop Day
- 19th – National Potato Day
- Full Sturgeon Moon Day
- 20th – International Geocaching Day
- 26th – National Dog Day
- 31st – Eat Outside Day

The Family that Plays Together, Stays Together (and Sometimes Helps to Save Our World!)

When a couple has been cottaging up here for more than 40 years, you might think they are ready to put up their feet and enjoy watching the world make its way past their dock and across their TV screen. You might even think they would each pursue their individual leisure activities to avoid that too-much-togetherness some couples complain of after their work years are over. But that isn't the way that Linda Briden and Peter Currier have chosen.

Both Peter (whose family has been coming to Catchacoma Lake for about a century) and Linda have found themselves drawn to helping protect the Catchacoma old-growth hemlock forest. They both serve on the Catchacoma Forest Stewardship Committee (CFSC), along with other notable local residents such as Ted Spence and Marie Windover. And they would welcome "anyone who cares" to join them (<https://www.ancientforest.org/catchacoma-forest-stewardship-committee>).

Why Does This Forest Matter?

There are various technical definitions of "old-growth forests." However, what is most significant is that such sites provide important ecological benefits such as carbon sequestration, "water purification, flood control, weather stability, maintenance of biodiversity and nutrient cycling" (https://en.wikipedia.org/wiki/Old-growth_forest).

Even though our little 662-ha forest can't be expected to achieve all of those goals over a wide area:

- it is an important resource to protect our local biodiversity
- not only does it enhance *our* experience of the healthy serenity provided by a natural wilderness, it welcomes many urban families who have had little or no previous experience of the natural world that sustains us all ([Catchacoma Forest Conservation](#) [Summer 2023 Update]), and
- the Haliburton Highlands Corridor project is hoping that this forest will form part of its proposed significant wildlife corridor connecting 3 provincial parks in southern Ontario (including our nearby Kawartha Highlands Provincial Park) (see [507 Express](#), November 2023).

Want to Know More?

The CFSC was created in 2020 by a partnership between Ancient Forest Exploration & Research (AFER) (<https://www.ancientforest.org>) and the Ontario Wilderness Committee (<https://www.wildernesscommittee.org/ontario>). The current goal of the CFSC is to protect the forest from further logging. New logging has been suspended since 2021 through 2024 (for now). Hemlock is not a highly prized forest product. Mostly it is used for pulp. However, as we saw above, standing hemlock trees are another matter. Even dying and decaying fallen trees have a role to play in preserving the ecological usefulness of the forest (https://en.wikipedia.org/wiki/Old-growth_forest).

The CFSC is planning public hikes in the Catchacoma Forest for this August and September, guided by Katie Krelove. For more information on the forest or about the hikes, email Katie (katie@wildernesscommittee). Having done part of a hike last summer, I recommend that you wear sturdy shoes or boots, take drinking water and consider using walking poles. And don't forget a camera!

Other Partners

The CFSC continues to look for organizations to "partner" with in preserving the Catchacoma Forest. They recently met with members of Alderville First Nation (near Rice Lake). On behalf of Trent Lakes, Mayor Terry Lambshead and Council wrote a letter to the Ministry of the Environment, Conservation and Parks in support of CFSC's work. The Haliburton Highlands Land Trust seeks to have the forest added to the Kawartha Highlands Provincial Park immediately to its east.

The committee knows that not all potential partners have exactly the same long-term goals. Nevertheless, they welcome discussions of common interests. For example, they recently talked with the Ontario Federation of Anglers and Hunters (OFAH). And, last fall, CFSC participated in an open meeting hosted by the Bancroft Minden Forest Company (BMFC). BMFC says it favours practising sustainable forestry and it holds a Sustainable Forest License from the Ministry of Natural Resources with responsibility for planning forest management, renewing the forest and monitoring its own compliance with the provincial "Forest Compliance Strategy" (<https://bmfci.ca>). And they have talked with snowmobilers (<https://www.district2ofsc.ca/member-clubs/buckhorn-district>), who are also interested in maintaining the forest.

Finally

Lest you worry that Linda and Peter are spending *all* their time looking out for the forest, let me assure you that this is not the case. Among their other individual and joint activities, they can regularly be found kayaking in the northern part of Catchacoma Lake. Ruby, their border collie-shepherd mix, races along the shore after them, visiting every dock they pass in her relentless effort to herd them. But, you can meet and talk to them if you go on one of those hikes. Who knows, maybe Ruby will also be there, attempting to herd you as well!

Carla Salvador

carla@carlasalvador.ca

Recipe of the Month

FRUIT PUNCH

- 1 large can pineapple juice
- 1/2 cup sugar
- 6 oz can frozen lemonade
- 1 box frozen strawberries
- 6 oz can frozen orange juice
- 1 qt 7-Up

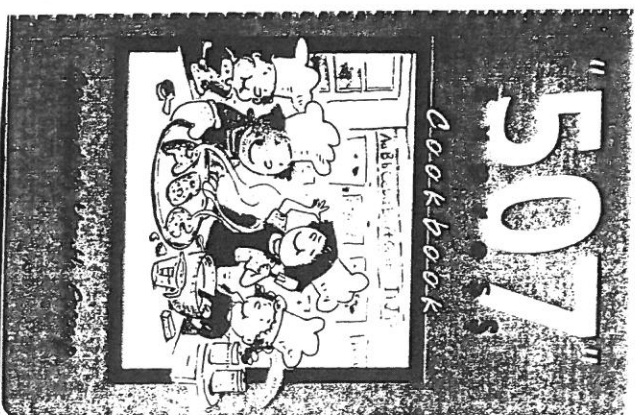
Put first 5 ingredients in punch bowl. Add 7-Up just before serving.



"The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$25.00



Weather predictions for this month.

The first week of the month, 1st to the 7th, will bring us seasonable weather conditions and be mostly sunny. There is a chance for storms on the 3rd and the 6th. The following week, 8th to the 14th, will once again bring seasonable temperatures followed by very hot temperature with variable skies in the early part of the week with clouds moving in towards the end. The 15th to the 21st will have above-average temperatures with most sunny skies. The following week of the 22nd to the 28th will be hot, humid and sunny with the chance of a storm around the 26th. The month will end with hot and sunny days.

When Every Second Counts... Know the 911 Protocols

If you have an emergency, call 911 immediately. Local first responders will be informed of the 911 call and are trained for situations such as fire, accidents and medical emergencies. Local first responders are close by and know the area, allowing them to arrive quickly and provide basic life support such as CPR and emergency first aid until paramedics arrive.

In emergency situations, it is crucial for cottagers and guests to know their 911 address. Following the correct protocols not only improves personal safety but also expedites emergency response when every second counts. Here are some tips to help you provide the right information to 911 dispatch.

Road Access Cottages

Each cottage has been designated a unique 911 green number for identification purposes. When reporting an emergency, provide your green number along with the name of your road or fire route and specify that you are in the Municipality of Trent Lakes.

Water Access Only Cottages

For Water Access Only (WAO) cottages, provide your green number when you call and indicate that you are at a WAO cottage on Catchacoma Lake within the Municipality of Trent Lakes.

WAO green numbers are assigned starting from the Bottle Creek dam and increase northward along the east shore to Pencil Creek. First responders are familiar with this numbering system.

Island Cottages

For cottages on islands, provide your green number and specify that you are located on an island on Catchacoma Lake within the Municipality of Trent Lakes. Each island on Catchacoma Lake has been assigned a unique number, which is embedded within the green number. For instance, reporting that the emergency is at "1050 on an island on Catchacoma Lake in the Municipality of Trent Lakes" would inform first responders that the emergency is located on Island 10 at cottage 50.



Make sure you and your guests know the emergency number for your cottage. Consider posting this information on the fridge or in another prominent location.

What Phone to Use

If your cottage has a landline, use it during emergencies, as emergency dispatch will automatically receive the address when the call is made. However, if you are calling from a cell phone and are unaware of the 911 address, provide GPS coordinates or use location-specific apps such as "what3words" to assist first responders in locating you.

It's a Part of Our History

Catchacoma Island Names Provide Glimpse into Lake's History

On some lakes, islands bear names that reflect their unique features, like Rock Island, Turtle Island or Big Island. On Catchacoma Lake, the island names tell stories of the lake's history and origins.

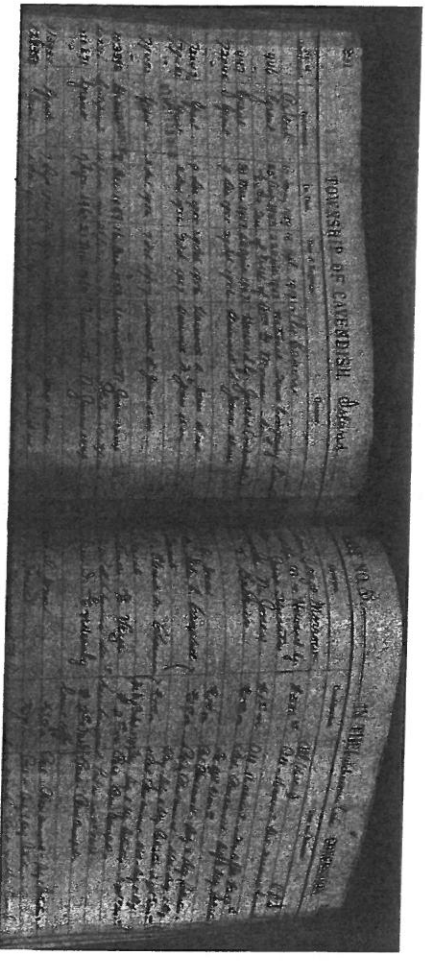
Back in the early 1900s, because of the local lumbering trade, Catchacoma Lake became known for its abundant wildlife. This resulted in various hunting and fishing camps setting up along its shores. For example, on the east shore, the Ketchecum Hunt Camp (KHC) boasted that they had the so-called "movers and shakers" of Peterborough, while on the west shore, there was the Cochrane Hunt Camp. It was common for members of each to visit the other's camp and socialize. This camaraderie and the enjoyment of the beautiful outdoors created a special appreciation for Catchacoma Lake.

Gladman/Biggar Islands

In the south end of Catchacoma are a pair of small islands. They were purchased by Charles Gladman and his wife Muriel in the late 1920s. Charles knew the lake from his time as a member of the Ketchecum Hunt Club. He and his wife hired three skilled carpenters from Finland who built them a cozy log cottage in 1933. This cottage is still enjoyed today by the Biggar family who bought the islands from the Gladmans in 1955.

Haywood, Eddis, Morrow and Comstock Islands

In 1917, Peterborough's former mayor, George Morrow, embarked on a canoe adventure with his pals, Arthur (Spike) Haywood and brothers Wyncham and Charles Eddis. They paddled (upstream!) from their Stony Lake cottages to Catchacoma Lake. They were guided by Morrow's fond memories of hunting and fishing with the KHC. Little did they know this trip would lead to the acquisition of their own islands on Catchacoma Lake. In addition to Haywood Island, Arthur Haywood also wanted to purchase the small neighbouring island, but was thwarted by a, in his opinion, too-high survey cost. Upon hearing this, John Comstock, brother of KHC member Manson Comstock, stepped in and bought the island for \$20.



To commemorate the 100th anniversary of island ownership, the Eddis family embarked on a journey to retrace the route of their ancestors. Setting off from Stony Lake, they paddled towards Catchacoma but had to abandon their endeavour after reaching the challenging currents of the Mississauga River. They were left marvelling at the determination of their family members who had successfully completed the journey a century earlier.

Both the Eddis and Haywood families still own their respective islands. The Comstock family made the decision to sell their island following the unfortunate destruction of their cottage by a fire caused by lightning in 1968. The island was purchased and is still owned by the Wilson family from Pennsylvania. Morrow Island also changed hands and was purchased by Dr. U. N. Jones around 1945. His family has subsequently enjoyed summers on the island for nearly eight decades.

McKee Island

John McKee, a surveyor and member of the Cochrane Hunt Camp, bought his island in 1907. Around 1920, in an effort to open up more of Catchacoma to the public, the Crown hired McKee to survey lots along the west shore. McKee's contributions were commemorated by the naming of McKee Avenue. John McKee died in 1931. Peterborough County took over the island for back taxes in 1946, eventually selling it to a group of Americans.

Peck/Geale Island

Edward Armour Peck, a founding KHC member, made his own mark in 1911 by acquiring an 11-acre island at the incredible price of \$1 an acre. This sanctuary provided him respite from his busy days as a lawyer and Peterborough's member of parliament. Originally called Peck Island it was renamed Geale Island in 1924 after Peck gave it to his adopted son, Norman Geale, for his wedding. Norman's son Charles and his family still cherish this island retreat.

Lillico Island/Ackerman's Point

During a deer hunt in the 1940s, Ivan Lillico from the Cochrane camp, paddled across to visit the Ketchecum Hunt Club and soon found himself enjoying a game of gin rummy with KHC member William Ackerman. At that time, Ackerman owned the island to the north of the club and, not knowing that Lillico was a consummate card player, wagered the island on the outcome of the game. Lillico family legend has it that Ivan acquired the island as a result. Today the island is called Lillico Island though you may find a few people that still affectionately refer to it as Ackerman's Point.

There you have it, the stories behind the names of Catchacoma's islands. They remind us of a unique history that blends the past with the present adding a timeless charm to our beautiful lake.



Catchacoma Cottagers' Association is committed to making environmentally responsible choices including use of 100% post-consumer recycled paper for this newsletter and biodegradable/compostable bags for distribution.

Wednesday Night Baseball

Join us for an evening of baseball
Wednesdays at 6:30
(weather permitting)



Cavendish Community Centre



BIRTHDAYS & ANNIVERSARIES!



BIRTHDAYS

John R. Robertson^{1st}
 Don Savage
 Jamie Booth^{3rd}
 Derek Booth^{4th}
 Kendra Colgan^{5th}
 Anna Pantaleo
 Brenda Jarosz
 Grace Grant
 Debbie Cooling^{6th}
 John Lloyd
 Gisella Witkowski^{7th}
 Trevor Smith
 Katelyn Leckie
 John Ranta^{8th}
 Phyllis Evans^{9th}
 Darin Botting^{10th}
 Owen Pearce^{11th}
 Melissa Middleton^{12th}
 Iris Olech^{13th}
 Archer Pike
 Jacob Goddard^{15th}
 Peter Snook^{16th}

Daren Wilcox
 Ethan Schaerf^{19th}
 Leasa Thompson^{21st}
 Linda Thompson
 Tyson Pearce
 David Wilson
 Desfree Callan^{22nd}
 Britt Murphy^{23rd}
 Shannon MacClaren-Clark
 Jordan Waldock^{24th}
 Sharron Smith^{25th}
 Tae Asling
 Andrew Pike
 Madison Lambshead^{26th}
 Mary Anne Sodonis^{27th}
 Ella Lake
 Katelyn Jarosz^{28th}
 Wendy Hibrant-Snook
 Jackson Aubrey
 'Elijah Shepski^{31st}
 Michelle Botting
 Nate Warren
 Zackery Duruz
 Emma Robinson
 Arlene Dalton



Happy Anniversary

Natalie & Tyler Warren^{4th}
 Brook & Miles Middleton^{5th}
 Julie & Jim Wilson^{5th}
 Bernadette & Bob Plug^{10th}
 Carol & Lloyd Darlington
 Pattie & Ed Van Berkum^{12th}
 Francesca & Ceelay Windover^{17th}
 Laura & Michael Tamblyn^{18th}
 Tanya & Sandy McKay
 Rachel & Blake Lambshead^{22nd}
 Kathy & Ken Warren^{25th}
 Molly & Joe Cadigan^{28th}

If you would like to have a birthday or anniversary added please contact Kathy@705-657-8912 or kathy507@yahoo.ca

Ontario Certified Marine Mechanics

Custom Docks
 Service Calls
 Gas & Propane

Call, we fix them all!

General Store
 Boat & Snowmobile storage

705-657-9088

Meat supplied by the Butcher Shoppe
 Chainsaw sharpening and replacement
 NEW & USED boat, snowmobile,
 trailer & ATV sales

Ontario Certified Marine

Mechanic on duty

Monday-Friday

Painting & Structural repairs:
 fiberglass, aluminum, gel coat, etc.

Shrink wrap & Winterization
 Tops: new & repairs

Summer Store Hours:

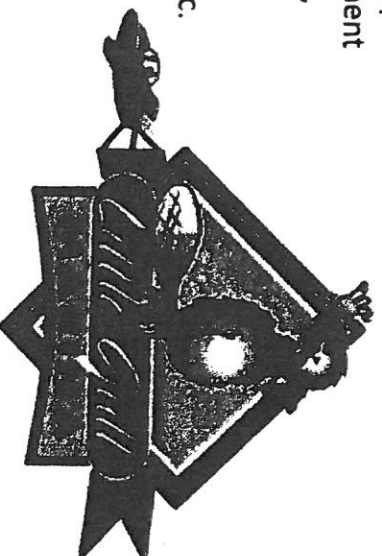
June 28 through to

September 2nd

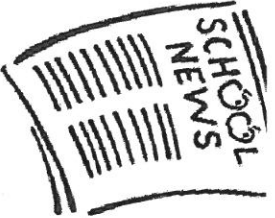
Boat & Canoe Rentals
 Snowmobile & ATV repairs

Insurance Claim handling

Sunday – Thursday: 8 am – 6 pm
 Friday & Saturday: 8 am – 8 pm



Customer Service is #1!



Another school year has come to an end. Congratulations to all of our students for another successful year. We would like to make special mention of the following students:

Graduating from Grade 8 – Allen Lake

Logan Lake

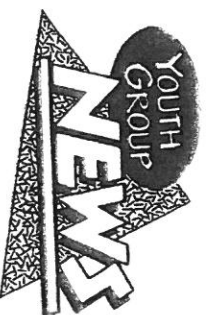
Graduating from Grade 12 - Kaleigh Wilcox

Mackenzie Callan

Graduating from College – Lilly Cadigan

The 2024/2025 school year will commence on Tuesday, September 3rd. School offices will be open from August 22nd to the 29th.

All children who will ride a school bus for the first time this September are invited to attend a free First Rider session with their families this summer. Sessions will be offered from 2:30 to 6 p.m. throughout the week of August 19th. For more information visit the STSCO website.



The Cavendish Youth Group would like to thank Molly and Joe Cadigan for sharing their beach with us on our last youth group evening until September. Unfortunately, the weather was not co-operating and once they had their swim we returned to the Community Centre to enjoy our pizza dinner together, inside where it was dry and warmer.

We would also like to thank once again Ray Campbell, Rick Asling and Gary Jarosz for their continued support in transferring the bottles and cans from the landfill site to the Warren's side yard. Your help is greatly appreciated.

In Passing...

Helen Margaret Gillmore February 21st, 1946 – May 4th, 2024

Helen was born February 21st, 1946 to Marion and Morgan Peel in Toronto, Ontario. She spent her formative years in Toronto and Beaconsfield Quebec. She was a beautiful soul both inside and out making close friends easily and sharing her infectious smile and generous spirit with everyone she met. After high school she moved to Ottawa to attend college. In Ottawa, through a chance encounter while she was babysitting his nieces and nephews she met her soul mate, Ingram Gillmore. After meeting, they fell quickly and deeply in love.

Helen and Igy were married on December 17th, 1966, in Montreal, Quebec. They enthusiastically welcomes three beloved children to their lives over the next five years: Ingram (Cindy Peacock), Beverly, and Samuel (Janice Beintema). Helen and Igy settled in Lakehurst after growing and developing their lives across multiple communities across Ontario including Amherstburg, Owen Sound, Toronto, London, Burlington and Mansfield.

Helen was predeceased by both her sister, Mary and her brother, David as well as her parents, Marion and Morgan.

Helen loved life and found joy in so many things. Near the top of the list was her passion and joy for her grandsons Malachi, Benjamin and Elijah, all who will miss her dearly. Helen was blessed by a large extended family and many cherished friends who will miss her letters, her long calls and her brilliant smile. She also cherished her time spent at the cottage on Mississauga Lake, her many beloved golden retrievers, her time sowing seeds and planting spectacular gardens, a full house over the holidays, feeding and watching songbirds, reading a great book by a warm fire with Rascal the kitten in her lap, baking soft delicious molasses cookies, a thoughtful hand written letter, and a long tight hug

Our thoughts and prayers are extended to Igy, their family and friends during this difficult time.

Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive
Trent Lakes, Ontario, K0L 1J0

Application for/Renewal of CCRAI Membership

Membership Fees

I am RENEWING my membership for 2024

\$20.00 per household

I am APPL YING for membership for 2024

\$ _____ Additional Voluntary Donation

I am donating to CCRAI Lake and Water Quality Programs

\$ _____

Name of Member/Applicant: _____

Additional Member in Household: _____

Address: _____

City: _____ Postal Code: _____

Home Phone: _____ Cavendish Phone: _____

Do you prefer to receive your yearly newsletter electronically via email? _____

Email Address: _____

Cavendish Address (Lake/Lot & Conc): _____

Waterfront: Yes No

We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.

**Saturday August 17, 2024 – 10am-12:00pm – AGM and Public Meeting
Live at the Cavendish Community Centre and via Zoom**

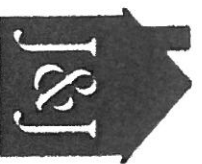
**Join us in person at the Cavendish Community Centre or via Zoom.
Zoom invitations will be emailed out in advance and you can connect via laptop, tablet, smart phone or land line phone.**

Everyone welcome. Stay informed. Be heard. Make a difference

For online payments, please email in the form and email/E-transfer the membership fee to CCRAIMAIL@GMAIL.COM. You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiaassociation.wordpress.com>



Insulation inc.

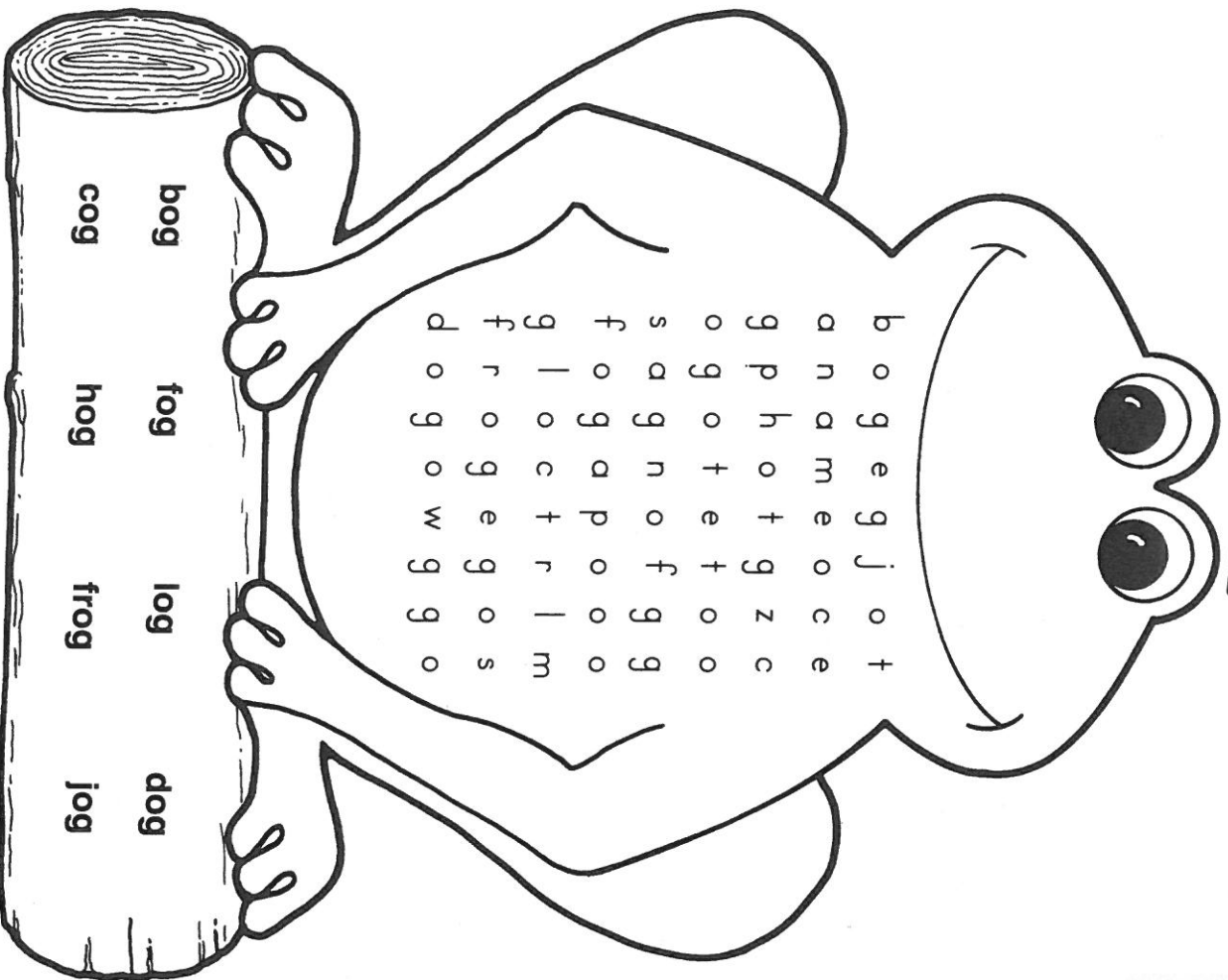
Your Comfort is our Expertise

For all your insulation needs whether spray foam, fiberglass BIBs, batt and poly or blown cellulose or fiberglass you can rely on J and J Insulation


Please contact us at 905-260-6203 or info@jandjinsulationinc.com

www.jandjinsulationinc.com


Kid's Page...



Canoe Country

Indigenous people were the  to travel along



the  and rivers of  America. They

invented the , the ideal way to move long

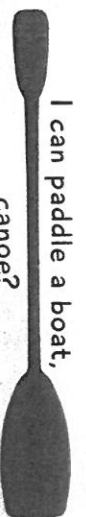
distances on  and to portage through 

and over . Most  were made from

a  of cedar wood covered with  from  sewn together with  made from roots of a .

The seams were sealed with hot sap from a . The design of a  today is much the same, only the

materials have changed.



What goes up and down the stairs without moving?

A railing!

Which holiday do cows like most?

Moo-Year's Day!

TONGUE TWISTER

Say this 10 times fast:

SILLY SQUIRRELS SUCK STRAWS



Word Power

What does it mean if something is **bogus**?

- a) it's colourful
- b) it's fast
- c) it's not genuine

equinubg it's not genuine

What does this say?



Penalty



canoe?

I can paddle a boat,

Drought

Drought is slow to occur and caused by a combination of factors such as lack of rain, high temperatures and increased demand for water.

Droughts can lead to:

- Lower water levels in lakes, streams and rivers
- Reduced soil moisture and groundwater levels
- Declines in drinking water supply
- Loss of commercial, industrial and agricultural production
- Declines in water quality and reduced hydroelectric production
- Declines in tourism, recreation and shipping
- Loss of fish and wildlife habitat

The Ministry of Natural Resources and Forestry and conservation authorities monitor precipitation, stream flow and water levels regularly to gauge water conditions.

Based on what they learn, they assign one of three warning levels to the situation:

1. Level 1 – the potential for water supply problems is identified
2. Level 2 – minor water supply issues are encountered
3. Level 3 – supply may no longer meet demand; social and economic impacts are anticipated.

If we are experiencing a drought these are some things you can do as a homeowner or renter:

- Repair all leaks in taps and toilets
- Install low consumption toilets, dish washers, shower heads, etc.
- Follow municipal water use restrictions
- Choose drought-resistant trees and plants
- Wash only full loads of laundry or dishes.

Take the following steps so you and your family are prepared in the event of a drought:

- Install rain barrels to collect rain water from the roof which can be used to water gardens and flush toilets during a time of water shortage
- Stock pile water required for human and pet consumption or hygiene during periods of normal water availability by filling containers from a safe water source or purchasing.
- Be aware of seasonal influences on water levels, e.g. ground water levels are usually highest during spring as a result of precipitation and runoff.
- Monitor rain gauges, well water and municipal notices regarding community water consumption.

Fire Prevention

The best way to stay safe is to prevent electrical fires from starting. Here are some tips to help address some of the leading causes of home fires in Ontario.

- Avoid running cords under rugs which can damage the cord and cause a fire
- Avoid overloading a circuit. If additional outlets or circuits are required, have them installed by a licensed electrician.
- Use extension cords only as a temporary connection, if permanent wiring is required, have additional outlets installed by a licensed electrician.
- Do not link extension cords together, use an extension cord that is long enough
- Plug air conditioners and other heavy appliances directly into an outlet
- Install ground fault circuit interrupters (GFCIs) in bathrooms, kitchens and garages (FFCI shut off an electrical circuit when it becomes a shock hazard)
- Check electrical cords for damage, such as fraying or nicks as a damaged cord can expose wires and result in a potential shock or fire hazard.

We would like to take this opportunity to congratulate Emma Hartleib and Ian Aubrey the two newest recruits for Trent Lakes Fire Rescue – Hall#2 Cavendish. Since January they have been attending a training course in Norwood, giving up their Saturdays until late in June when they had their written exam as well as their practical exam. Great job done by both – congratulations!

Trent Lakes Fire Fighters Association would like to extend a huge thank you for your support on our recent Boot Toll. Firefighter from the Hall #2, Cavendish were stopping vehicles on the Beaver Lake Road and asking for your support in our efforts to raise money for the local food banks within our municipality. You did not let us down! In a few short hours on the Friday of the July long weekend we were able to raise just under \$1500. – our thanks to everyone for supporting our efforts.



Puzzling Times



ACROSS

1. Pitt or Paisley
5. Vatican VIP
9. Greek Mars
13. Relieve
14. Words in passing?
16. Peru's capital
17. Give the go-ahead to
19. Rework, as text
20. Mariner's measures
21. Plumed birds
23. Fleur-de-___
24. Location
25. Bolder than bold
29. "I ___ an arrow ..."
30. Spigot
33. Depend
34. Plant-growing site
37. One at ___
39. Sinuous swimmer
40. Subsequently

DOWN

1. Parhandles
2. One-of-a-kind
3. Sailing

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62					63				64			
65					66				67			

4. Judge
5. Carvasser's activity
6. Theater awards
7. Fairy tale trio
8. Biblical verb ending
9. Warn
10. Ferris wheel, for one
11. Radiate
12. Coll. boards
15. "___ it!" ("Hurry!")
18. Cairo's river
22. Roman Empire invaders
24. Beachcomber's find
25. Boasts
26. Back in style
27. World traveler?
28. Biochemical ending
29. Oozes
30. Ditties
31. Scarflike tie
32. Hammer parts
35. Turn back
36. Unctuous
38. Early computer acronym
42. Claim
43. Natural gas compounds
48. Pro ___
49. Chicago adjective
50. Senses
51. Mrs. Nick Charles
52. Egg-shaped
53. Salome's coverup
54. But, in Barcelona
55. Wilbur Post's pal
56. *Coffee, Tea ___?*
57. Not all
58. Baseball card trade
61. Sinking ship deserter

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MK MC DWYMCL KN UNEOAZMW ANDIAG
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 LCOLUMZAAG MQ GND ZXL KTL NWL YTN
 IXNOOLI MK.

Y N M R E T O Y D J N I X Q J D Y C R M S Q J O N E R E I T
 A M Z Z E R S T M Q Y I T M O D O Y E L M S E X W Z M Y M Z C
 D J F D A A M T M J Y Y E Y N M D T J M M F O .

JK HKT ZQKS MVBM SDNND BF MBWM SBY
 MVU WDIYM XIUYDJUQM MK FBZU IUATNBI
 TYU KW BQ BTMKFKRDNU SVDNU VU SBY

Extreme Heat

Climate change is expected to increase the frequency, intensity, and duration of heat waves. This may increase the risk of heat-related illnesses, especially for those at risk.

Adverse health effects that can occur from exposure to excessive heat include:

- Heat rash: red or pink rash usually found on the neck, chest and/or elbow creases.
- Heat cramps: painful muscle cramps
- Heat exhaustion: heavy sweating, weakness, dizziness, nausea, vomiting and fainting.
- Heat Stroke: headache, dizziness, confusion and fainting; skin may be hot and dry or damp; this is a medical emergency – seek emergency help and cool the person down right away.

Be aware and prepared to handle an extreme heat event. If you have any symptoms during extreme heat you should:

- Immediately move to a cool place
- Rest by sitting or lying down
- Drink water

Remember to take it easy after feeling better from cooling off, as you may still be at risk afterwards.

Stay Hydrated

- Drink plenty of cool liquids (water is best) to decrease your risk of dehydration. Thirst is not a good indicator of dehydration.

Stay Cool

- Dress in light-coloured, loose fitting clothing, wear a hat and apply sunscreen
- If feasible, open your windows at night and create a cross-breeze. Close awnings, curtains, or blinds during the day to reduce heat indoors.
- If you have an air conditioner, set it to a comfortable temperature.
- Reschedule activities as needed to avoid being out when it's hottest
- Avoid using the oven or other appliances that will add heat to our home
- If you must do physical activity in the heat, take extra breaks, remove excess clothing, and keep hydrated.

If you are outdoors

- Spend the hottest part of the day in air-conditioned public buildings
- Reschedule or plan outdoor activities during the cooler parts of the day
- If you must do physical activity take extra breaks to let your body cool off and drink lots of water
- Give your body time to recover after being in the heat. Wear a hat to protect your face, UV-protective eyewear for your eyes, and apply sunscreen to prevent skin cancer

DO NOT LEAVE PEOPLE OR PETS IN PARKED VEHICLES AS THEY CAN GET VERY HOT!

Prepare Now

- Consider having a water supply ready, as well as ice to keep your water cold
- If possible, have an air conditioner in your home, or know where you can access air-conditioned space for cooling
- Identify a cooler space in your home and prepare it so you can sleep there at night, even if it is not your bedroom
- Know the symptoms of heat-related illness and keep the above safety tips in mind
- Know where the cooling centres are in your community
- Check on individuals who may be more susceptible to heat, preferably twice a day.
- Watch local weather forecasts and alerts.

How well do you know your country? Answers

1. b.) Father Goose
2. Northwest Territories
3. b.) Supplemental Oxygen
4. Vancouver Island
5. False (it was created in 1814)
6. Five
7. Lake Huron
8. Niagara Falls
9. True
10. Edmonton



Gardening Tips

- Pinch seed head off Lilies and faded flowers from perennials.
- Divide and transplant overgrown early flowering perennials. Use bonemeal in planting hole to encourage root growth.
- Seed new lawns and overseed damaged lawns.
- Keep your lawn moist in hot dry weather.
- Be vigilant with garden hygiene. Remove any diseased plant material and discard.

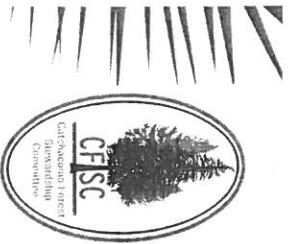


HOUSEHOLD HINTS

- Mix carrot seeds with dry coffee before planting. It's good fertilizer and helps the fine seeds stay in place. Great for radishes, too.
- A sachet of fresh ground coffee will absorb odors in your car. Fill a doubled section of old pantyhose with coffee to make an instant air freshener. Place under seat.
- Fishermen can keep their worm bait alive longer by mixing coffee grounds into the dirt before adding the worms.
- Acid-loving plants will bloom better with a mulch of used coffee grounds.
- Create your own sepia "paint" with regular brewed coffee.
- Place a bowl of ground coffee inside your fridge for a few days to absorb odors.
- Massage used coffee grounds into hands to get rid of strong smells like fish and garlic.
- Make a natural Easter dye by soaking eggs in very strong brewed coffee.
- Toast ground coffee for 30 minutes under a broiler, then use as a dry rub for steaks.
- Make scratches in wood disappear by rubbing with a paste of instant coffee and water.

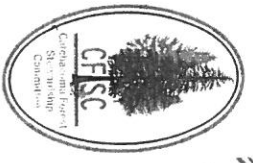
How Well Do You Know Your Country?

1. Bill Lishman was known for flying through Canada's skies in homemade ultralight planes alongside some of our most well-known birds, such as Canada geese. What was his famous nickname?
 - a.) The Winged Man
 - b.) Father Goose
 - c.) Human Bird
 - d.) Captain Canada
2. Where is the Great Bear lake located in Canada?
3. Laval St. Germain was the first Canadian to climb Mount Everest without what?
 - a.) The help of a Sherpa
 - b.) Supplemental oxygen
 - c.) A map
 - d.) A compass
4. What island is located just off the coast of British Columbia?
5. True or False? Explorer David Thompson was known for creating impressive maps of Canada that would be used for many years to come. One of his greatest achievements in cartography, designed in 1634, was his "Great Map", which covers Hudson's Bay to the Pacific, and the Athabasca to the Missouri.
6. What is the total number of Great lakes in Canada?
7. Which of the Great Lakes was the first to be documented by European explorers in 1615?
8. Which is the largest waterfall by volume in Canada?
9. True or False? The Canadian Rockies did not appear on maps until the late 18th century.
10. In which region is Canada's largest mall located?



CATCHACOMA FOREST CONSERVATION

CATCHACOMA FOREST STEWARDSHIP COMMITTEE (CFSC)



WHAT IS THE CFSC?

We are citizens advocating to protect a 662-ha old-growth hemlock forest on crown land in Williams Treaty territory, north of Catchacoma Lake, east of 507 and adjacent to Kawartha Highlands Provincial Park. Protection status would exclude logging and manage for ecological health.

Old forests have important conservation values: carbon storage, unique habitat, recreation, health, education and more. We've built the case for conserving Catchacoma Forest since 2019 with the help of scientific research produced by Ancient Forest Exploration & Research (AFER).

PROTECTION UPDATE

In 2021 our advocacy with the Ministry of Natural Resources and Forestry resulted in a 1-year suspension of new logging in Catchacoma Forest. This pause has been extended once again for 2024. We continue to request meetings with the Minister of Environment, Conservation and Parks (MECP) discuss permanent protection.

HOW TO HELP

Follow us!

-  CatchacomaForestStewardshipCommittee
-  catchacoma_forest

Read more about us and our efforts!
<https://www.ancientforest.org/catchacoma-forest-stewardship-committee>

Send an email to the MECP to support protection for Catchacoma Forest wildernesscommittee.org/take-action/support-protection-catchacoma-old-growth-forest

2024 NEWS



CFSC members at the Rotary Club of Peterborough Environmental Innovators Fund award ceremony

TRAIL ENHANCEMENT PROJECT

With generous funding from the Rotary Club of Peterborough and the Peterborough Foundation we are embarking on a project to enhance hiking trails in Catchacoma Forest. This will include marking trails, clearing debris, and creating marking trails, clearing with engaging information to highlight old growth features and values.



We hope that these enhanced opportunities for low-impact recreation and health benefits will increase local appreciation for the forest and spur support for protection for Catchacoma Forest.

Answers to Puzzling Times

B	R	A	D	P	O	P	E	A	R	E	S			
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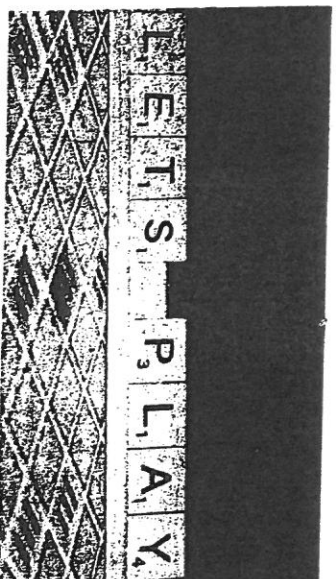
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5	6	3	7	1	8	2	4	9						
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It is unwise to complain loudly about how the bounces, especially if you are the one who dropped it. Do you know that William Taft was the first president to make regular use of an automobile while he was executive? The worst inhumanity we can show our fellow creatures is to be completely indifferent to their need

Scrabble Night

Cavendish Community Centre

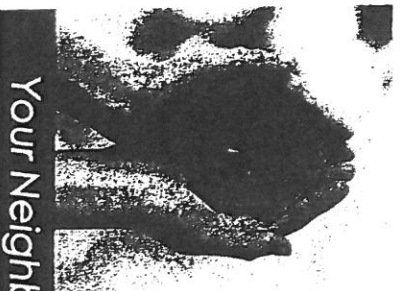
Thursday Evening - Starting at 7 p.m.



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2. Work for you to find the best solution and save you **MONEY**
3. Access to over 60 lenders, shop the market to save you **TIME**
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5. Mortgage services are available to you at **NO COST***

*OAC, some conditions apply.



Your Neighbourhood Mortgage Professional



Melanie Grace Keough

Mortgage Agent Level 1

T: (705) 308-4971

mgkeough@mortgagealliance.com

<https://www.mortgagealliance.com/MelanieGraceKeough>

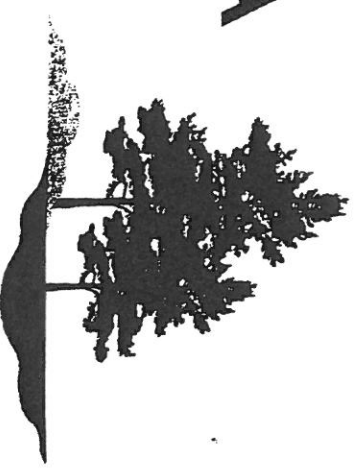
238 Brianna Road E, Mississauga, ON L4Z 1S6

238 Brianna Road E, Mississauga, ON, L4Z 1S6, independently owned and operated. LC #154 10345



CATCHACOMA MARINA

Serving Cottagers & Community



CONVENIENCE STORE FULL SERVICE MARINA

Marine Repair • Boat Cleaning & Detailing
Canoe & Boat Rental • Winterizing & Storage



LCBO CONVENIENCE
OUTLET



705-657-3354

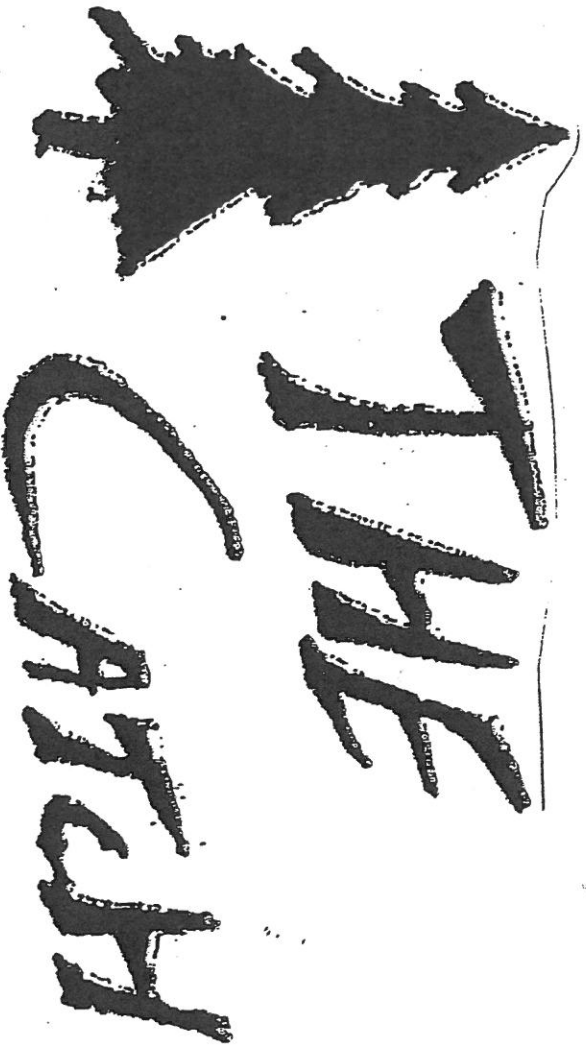
OPEN MAY - OCTOBER

catchacomarino.com

NEW HOURS

Thursday to Monday 7 a.m. to 6 p.m.

Closed Tuesday and Wednesdays



Fast Food Take-Out

705-313-9947

05/23

FLYNN'S STORE

1447 140 Ontario Ltd.

Corner of County Roads 507 & 36

Fuel, ATM, ATV Trail Passes, Baked Goods,
Hoodies, T-Shirts, Groceries and Track Pants

QUALITY PRODUCTS AND SERVICES

Summer Hours: 6:30 to 7 p.m.

SENIOR HEALTH RECOVERY

Many of us lose mobility or balance as we age. Using a series of both seated and standing gentle exercise regimes, we can work towards maintaining our present levels of endurance and flexibility. These low impact workout regimes can also help us regain lost capacities such as strength or endurance.

Starting in July, classes on Tuesday and Thursday mornings from 10:00 until 11:30 a.m. at the Cavendish Community Centre will help give us improved energy, self-confidence and better overall health. No special equipment is required but please wear loose fitting clothes and bring water for needed hydration. This is not a silver bullet. You WILL work!

After May 24th, please call 705-657-3807 for more information.

Come Play With Us!

Peterborough New Horizons Bands

Learn to read music and play an instrument in our Green Band. Don't worry, no experience is necessary. We'll teach you.

Or, if you've played before, join one of our concert bands, one that will be right for you.

For more fun, fellowship, learning and healthy activity, you can also join one of our ensembles.

It's never too late to start...

For more information: contact Harlene Annett
705-745-0077 hannett@sympatico.ca,
or: www.nhbpeterborough.com



Interested in Playing Volleyball?



There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$3.00 per person per night. For more information please contact: Jonathan Warren 705-657-8912

507 Express Subscription

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

Name: _____

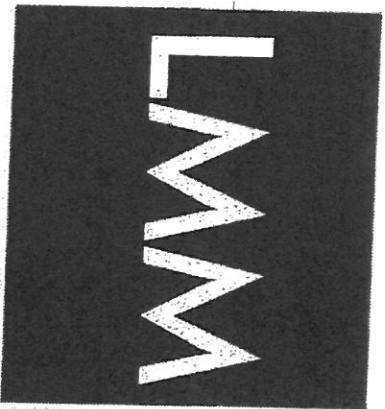
Address: _____

Postal Code: _____

Please make cheque payable to: **Cavendish Culture and Recreation Committee**

Mailing Address: Cavendish Culture and Recreation Committee

32 Community Complex Drive,
Trent Lakes, Ontario
K0L 1J0



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12/24

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08/24

We want your natural corks!



Survivors Abreast Dragon Boat team is thrilled that **The Village Wine Shoppe in Bridgenorth** has offered the proceeds from their cork collection program to our team as a fundraiser!

In partnership with Jelinek Cork Group, your natural corks will be recycled and made into products such as flooring, wall tiles and bulletin boards.

In addition to helping the environment, you will be supporting a great cause!

Money raised will help defer costs for Survivors Abreast dragon boat team to represent Peterborough and surrounding area at International Dragon Boat Festivals.

Please drop your corks off at these locations:

The Village Wine Shoppe- 874
Ward St. Bridgenorth
The Wine Shoppe - 392 Brock St in
Peterborough
Little Gull Marina - 144 Mississauga
Lake Rd, Trent Lakes

OR, if you know a Survivors Abreast
paddler,
give them your corks!

Thank you
for your
support!

Cavendish Community Centre is on facebook! Find us and follow us at [facebook.com/CavendishCommunityCentre](https://www.facebook.com/CavendishCommunityCentre). It's a great way to stay in touch with what's happening at the CCC.



If you are already following us, you may have noticed some recent activity on our page. We are getting it up to date and adding all the activities and events that are happening at the Community Centre. If you would like to update or add an event, please message us through facebook or email kathy507@yahoo.ca. Thanks!



Empowering you to live at home
in the City and County of Peterborough

Community Charters

Community Care Buckhorn Social Drop in Group

Each month will feature a specialty drink to try!

WHEN:
3rd Tuesday of each month

*not running in July & August

WHERE:
Hartley Hall - St. Matthews Church
1937 Lakehurst, Road Buckhorn

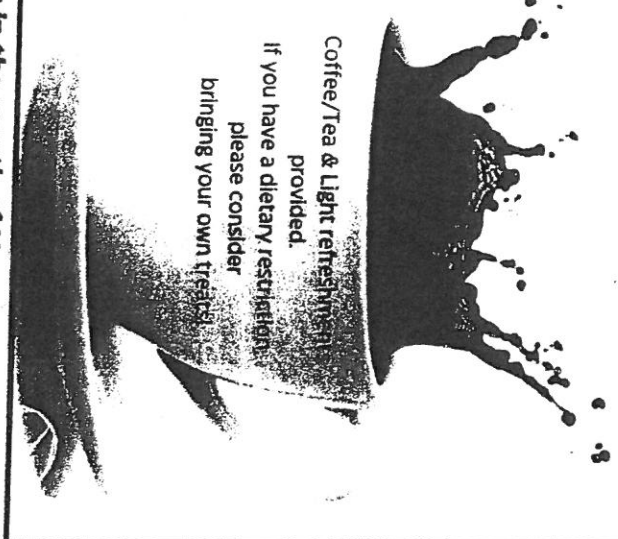
*Wheelchair access/ramp & parking at back of church

TIME:
10am-12 noon

MORE INFORMATION:

Call Community Care Buckhorn

705-657-2171

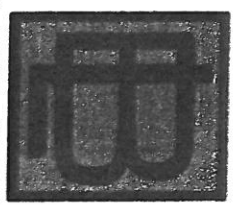


Coffee/Tea & Light refreshments provided.

If you have a dietary restriction please consider bringing your own treats!



**Beginning in the month of May, our Blood Pressure volunteer Nurse Carol, will be offering Blood Pressure Checks!*



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- Road Grading
- Stump Grinding/Lot Clearing
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705-875-0648 / lambrosinc@gmail.com



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- Leaf blowing and raking
- Gutter and eaves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

705-657-1694 cell
Or 705-400-7795

Marinamudge@gmail.com

Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

Cleaning Available



Please call: 705-761-5216

CARPENTRY

STAIRS SHEDS

DOCKS DECKS

CALL JR @705-657-2143

BUTTERTARTS

Made Special just for You!



\$2.50 each, \$12.00 for six, \$24.00 for a dozen

Contact Lauren @ 705-977-1886

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TIFFANY LAURA

705-875-0974

tiffany.warren@gmail.com

tiffanylaura.scentsty.ca



Need some help around the house?



**Help Is Just
a phone call away!
705-657-7455**

Whether you're looking to make a major renovation to your home or you've accumulated a list of small repair projects

HELPING HAND can help.

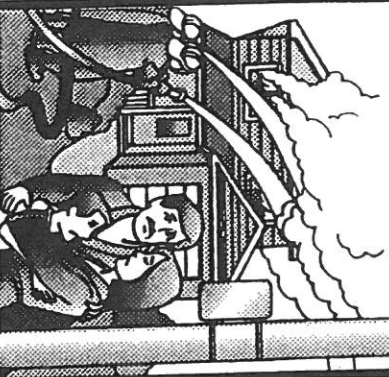
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Local family based business since 2008

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<https://helpinghandhandymanservices.com>

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GET OUT & STAY OUT!



In case of fire, don't try to
save possessions -
go directly to
your meeting
place.



If your ad is not in this issue it may because it has expired!

Cavendish Key Contact Information

Trent Lakes Municipal Council:

Mayor	Terry Lambshead	705-927-4968	tlambshead@trentlakes.ca
Deputy Mayor	Carol Armstrong	705-657-7518	carmstrong@trentlakes.ca
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	jcadigan@trentlakes.ca
Councillor – at large	Peter Franzen	705-738-1486	pfranzen@trentlakes.ca
Councillor – Harvey	John Braybrook	705-731-9871	jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

Municipal Service Contacts:

Municipal Office	fax: 1-705-738-3801	1 705-738-3800 or 1-800-374-4009
Municipal Website	www.trentlakes.ca	
Fire Chief	Steve Brockbank	1-705-738-3800 ext. 230
Deputy Fire Chief	Luc Shewen	1-705-738-3800 ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800 ext. 221
Chief Building Official	Barbara Waldron	1-705-738-3800 ext. 225
Cavendish Transfer Station	Don & Blaine	705-657-2490

Community Service Contacts:

Cavendish Culture and Recreation	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Cavendish Community Centre		705-657-1192	
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912	kathy507@yahoo.ca
507 Express – Editor	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Helen Bowen Branch Library	Sue Warren	705-657-1192 or 705-657-8912	
Trent Lakes Outreach Centre-foodbank		705-768-3590	https://tlofoodbank.wordpress.com/
Cavendish Youth Group	Katherine Warren	705-657-8912	kathy507@yahoo.ca
King Sports Pad – Rink	Molly Cadigan	705-657-2743	

Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

President	Gary Jarosz	1-905-472-6816
Vice President	Robert Taylor-Vaisey	1-416-264-4601

Cottage Association Presidents/Contacts:

Catchacoma Lake	Ric Mackey	rmackey@bell.net
Picard Lake	Paul Stenton	pstenton@ryerson.ca
Mississauga District	Carol Thomson	carolt@golden.net
Mississauga –Gold Lake Road	Katie Tingley	mglakeroadgroup.com
Beaver, Cavendish, Bottle & McGinnis	Bryan West	brywest3@gmail.com
Greens Lake	Darren Wilcox	
Gold Lake Road Association	Greg Harper	705-657-9128
Ratty's Narrows Road	Jamie Langer	705-657-2573

Cavendish Landfill Site Hours of Operation

Summer Hours: April 15th to September 15th: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

Winter Hours: September 16th to April 14th: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

Closed: Christmas Day, New Year's Day, Family Day & Easter Monday

Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301

Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

Babysitters:

705-657-1942	Ethan Harran	705-930-5159	Desiree Callan
Clover Parent			

705-657-1942	705-808-2353
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Pet Sitting:

EMERGENCY NUMBER: 911
Police Non-Emergency 1-888-310-1122
Ontario Hydro: 1-800-434-1235



August 2024 - 372nd Issue

507 Express

August

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Library 10-4 Euchre Scrabble	2	3 Library 10-4 Games Night
4	5 Art Group	6 Library 10-4 Senior Health Recovery	7 Library 10-4 Bridge	8 Library 10-4 Euchre Scrabble	9	10 Library 10-4
11	12 Art Group	13 Library 10-4 Senior Health Recovery	14 Library 10-4 Bridge	15 Library 10-4 Euchre Scrabble	16	17 Library 10-4 CCRAI Meeting
18	19 Art Group	20 Library 10-4 Senior Health Recovery	21 Library 10-4 Bridge	22 Library 10-4 Euchre Scrabble	23 Genealogy Workshop	24 Library 10-4 Town Hall Meeting
25	26 Art Group	27 Library 10-4 Senior Health Recovery	28 Library 10-4 Bridge	29 Library 10-4 Euchre Scrabble	30	31 Library 10-4