

# The 507 Express

## Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

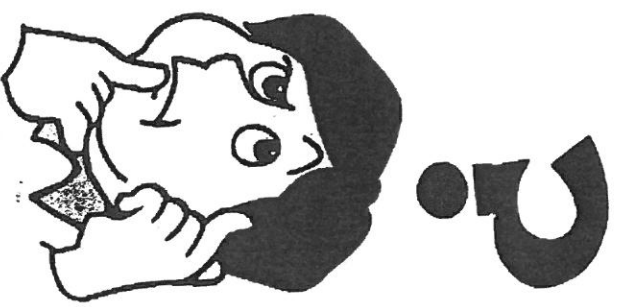
## This Month:

- Halloween Helpers
- Halloween Registry
- Town Hall Meeting- 911 on local Healthcare
- The Rose
- Ontario Seat Belt Safety
- Roast Beef Dinner
- Halloween Safety Tips
- Line Dancing

## 507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15<sup>th</sup> of the month.
- Advertising as follows:
  - Classified - \$2.00 per month
  - 1/8<sup>th</sup> page -\$5.00 per month
  - ¼ page -\$10.00 per month
  - ½ page - \$15.00 per month

- Knowledge is knowing that a tomato is a fruit. Wisdom is not putting it in a fruit salad.
- How could the cemetery raise its prices and blame it on the cost of living?
- By the time a man realizes his father was right, he has a son who thinks he's wrong.
- Good health is merely the slowest way you can die.
- The quickest way for a parent to get a child's attention is to sit down and look comfortable.
- Snowflakes are one of nature's most fragile things, but just look what they do when they stick together.
- As you get older, your secrets are safe with your friends...they can't remember them, either.
- Old aunts used to come up to me at family weddings, poking me in the ribs and telling me, "You're next!" They stopped after I began doing the same thing to them at funerals.



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns. Letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

Editor: Katherine Warren

Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario K0L 1J0  
Phone Number: 705-657-8912

Email: [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

Donations towards publication are gratefully received!

# Community Report



## LINE DANCING

at

Cavendish Community Centre

THURSDAYS OCT 17 - NOV 21

6:30 PM

*FUN, EASY & BEGINNER FRIENDLY*

*Come and enjoy a refreshment and meet new people, whilst listening to GREAT music of ALL GENRES !*

*WE need minimum of 20 persons to make it a GO !! Grab a friend and sign up before Oct. 1st !!*

*6 weeks for \$30*

Payable in Advance by e-transfer

to Katharine Warren

[kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

or Drop off payment to the Cavendish Branch Library

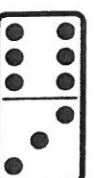
\*Please Call 647.237.3453 for more information

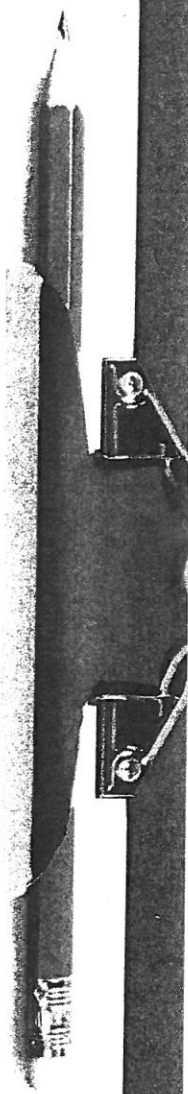


**Games Night**  
**Cavendish Community Centre**  
**Every Saturday Evening**  
**@ 7 p.m.**



Come out to the Community Centre and join your neighbors and enjoy an evening together. Bring a snack and your favorite game to share. We also have lots of games on hand that you can check out as well. Everyone is welcome!





Peterborough County's  
**911 on Local Healthcare  
TOWN HALL MEETING**

- Are you a resident of Trent Lakes?
- Do you know where you can access medical care if you do not have a family physician?
- Do you want to help in your community's efforts to recruit and retain family physicians?..

**Join us for an in-person public meeting:**

- ✓ Meet our Health Care Advancement Coordinator
- ✓ Keep up to date on current advocacy efforts
- ✓ Learn about the Healthcare Needs Assessment and the Healthcare Ambassador program
- ✓ Access Peterborough County's healthcare resource guide
- ✓ Learn how you can help attract physicians to our community

Do you need to complete an assessment form?



Scan the QR code or visit us online at  
[www.ptbocounty.ca/yourhealthmatters](http://www.ptbocounty.ca/yourhealthmatters)

Do you need assistance to complete the form?  
Please call 705-930-4765



**Questions? Contact Us**  
✉ [yourhealthmatters@ptbocounty.ca](mailto:yourhealthmatters@ptbocounty.ca)  
☎ 705-930-4765



 @ptbocountyhealthh

 @ptbocountyhealthh

 @PtboCntyHealthh

 [www.ptbocounty.ca](http://www.ptbocounty.ca)

**Progressive Euchre**

Every Thursday Afternoon  
1:00 p.m. until 3:30 p.m.  
Cavendish Community Centre

\$5.00 per person



## Halloween Helpers



We are looking for volunteers to come out and man the doors of the Cavendish Community Centre on Halloween Night. We would like to have a volunteer at each of the five doors to shell out candy to the ghost and goblins of the evening.

If you are interested in helping out please contact Kathy @ 705-657-8912 or leave your name with Sue and Joanne in the library.

Many Thanks!

## Halloween Registry

Our Halloween Registry is simply a list of those people that have let us know that they are expecting trick-or-treaters to be arriving at their door on Halloween night. There will certainly be others that we are not aware of as well.

#334 – 340 County Road 507

North Family

**Charlie Allan Road**

#42 Tate's Road

Dragonfly Ridge – Sharron Smith

#1167 County Road 507  
#1277 County Road 507  
#1278 County Road 507  
#1430 County Road 507  
#1776 County Road 507  
#2390 County Road 507  
#2403 County Road 507

Karen & Dave Harran  
Uzzell Family  
Marie & Al Mansel  
Sue & Bob Philipot  
Sherry & Kevin Blaney  
Stephanie & Chris Thompson  
Joanne O'Heron

### Community Complex Drive

Cavendish Community Centre  
Cavendish Community Policing Building  
Cavendish Fire Station

#3325 County Road 507  
#3326 County Road 507  
#3368 County Road 507  
#3385 County Road 507

Callan Family  
Warren Family  
Ginni& John Crowe  
The Catch – Mark



### Beaver Lake Road

#5 Beaver Lake Road  
#18 Beaver Lake Road  
#55 Beaver Lake Road  
#11 Fire Route #200  
#144 Mississauga Lake Road

Colleen & Rick  
Jackie & Garrett Kukemueller  
Sheila & Al Asling  
Molly & Joe Cadigan  
Little Gull Marina – Leah & Rick

#3460 County Road 507  
#3459 County Road 507  
#3478 County Road 507  
#3582 County Road 507  
#3590 County Road 507  
#3591 County Road 507  
#3691 County Road 507  
#3861 County Road 507  
#13 Fire Route #277  
#4107 County Road 507  
#4208 County Road 507  
**Green's Lake Road**  
#12 Fire Route #2941

Michelle & Daren Botting  
Julien  
Kristy Asling  
Sarah Mortimer/Marcus Schlechta  
Millar Family  
Donna Rufa  
Mary & Daryl Shearer  
Hill/Cadigan  
Debra & Frank Pageot  
Gord Hay  
Flip & Cindy  
Bobbi & Ira Robertson



Don't forget that the animals at Dragonfly Ridge would love to have a Halloween Treat as well – they would love to have your pumpkins and Jack-o-Lanterns when you are finished with them.



# Roast Beef Dinner

*and*

## Loonie Auction\*

St. Matthew – St. Aidan  
Anglican Church  
1937 Lakehurst Road, Buckhorn

Monday, October 21, 2024

5:30 p.m.

Tickets \$25.00 each

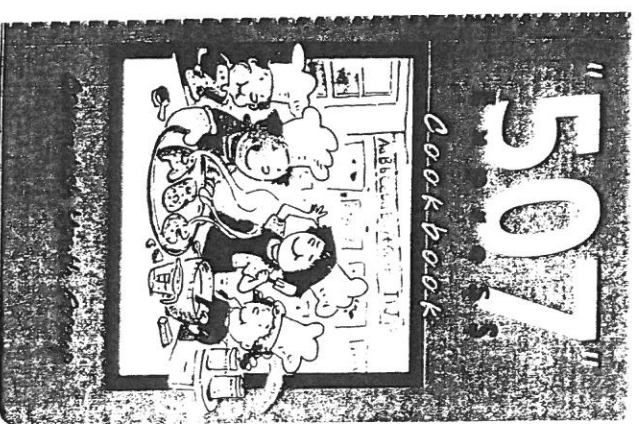
By reservation only  
705-657-2572

*\*Supporting Parish Outreach Activities*

"The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$15.00



## Cavendish Branch Library

Sue and Joanne would like to thank all our patrons for a great summer. We hope everyone enjoys their Thanksgiving weekend! We are back to winter hours; the library is open Wednesdays and Saturday 10:00 am to 4 pm.

Through the Trent Lakes Library website (<https://www.trentlakeslibrary.ca>), patrons can peruse the on-line catalogue to find their next great read! If there is material at the Buckhorn Branch, let us know and we can bring it to the Cavendish Branch for pick up.

Everyone is welcome to come out to the Cavendish Branch Library Wednesdays and/or Saturdays to enjoy some social time. You are welcome to bring a project you are working on, and we will supply the coffee/ tea or hot chocolate!

The Cricut is still available for your next creative endeavour. We are available to help if you have any questions. Bring your own cardstock or we can supply for a nominal fee.

**LIBBY** is always available for e-books, e-audio books, and magazines with a valid Trent Lakes library card. Both Trent Lakes Library branches offer free access to Wi-Fi. During non library hours, access is always available outside of the buildings.



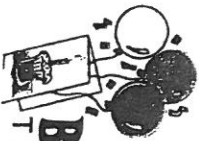
## Dates to Think About

During the month of November - November, and National Diabetes Awareness Month

- 1<sup>st</sup> – All Saint Day
- 2<sup>nd</sup> – All Souls Day
- 3<sup>rd</sup> – Daylight savings Time ends
  - National sandwich day
- 4<sup>th</sup> – National Candy Day
- 5<sup>th</sup> – National Red Head Day
  - Bon Fire Night
- 8<sup>th</sup> – National Aboriginal Veterans Day
- 10<sup>th</sup> – World Science Day for Peace and Development
- 11<sup>th</sup> – Remembrance Day
  - Armistice Day
- 13 – Sadie Hawkins Day
- 14<sup>th</sup> – World Diabetes Day
  - National Pickle Day
- 16<sup>th</sup> – International Day of Tolerance
- 17<sup>th</sup> – World Day of Remembrance for Road Traffic Victims
- 19<sup>th</sup> – World Mens Day
- 19<sup>th</sup> – World toilet Day
- 20<sup>th</sup> – Universal Children's Day
- 21<sup>st</sup> – World Television Day
- 25<sup>th</sup> – International Day for the elimination of Violence against women
- 26<sup>th</sup> – National Cake Day
- 29<sup>th</sup> – Buy nothing Day
  - Black Friday
- 30<sup>th</sup> – St. Andrew Day



# BIRTHDAYS & ANNIVERSARIES!



**BIRTHDAYS**  
THIS MONTH

1 <sup>st</sup>	Craig Rixen
5 <sup>th</sup>	Gerhard Neumann
7 <sup>th</sup>	David Hawkins
8 <sup>th</sup>	Lilly Cadigan
	Ben Warren
10 <sup>th</sup>	Greg Asling
11 <sup>th</sup>	Jamie Warren
	Iloana Asling
12 <sup>th</sup>	Susan Wilson
	Jenna Grant
13 <sup>th</sup>	Lorna Aspinall
14 <sup>th</sup>	Barb Staples
	Skye Lambshead
18 <sup>th</sup>	Maria Lambshead
	Luke Cadigan
20 <sup>th</sup>	Jennifer Wilcox
22 <sup>nd</sup>	Ray Leroux
23 <sup>rd</sup>	Gabriel Botting
29 <sup>th</sup>	Colby Lambshead
	John Bourke
	Lance Coulthard
	Melinds Forgie
30 <sup>th</sup>	Bryan Lake



Happy Anniversary

1 <sup>st</sup>	Greg & Iloana Asling
2 <sup>nd</sup>	Margaret & Phil Gillingham
	Beth & Jason Hollis
3 <sup>rd</sup>	Leah & Rick Carroll
11 <sup>th</sup>	Cheryl & Paul Dick
17 <sup>th</sup>	Ginny & John Crowe



If you would like to have a birthday or anniversary added please  
contact [Kathy@705-657-8912](mailto:Kathy@705-657-8912) or [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

Ontario Certified Marine Mechanics

Custom Docks  
Service Calls  
Gas & Propane  
General Store

Boat & Snowmobile storage  
Meat supplied by the Butcher Shoppe  
NEW & USED boat, snowmobile,  
trailer & ATV sales

Painting & Structural repairs:  
fiberglass, aluminum, gel coat, etc.  
Shrink wrap & Winterization  
Tops: new & repairs

Prop repair  
Boat & Canoe Rentals  
Snowmobile & ATV repairs  
Insurance Claim handling  
Spring water  
Welding

Call, we fix them all!

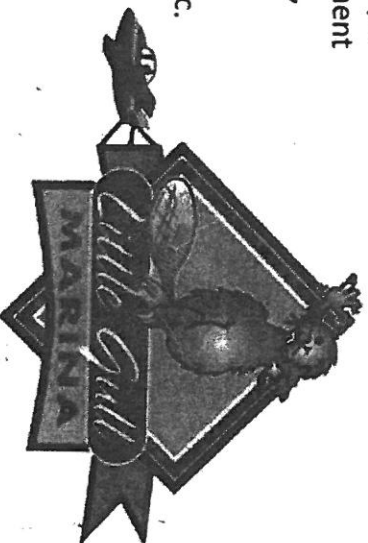
705-657-9088

Ontario Certified Marine  
Mechanic on duty  
Monday-Friday

October Store Hours

9 am – 5 pm

After Thanksgiving weekend  
closed Sundays



Customer Service is #1!

## Ontario Sear Belt Safety

All motor vehicle drivers and passengers in Ontario must wear a seatbelt that is properly adjusted and securely fastened. As a driver, you are responsible for wearing your seatbelt and making sure:

- Every person in your vehicle has their own working seatbelt
- Passengers under the age of 16 wear their seatbelts properly in your vehicle
- Children are secured in an appropriate child car seat or booster seat.

As a passenger, you must wear your seatbelt including when travelling on a bus where a seatbelt is available, in a taxi or rideshare vehicle. There are only a few exceptions for when a seatbelt is not required:

- People with medical certificates stating they are unable to wear a seatbelt
- People engaged in work that requires them to exit from and re-enter the vehicle at frequent intervals (must travel less than 40 Km/h)
- A person in police custody while being transported, as well as police or peace officers while transporting a person in custody.
- Employees and agents of Canada Post delivering rural mail.
- Ambulance attendants and those being transported in the patient's compartment of an ambulance
- Firefighters in the rear of a fire department vehicle while responding to an emergency
- Taxi cab drivers while transporting a passenger for hire (taxi drivers must wear a seatbelt when travelling alone)

In addition, seatbelts are not require in the following vehicles:

- Large commercial vehicles (over 4,536 kg) that don't require seatbelts to be installed in rear seating positions at the time of manufacture
- Vehicles manufactured in or imported into Canada before January 1<sup>st</sup>, 1974
- Vehicles manufactured without seatbelt assemblies for each seating position.

**Seatbelt Safety Tips** You are more likely to survive a crash if you wear your seatbelt properly. To do so:

- Wear your seatbelt so that it crosses your chest and your lower hips – these areas of the body are better able to resist the force of a crash
- Make sure the seatbelt is not twisted anywhere
- The shoulder strap should never be under your arm or behind your back
  - If you're pregnant:
    - Sit as upright as possible
    - Wear both the lap and shoulder belt
    - Wear the lap belt low so it pulls downward on your pelvic bones and not across your stomach
- Research has shown that children under 12 are safest in the back seat of vehicles away from active airbags. If the back seat is unavailable, children can sit in the front seat only if:
  - There is no active airbag for the front seat, or
  - The front airbag can be switched off

### Fines and Penalties

If convicted, you will face:

- Fines between \$200 and \$1,000
- Two demerit points
- You can also be fined for having a broken seatbelt, even if it is not being used when you're stopped by a police officer.



### Mudje Cottage Care

Bill and Marina Mudje Working and Living on the Catchacoma Chain of Lakes

- Tree cutting and brush removed
- Lawn care, mowing and whipper Snipping
- Leaf blowing and raking
- Gutter and eaves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

705-657-1694 cell

Or 705-400-7795

[Marinamudje@gmail.com](mailto:Marinamudje@gmail.com)



# Kid's Page...

## Thanksgiving Word Search

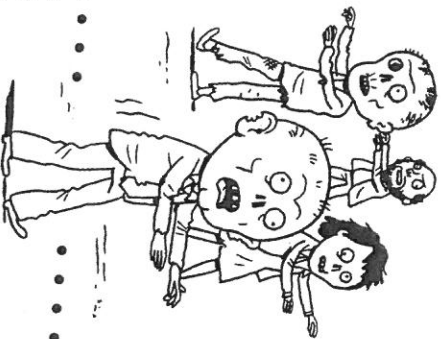
R E L A T I V E S T I F S M F  
 P N R E U K S S N C H A O E A  
 X I E F B O B E T I L A A O S  
 O B L Z Y O L T U R K S N T D  
 W R Y G I C E T R E T P U K Y  
 T S E V R A H L K N Y F M L S  
 Y V A R G I M E N F T I U N  
 S Q U A S H M R Y I W M A R P  
 F A L L P R A S N D A L O B A  
 R M H T N B A G C F A C E K I

COOK  
 CORN  
 DINNER  
 FALL  
 FAMILY  
 FEAST  
 FOOD

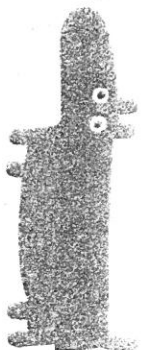
MAIZE  
 PILGRIMS  
 PUMPKIN  
 RELATIVES  
 SETTLERS  
 SQUASH  
 STUFFING



## Jokes



**Tree tee-hee**  
 Which tree loves sunbathing? A beech  
 Which tree is green and juicy? A lime  
 Which tree is always warm? A fir  
 Which tree is square? A box  
 Which tree is retired? An elder  
 Which always grows in twos? A pear  
 Which tree isn't me? A yew



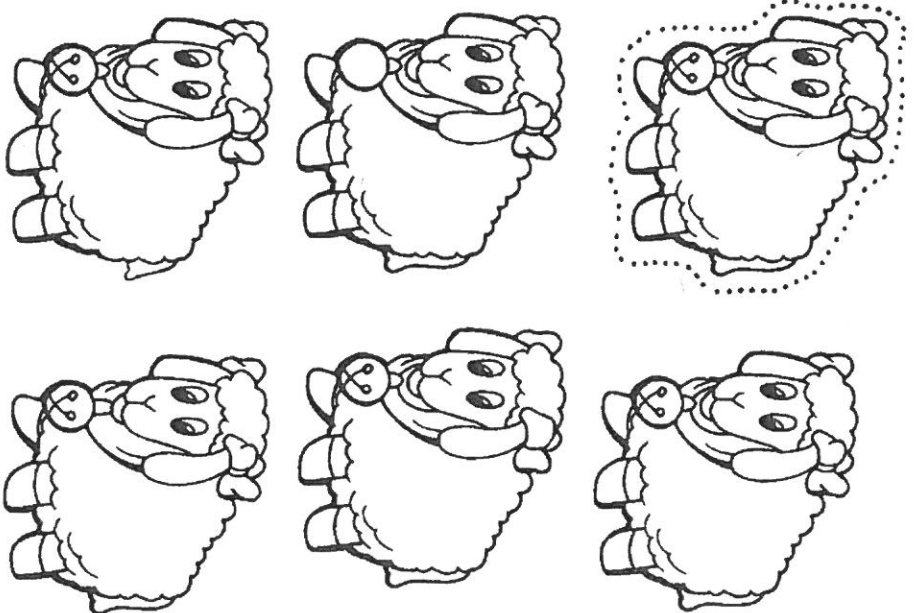
## Town test

Each answer is a town or city...  
 Where's the best place to get well? Bath  
 Where's the best place to wander about? Rome  
 Where's the best place to take zombies? Bury  
 Where's the best place to get some boots? Wellington  
 Where's the best place to hear a growl? Lyon  
 Where's the best place to buy Christmas table decorations? Caracas  
 Where's the best place to have a good time? Nice  
 Where's the best place to walk your dog? Leeds  
 Where's the best place to buy a useless car? Bangor  
 Where's the best place to seal a bottle? Cork

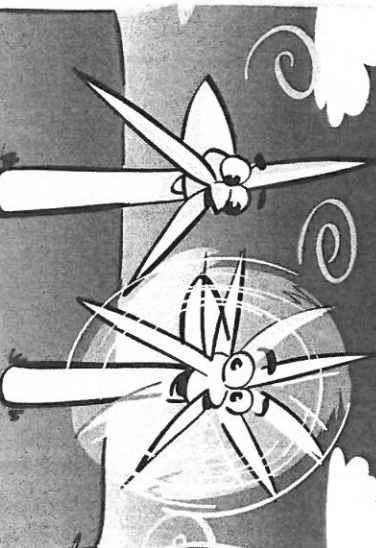
## CAUGHT IN THE WEB!



## Find the identical twin



What did one wind turbine say to the other?



"I aye waw away!"

Oct



Survivors  
Abreast

## We want your natural corks!



Survivors Abreast Dragon Boat team is thrilled that The Village Wine Shoppe in Bridgenorth has offered the proceeds from their cork collection program to our team as a fundraiser!

In partnership with Jelinek Cork Group, your natural corks will be recycled and made into products such as flooring, wall tiles and bulletin boards.

**In addition to helping the environment, you will be supporting a great cause!**

Money raised will help defer costs for Survivors Abreast dragon boat team to represent Peterborough and surrounding area at International Dragon Boat Festivals.

### Please drop your corks off at these locations:

The Village Wine Shoppe- 874  
Ward St. Bridgenorth  
The Wine Shoppe - 392 Brock St in  
Peterborough  
Little Gull Marina - 144 Mississauga  
Lake Rd, Trent Lakes

OR, if you know a Survivors Abreast  
paddler,  
give them your corks!

Thank you  
for your  
support!

Cavendish Community Centre is on facebook! Find us and follow us at [facebook.com/CavendishCommunityCentre](https://www.facebook.com/CavendishCommunityCentre). It's a great way to stay in touch with what's happening at the CCC.



If you are already following us, you may have noticed some recent activity on our page. We are getting it up to date and adding all the activities and events that are happening at the Community Centre. If you would like to update or add an event, please message us through facebook or email [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca). Thanks!

# Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive  
Trent Lakes, Ontario, K0L 1J0

## Application for/Renewal of CCRAI Membership

## Membership Fees

- I am RENEWING my membership for 2024      \$20.00 per household
- I am APPLYING for membership for 2024      \$ \_\_\_\_\_ Additional Voluntary Donatic
- I am donating to CCRAI Lake and Water Quality Programs      \$ \_\_\_\_\_

Name of Member/Applicant: \_\_\_\_\_

Additional Member in Household: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cavendish Phone: \_\_\_\_\_

Do you prefer to receive your yearly newsletter electronically via email? \_\_\_\_\_

Email Address: \_\_\_\_\_

Cavendish Address (Lake/Lot & Conc): \_\_\_\_\_

Waterfront:      Yes      No

**We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.**

**Join us in person at the Cavendish Community Centre or via Zoom. Zoom invitations will be emailed out in advance and you can connect via laptop, tablet, smart phone or land line phone.**

**Everyone welcome. Stay informed. Be heard. Make a difference**

For online payments, please email in the form and email/E-transfer the membership fee to [CCRAIMAIL@GMAIL.COM](mailto:CCRAIMAIL@GMAIL.COM). You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiaassociation.wordpress.com>

## **507 Express Subscription**

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

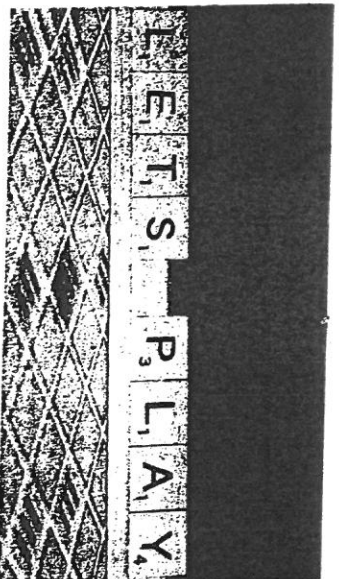
Postal Code: \_\_\_\_\_

**Please make cheque payable to: Cavendish Culture and Recreation Committee**

**Mailing Address: Cavendish Culture and Recreation Committee  
32 Community Complex Drive,  
Trent Lakes, Ontario  
K0L 1J0**

# Scrabble Night

Cavendish Community Centre  
Thursday Evening - Starting at 7 p.m.



## Top 5 Reasons to Choose a Mortgage Alliance Broker

1. Professional mortgage **ADVICE**
2. Work for you to find the best solution and save you **MONEY**
3. Access to over 60 lenders; shop the market to save you **TIME**
4. Available to meet at your **CONVENIENCE**
5. Mortgage services are available to you at **NO COST\***

\*OAC. Some conditions apply.

### Your Neighbourhood Mortgage Professional



#### Melanie Grace Keough

Mortgage Agent Level 1

T: (705) 308-4971

[mjkeough@mortgagealliance.com](mailto:mjkeough@mortgagealliance.com)

<https://www.mortgagealliance.com/MelanieGraceKeough>

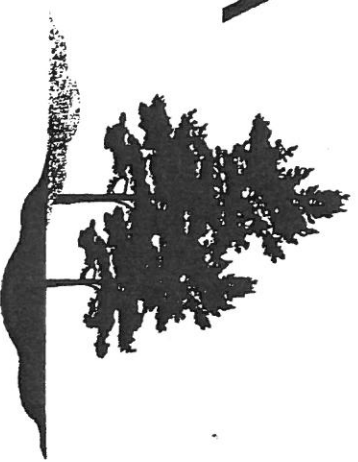
238 Britannia Road E. Mississauga, ON L4Z 1S6

238 Britannia Road E. Mississauga, ON L4Z 1S6. Independently owned and operated. Lic. #1487 10045



# CATCHACOMA MARINA

Serving Cottagers & Community



## CONVENIENCE STORE FULL SERVICE MARINA

Marine Repair · Boat Cleaning & Detailing  
Canoe & Boat Rental · Winterizing & Storage



705-657-3354

OPEN MAY - OCTOBER

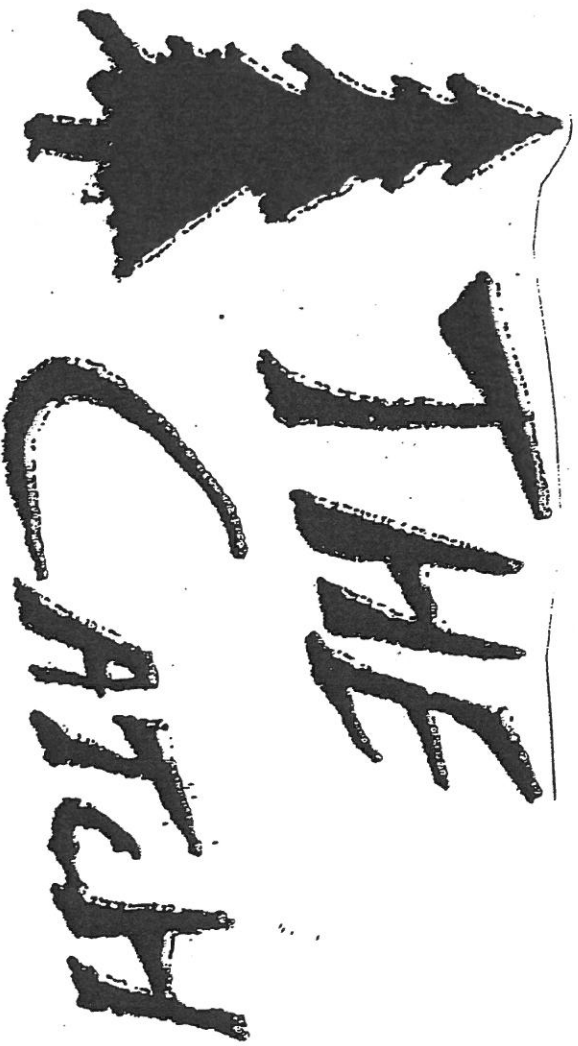
[catchacomamarina.com](http://catchacomamarina.com)



# NEW HOURS

Thursday to Monday 7 a.m. to 6 p.m.

Closed Tuesday and Wednesdays



Fast Food Take-Out

705-313-9947

05/23

# FLYNN'S STORE

1447140 Ontario Ltd.

Corner of County Roads 507 & 36

Fuel, ATM, ATV Trail Passes, Baked Goods,  
Hoodies, T-Shirts, Groceries and Track Pants

**QUALITY PRODUCTS AND SERVICES**

Summer Hours: 6:30 to 7 p.m.

"The Rose"

Some say love, it is a river that drowns the tender reed.  
Some say love, it is a razor that leaves your soul to bleed.  
Some say love, it is a hunger, an endless aching need.  
I say love, it is a flower and you, its only seed.

It's the heart, afraid of breaking that never learns to dance.  
It's the dream, afraid of waking that never takes the chance.  
It's the one who won't be taken who cannot seem to give.  
And the soul, afraid of dying that never learns to live.

When the night has been too lonely and the road has been too long.  
And you think that love is only for the lucky and the strong.  
Just remember in the winter far beneath the bitter snows.  
Lies the seed that with the sun's love in the spring becomes the rose.

The first day of school our professor introduced himself and challenged us to get to know someone we didn't already know. I stood up to look around when a gentle hand touched my shoulder.

I turned around to find a wrinkled, little old lady beaming up at me with a smile that lit up her entire being.

She said, "Hi handsome. My name is Rose. I'm eighty-seven years old. Can I give you a hug?"

I laughed and enthusiastically responded, "Of course you may!" and she gave me a giant squeeze.

"Why are you I college at such a young, innocent age?" I asked.

She jokingly replied "I'm here to meet a rich husband, get married, and have a couple of kids..."

"No seriously," I asked. I was curious what may have motivated her to be taking on this challenge at her age.

"I always dreamed of having a college education and now I'm getting one!" she told me.

After class we walked to the student union building and shared a chocolate milkshake. We became instant friends. Every day for the next three months we would leave class together and talk nonstop. I was always mesmerized listening to this "time-machine" as she shared her wisdom and experience with me.

Over the course of the year, Rose became a campus icon and she easily made friends wherever she went. She loved to dress up and she reveled in the attention bestowed upon her from the other students. She was living it up.

At the end of the semester we invited Rose to speak at our football banquet. I'll never forget what she taught us. She was introduced and stepped up to the podium. As she began to deliver her prepared speech she dropped her three by five card on the floor. Frustrated and a little embarrassed she leaned into the microphone and simply said, "I'm sorry I'm so jittery. I gave up beer for Lend and this whiskey is killing me! I'll never get my speech back in order so let me just tell you what I know."

As we laughed she cleared her throat and began, "We do not stop playing because we are old; we grow old because we stop playing. There are only four secrets to staying young, being happy, and achieving success. You have to laugh and find humor every day. You've got to have a dream. When you lose your dreams, you die. We have so many people walking around who are dead and don't even know it! There is a huge difference between growing older and growing up. If you are nineteen years old and lie in bed for one full year and don't do one productive thing, you will turn twenty years old. If I am eighty-seven years old and stay in bed for a year and never do anything I will turn eighty-eight. Anybody can grow old. That doesn't take any talent or ability. The idea is to grow up by always finding opportunity in change. Have no regrets. The elderly usually don't have regrets for what we did, but rather for things we did not do. The only people who fear death are those with regrets."

She concluded her speech by courageously singing "The Rose" She challenged each of us to study the lyrics and live them out in our daily lives. At the year's end Rose finished the college degree she had begun all those years ago.

One week after graduation Rose died peacefully in her sleep. Over two thousand college students attended her funeral in tribute to the wonderful woman who taught by example that it's never too late to be all you can possible be.

Remember, growing older is mandatory, growing up is optional. We make a living by what we get, we make a life by what we give.



## Gardening Tips

### October

- \_\_\_ Transplant shrubs or young trees to new locations.
- \_\_\_ Cut diseased areas out of perennials. Do not compost.
- \_\_\_ Rake and compost any fallen leaves
- \_\_\_ Clean up garden debris. Remove all vegetable plants and fallen fruit.
- \_\_\_ Remove dead annuals from the garden, after a frost.
- \_\_\_ Cut back perennial foliage to discourage overwintering pests.
- \_\_\_ Leave flowers with seeds for the birds.
- \_\_\_ Continue watering trees and shrubs until the ground freezes
- \_\_\_ Sharpen lawn mower blade and pruners.
- \_\_\_ Trim tall grass away from trees and corners of your home to discourage small rodents from creating nests.
- \_\_\_ Dig up tender bulbs such as dahlia, canna and gladiola. Wrap them in moist material and store in a cool, dark space.



Empowering you to live at home  
in the City and County of Peterborough

# Community Charters

## Community Care Buckhorn Social Drop in Group

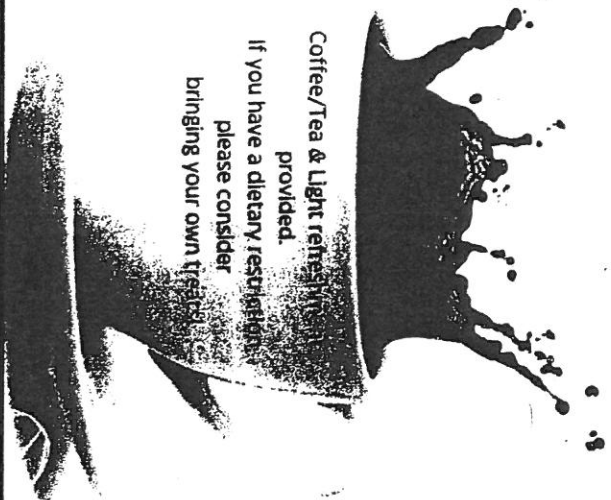
Each month will feature a specialty drink to try!

**WHEN:**  
3rd Tuesday of each month  
\*not running in July & August

**WHERE:**  
Hartley Hall - St. Matthews Church  
1937 Lakehurst, Road Buckhorn  
\*Wheelchair access/ramp & parking at back of church

**TIME:**  
10am-12 noon

**MORE INFORMATION:**  
Call Community Care Buckhorn  
**705-657-2171**



Coffee/Tea & Light refreshments  
provided.  
If you have a dietary restriction,  
please consider  
bringing your own treat!

OPPORTUNITY  
TO MEET &  
GREET OTHER  
SENIORS IN  
OUR  
COMMUNITY

**\*Beginning in the month of May, our Blood Pressure volunteer Nurse Carol, will be offering Blood Pressure Checks!**

#### Why Questions:

- Why do they call is a TV set, when there's only one?
- Why isn't phonetic spelled the way it sounds?
- Why are cigarettes sold in gas stations when smoking is forbidden there?
- Why is something sent by car called a shipment but something sent by ship is called cargo?
- Why do we nail down the lid on a coffin?
- Why isn't there a special name for the tops of your feet?
- Why is the third hand on a watch called the second hand?
- why is the person who invests your money called a broker?
- Why isn't there mouse-flavored cat food?
- Why are a wise man and a wise guy opposites?

# Puzzling Times

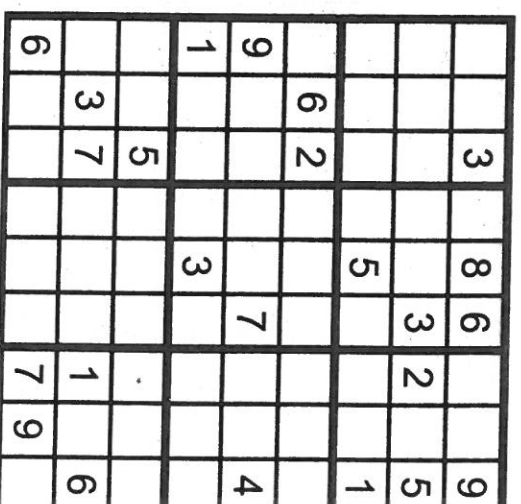
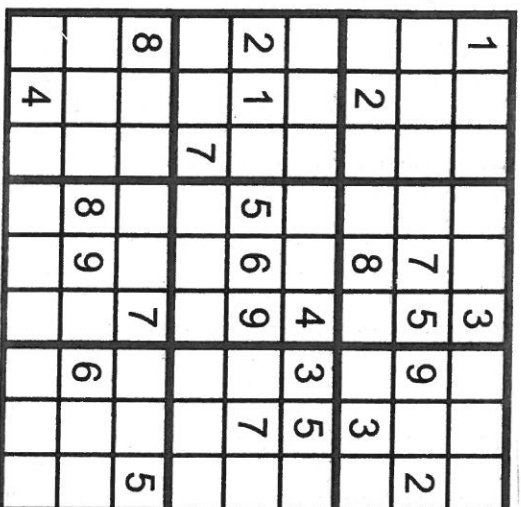
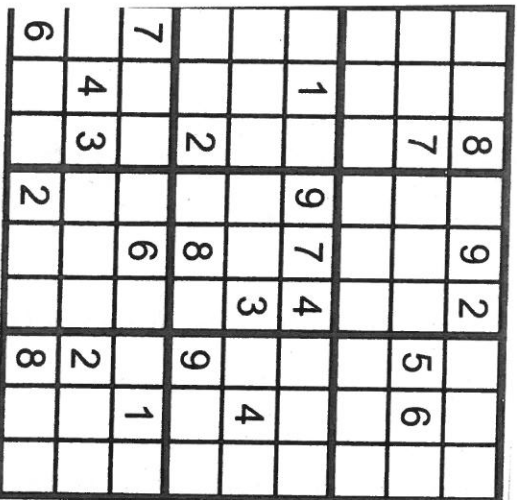
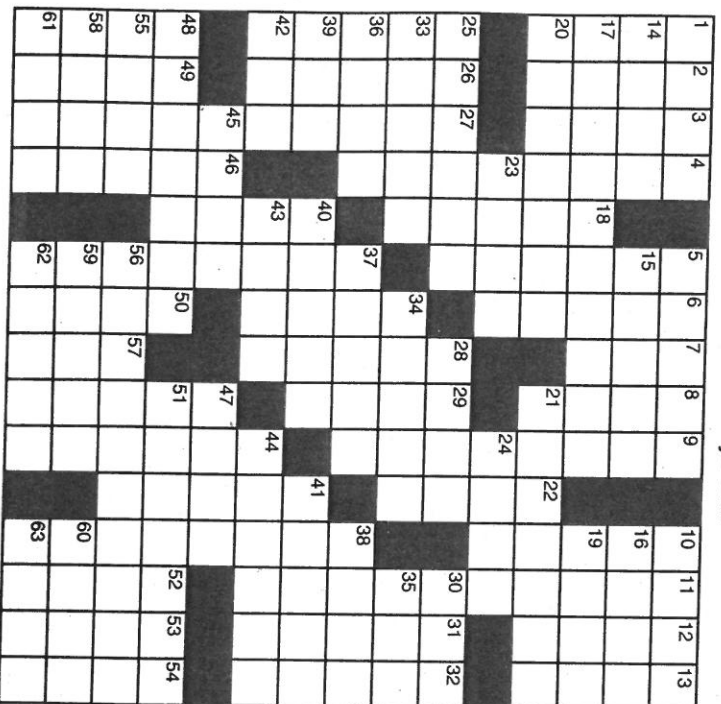
HBTN "DACR" LFNW BHIFQ JOTRF  
 OJJDMFQIR: DACNBLDRDQU, DACOIDFQJF,  
 DACTQDIW, OQM DACTXRDLFQFRR.

## ACROSS

1. Feel concern
5. Actor Zimbalist Jr.
10. Pyramid scheme, e.g.
14. Not a dup.
15. Immense, slangily
16. Vamp Negri
17. Brief note
19. Mideast title
20. Bone behind the ear
21. It's often fired
23. *To Live and Die* —
24. Italian Saint Philip —
25. Common people as a whole
28. Jazz buffs
30. Spigot
33. Quick of mind
34. Full range
35. Martinique Mrs.
36. Autumn bouquet
37. 1983 Teri Garr film
38. Lipton choices
39. Shot spot
40. Trade shows
41. Slowly, in music
42. Convenient encl.
43. TV award
44. Compos — (sane)
45. Baba au —
47. Jeff's comics partner
48. Corrida figure
51. Surrounding, as light
55. Landed
56. Workgroup participant
58. "Woe —"
59. Overly dramatic
60. Pennsylvania port
61. Homer's bar
62. Does in, as a dragon
63. Sanyo rival

## DOWN

1. Pt. of FCC
2. District
3. Crater edges
4. Swellheads
5. Online missives
6. *Mister Roberts* star
7. Fight seg.
8. PTA subj.
9. Impetus
10. Ice fishing tool
11. Loyalty
12. Others, to Ovid
13. Designer Jacobs
18. Blakley of Nashville
22. "\_\_\_ my case"
25. Half a '60s group
26. Division of Honda
27. *Porgy and Bess* song
28. Toyota model
29. Singer Tori
31. Prized violin
32. Chilean coins
34. Very foreboding
37. Ancient tusked giants
38. 1000 percent
40. Family hostility
41. Don't mess with
44. *The \_\_\_ Curse* (Chaney film)
46. Can't stomach
47. Li'l Abner's mom
48. Disfigure
49. Furthermore
50. Authentic
52. Saragossa's river
53. German turnaround
54. Deuce topper
57. Org. for doctors



UJI LJIFE OYD DNY KNJWD YME JB DNY

XGWO GQM QB UJI KNJIFE EYLQ EY DJ DWGEY

JTTJWDIM QDU BJW KYLIW QDU.

XNFYF RYF EFYGHFT FYYSYU IRQF AG R  
 ISXNFY-VB-KRT TNS VU RB FEFFY-TVKKVBP  
 ARAGUVXXFY.





## **Weather predictions for this month.**

October

- Clear annual beds after heavy frost.
- If you have not already done so, mark the locations of perennials with names on stakes in your garden or begin a gardening guide. You can sketch your gardens and insert the names of all items. Tis will be an invaluable asset as you can quickly flip pages to identify plants and their locations.
- Clean and store summer flowering bulbs such as Dahlias, Canna and Gladiolas.
- Clean up the leaves and garden refuse.
- Shut off outdoor faucets and disconnect hoses

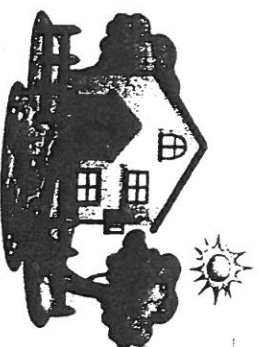
## **The Firefighters' Association Of Trent Lakes 50/50 RAFFLE DRAW FUNDRAISER**

**Funds raised will support organizations such as Trent Lakes Outreach Centre, local food banks, Camp Buckro, Buchhorn Public School, the Kimmount Legion, Team 55 and Canada 911 Ride!**

*The winner will be contacted by phone to claim their prize.*

**SCAN THE QR CODE OR HEAD TO THE LINK TO  
PURCHASE YOUR TICKETS NOW!**

**[HTTPS://WWW.RAFFLEBOX.CA/RAFFLE/FIREFIGHTERS-TRENT-LAKES](https://www.rafflebox.ca/raffle/firefighters-trent-lakes)**



## **HOUSEHOLD HINTS**

- Make a body scrub by combining a tablespoon of ground coffee with a tablespoon of olive oil.
- Apply cool, strong coffee to clean, dry hair. Leave it on for 20 minutes, then rinse for extra-shiny hair.
- A touch of coffee in chocolate cake, brownies and desserts enhances the flavor,
- Get rid of old mothball smell in closed areas by putting a bowl of dry, used ground sprinkled with a few drops of vanilla nearby.
- Dried used coffee grounds make a great homemade pin-cushion filler. Place in center of fabric square and tie tightly. Helps pins stay free and smells great.
- Adding used coffee grounds to our compost pile will enhance your garden.
- Sharpen scissors and garden shears by cutting several times into layers of folded aluminum foil.
- Use a crumpled wad of foil to clean and remove rust spots from your grill or fire pit grate.
- Remove sticky build-up on your iron by running the iron over a piece of foil.
- Slide furniture across carpet by putting pieces of foil under the legs – dull side on the floor or carpet.

## How Well Do You Know Your Country?

1. Which Canadian town is known as the "Polar Bear Capital of the World"?
2. The Cochin Lighthouse in Saskatchewan is landlocked, with no sea in sight. True or False?
3. Known as "America's Pastime", baseball was actually invented in Canada. True or False?
4. Sitting directly on the border, which city is a part of both Alberta and Saskatchewan?
5. In what year did Canada first host the summer Olympic Games?
6. Wood Buffalo national park is home to the world's largest what?
7. Which Canadian singer is the youngest of fourteen children?
8. Which lake in Alberta mysteriously drains every winter?
9. Which province is the only one to have two NHL teams?
10. The flow of water in the Skookumchuck Narrows changes how many times a day?

## Come Play With Us!

### Peterborough New Horizons Bands

Learn to read music and play an instrument in our Green Band. Don't worry, no experience is necessary. We'll teach you.

Or, if you've played before, join one of our concert bands, one that will be right for you.

For more fun, fellowship, learning and healthy activity, you can also join one of our ensembles.

It's never too late to start...

For more information: contact Harlene Annett  
705-745-0077 [hannett@sympatico.ca](mailto:hannett@sympatico.ca),  
or: [www.nhpbeterborough.com](http://www.nhpbeterborough.com)



### Interested in Playing Volleyball?



There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only **\$3.00** per person per night. For more information please contact: Jonathan Warren 705-657-8912

## Answers to Puzzling Times

C	A	R	E	E	F	R	E	M	S	C	A	M
O	R	I	G	M	O	N	D	O	P	O	L	L
M	E	M	O	R	A	N	D	O	E	M	I	R
M	A	S	T	O	I	D	C	E	R	A	M	I
M	A	S	S	E	S	C	A	T	S	T	A	P
A	C	U	T	E	G	A	M	U	T	T	E	A
M	U	M	S	F	A	I	R	S	L	E	N	T
S	A	E	E	M	M	Y	M	E	N	T	I	S
R	H	U	M	M	U	T	T					
M	A	T	A	D	O	R	A	M	B	I	T	E
A	L	I	T	T	E	A	M	M	E	M	B	E
L	I	S	M	E	H	A	M	M	Y	E	R	I
M	O	E	S	S	L	A	Y	S	S	L	O	N

5	3	8	6	9	2	1	7	7	4
2	9	7	4	3	1	5	6	8	
1	6	4	8	5	7	3	2	9	
3	1	5	9	7	4	6	8	2	
9	8	6	5	2	3	7	4	1	
4	7	2	1	8	6	9	5	3	
7	2	9	3	6	8	4	1	5	
8	4	3	7	1	5	2	9	6	
6	5	1	2	4	9	8	3	7	

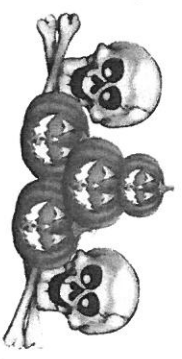
1	7	9	2	4	3	5	8	6	
3	8	4	6	7	5	9	1	2	
6	2	5	9	8	1	7	3	4	
9	6	8	7	2	4	3	5	1	
2	1	3	5	6	9	4	7	8	
4	5	7	3	1	8	2	6	9	
8	9	6	4	3	7	1	2	5	
5	3	1	8	9	2	6	4	7	
7	4	2	1	5	6	8	9	3	

5	1	3	2	8	6	4	7	9	
7	4	6	9	1	3	2	8	5	
8	2	9	7	5	4	6	3	1	
3	6	2	4	9	8	5	1	7	
9	5	8	1	6	7	3	2	4	
1	7	4	5	3	2	9	6	8	
2	9	5	6	7	1	8	4	3	
4	3	7	8	2	9	1	5	6	
6	8	1	3	4	5	7	9	2	

Four "imps" very often cause accidents: improvising, impatience, impunity, and impulsiveness.

You could get the short end of the bargain if you should decide to trade opportunity for security.

There are very few errors made by a mother-in-law who is an ever-willing babysitter.

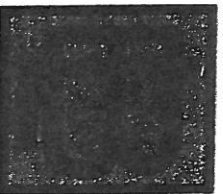


## It happened this Month....

- October 1<sup>st</sup>, 1967 – Hockey Hall of Famer Geraldine Heaney was born
- October 4<sup>th</sup>, 1997 – In Winnipeg, dancer Karen Kain gives the last performance of her cross country tour with the National Ballet of Canada before retiring from her twenty-five year career as a ballerina.
- October 7<sup>th</sup>, 1999 – Broadcaster and author Adrienne Clarkson is sworn in as Canada's twenty-sixth governor general. She was the second woman and the first Chinese Canadian to hold the office.
- October 9<sup>th</sup>, 1823 - anti-slavery activist, journalist, and publisher Mary Ann Shadd was born.
- October 13<sup>th</sup>, 1812 – In a critical battle of the War of 1812, British and Canadian soldiers defeat a much larger American force at Queenston Height, Ontario.
- October 17<sup>th</sup>, 1948 – actress Margot Kidder was born.
- October 22<sup>nd</sup>, 1846 – The first telegraph company in Canada is established.
- October 25<sup>th</sup>, 1992 – The Toronto Blue Jays are welcomed home by cheering fans after defeating the Atlanta Braves to become the first team from outside the United States to win Major League Baseball's World Series.
- October 27<sup>th</sup>, 1915 - Movie producer Harry Saltzman
- October 31<sup>st</sup>, 1950 – Actor John Candy is born in Toronto.

### Specializing In:

- Landscaping/Hardscaping
- Excavation
- Septic Installation
- Road Grading
- Stump Grinding/Lot Clearing
- Aggregate Haulage and More!



## LAMB BROS

Call, Text or Email Blake and Colby Lambshead for your free estimate!

705-875-0648 / [lambbrosinc@gmail.com](mailto:lambbrosinc@gmail.com)

# Good Buy Room Thrift Store

## Hours:

Thursday and Friday 10 am - 4 pm  
Saturdays 10:30 am – 2:30 pm

Lakehurst Road  
Buckhorn  
(Below Buckhorn Library)



Follow the tips below to make sure everyone stays safe while celebrating Halloween:

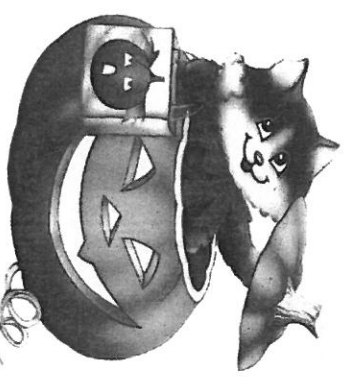
- Choose safer alternatives for lighting like battery-operated candles, flashlights, and glow sticks instead of candles in carved pumpkins and other Halloween decorations.
- Purchase labeled flame-resistant or flame-retardant costumes including wigs and props. When making costumes, choose materials that won't easily ignite, avoid billowing or long-trailing features.
- Keep dried flowers, cornstalks and other decorations away from all open flames and heat sources, including light bulbs and heaters.
- Remember to keep exits clear of decorations to ensure nothing blocks your escape routes in the event of a fire.
- If hosting a party for the "ghosts and goblins" in your home, be sure that everyone knows your home fire escape plan in the event of a fire, and a meeting place outside your home.
- If children are going to Halloween parties at others' homes, have them ask the host about their home fire escape plan so they can plan to get out safely in an emergency.
- Make sure that children know to "stop, drop and roll" if their clothing does catch fire. This means stopping immediately, dropping to the ground, covering your face with your hands, and rolling over and over to extinguish flames.
- Provide children with lightweight battery-operated flashlights or glowsticks to carry for lighting or as part of their costume.
- Extension cords are for temporary use only. Use the right one as there are special extension cords rated for outdoor use.
- Never overload electrical outlets with too many plugs – use an approved power bar.
- If you must use candles, never leave them unattended and keep them well away from children, pets, and anything that can burn.
- Teach children their home address and phone number and how to call 911 or their local emergency number in case of an emergency.

### **Burn Permits**

Burn Permits are required - you must have a permit for ANY open air burning. Fire Permits are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301.

### **How well do you know Your Country? Answers**

1. Churchill, Manitoba
2. True
3. False
4. Lloydminster
5. 1976
6. Beaver dam
7. Celine Dion
8. Medicine Lake
9. Alberta
10. Twice





# Recipe of the Month

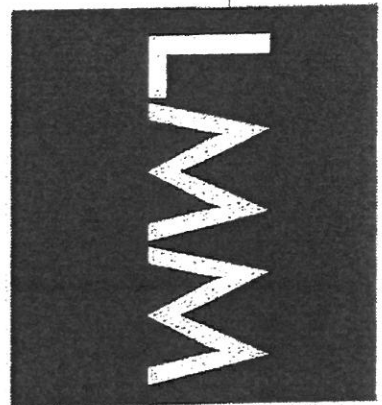


## PUMPKIN SOUP

- 1/4 cup butter
- 1 small onion, sliced
- 3 cups peeled diced pumpkin
- 4 cups chicken stock
- 2 Tbsp flour

- 1/8 cup butter
- 3/4 cup cream (or milk)
- Dash salt
- Dash pepper

Melt 1/4 cup butter in saucepan. Add onion, cooking gently until softened, not browned. Add pumpkin and chicken stock; simmer covered until pumpkin is very soft. In a small bowl, knead flour and 1/8 cup butter until smooth. Stir into soup until blended and continue to cook until soup thickens. Purée soup in a blender or through a sieve. Add cream and salt and pepper to taste; warm, but do not boil. Squash may be used instead of pumpkin.



**LUKE'S  
MOBILE  
MARINE**

SERVICE  
AND  
SHRINK  
WRAP

**Luke Cadigan**

**705-977-3660**



**luke\_cadi@hotmail.com**

12/24



**CATCHACOMA**  
Cottagers' Association

The Catchacoma Cottagers' Association (CCA) installs, removes and maintains the hazard and navigation buoys in Catchacoma and the Narrows each year.

The labour is all volunteer but maintenance and insurance are expensive!

To support this and our other programs,  
including Lake Stewardship, DockFest and more:

Visit our website:

[catchacomalake.com](http://catchacomalake.com)

**BECOME A MEMBER  
OR MAKE A DONATION!**



## Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

Cleaning Available



Please call: 705-761-5216

## CARPENTRY

STAIRS SHEDS

DOCKS DECKS

**CALL JR @705-657-2143**

## BUTTER TARTS

Made Special just for You!



\$15.00 per ½ dozen \$30.00 per dozen

Contact Lauren @ 705-977-1886

SCENTSY  
INDEPENDENT CONSULTANT

TIFFANY LAURA

705-875-0974

tiffany.warren@gmail.com

tiffanylaura.scentsy.ca



**Need some help around the  
house?**



**Help Is Just  
a phone call away!  
705-657-7455**

Whether you're looking to make a major renovation to your home  
or you've accumulated a list of small repair projects

HELPING HAND can help.

Installations, repairs, renos, maintenances  
Local family based business since 2008

Visit

<https://helpinghandhandymanservices.com>

We do it all!

## GET OUT & STAY OUT!



In case of fire, don't try to  
save possessions –  
go directly to  
your meeting  
place.



If your ad is not in this issue it may because it has expired!

## Cavendish Key Contact Information

### Trent Lakes Municipal Council:

Mayor	Terry Lambshead	705-927-4968	tlambshead@trentlakes.ca
Deputy Mayor	Carol Armstrong	705-657-7518	carmstrong@trentlakes.ca
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	jcadigan@trentlakes.ca
Councillor – at large	Peter Franzen	705-738-1486	pfranzen@trentlakes.ca
Councillor – Harvey	John Braybrook	705-731-9871	jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

### Municipal Service Contacts:

Municipal Office	fax: 1-705-738-3801	1 705-738-3800 or 1-800-374-4009
Municipal Website	<a href="http://www.trentlakes.ca">www.trentlakes.ca</a>	
Fire Chief	Steve Brockbank	1-705-738-3800 ext. 230
Deputy Fire Chief	Luc Shewen	1-705-738-3800 ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800 ext. 221
Chief Building Official	Barbara Waldron	EGrieger@trentlakes.ca
Cavendish Transfer Station	Don & Blaine	1-705-738-3800 ext. 225 705-657-2490

### Community Service Contacts:

Cavendish Culture and Recreation	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
Cavendish Community Centre		705-657-1192	
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
507 Express – Editor	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
Helen Bowen Branch Library	Sue Warren	705-657-1192 or 705-657-8912	
Trent Lakes Outreach Centre-foodbank		705-768-3590	<a href="https://hccfoodbank.wordpress.com/">https://hccfoodbank.wordpress.com/</a>
Cavendish Youth Group	Katherine Warren	705-657-8912	<a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
King Sports Pad – Rink	Molly Cadigan	705-657-2743	

### Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

President	Gary Jarosz	1-905-472-6816
Vice President	Robert Taylor-Vaisey	1-416-264-4601

### Cottage Association Presidents/Contacts:

Catchacoma Lake	Ric Mackey	<a href="mailto:rmackey@bell.net">rmackey@bell.net</a>
Picard Lake	Paul Stenton	<a href="mailto:pstenton@ryerson.ca">pstenton@ryerson.ca</a>
Mississauga District	Carol Thomson	<a href="mailto:carolt@golden.net">carolt@golden.net</a>
Mississauga –Gold Lake Road	Katie Tingley	<a href="mailto:mglakeroadgroup.com">mglakeroadgroup.com</a>
Beaver, Cavendish, Bottle & McGinnis	Bryan West	<a href="mailto:brywest3@gmail.com">brywest3@gmail.com</a>
Greens Lake	Darren Wilcox	
Gold Lake Road Association	Greg Harper	705-657-9128
Ratty's Narrows Road	Jamie Langer	705-657-2573

### Cavendish Landfill Site Hours of Operation

**Summer Hours:** April 15<sup>th</sup> to September 15<sup>th</sup>: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

**Winter Hours:** September 16<sup>th</sup> to April 14<sup>th</sup>: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

**Closed:** Christmas Day, New Year's Day, Family Day & Easter Monday

**Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301**

**Burn Permits:** available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

### Babysitters:

Ethan Harran	705-930-5159	Desiree Callan
705-657-1942		
Clover Parent	705-808-2353	

### Pet Sitting:

**EMERGENCY NUMBER: 911**  
**Police Non-Emergency 1-888-310-1122**  
**Ontario Hydro: 1-800-434-1235**



October 2022 Issue

SSALDXJ 205

October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Youth Group	2 Library	3 Euchre	4	5 Library	6
7 Art Group	8 Youth Group	9 Library	10 Euchre	11	12 Library	13
14 Art Group	15 Youth Group	16 Library	17 Euchre Line Dancing Scrabble	18	19 Library	20
21 Art Group	22 Youth Group	23 Library	24 Euchre Line Dancing Scrabble	25 Movie Night	26 Library Halloween Pot Luck	27
28 Art Group	29 Youth Group	30 Library	31 Euchre Line Dancing Halloween			